# MONDAY MEMO



November 16, 2020

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# **DEPARTMENT NEWS**

#### HIGHLIGHTED PUBLICATION



**Lacroix**, E., & von Ranson, K. M. (2020). Lived experience and defining addictive-like eating: A synthesis of qualitative research. *Current Addiction Reviews*. https://dx.doi.org/10.1007/s40429-020-00343-7

Addictive-like eating has engendered much controversy, in part because it has been ill-defined. Qualitative research has described individuals' experiences and definitions of addictive-like eating, providing insights about its central features. The aim of the present review was to synthesize the latest qualitative research on addictive-like eating, to identify features that are common across individuals' experiences. We sought to understand how people with lived experience of addictive-like eating define and conceptualize this phenomenon, to answer the question, "What is addictive-like eating?" We conducted this review using qualitative meta-synthesis methodology. Searches of four databases identified 13 English-language qualitative studies of addictive-like eating or food addiction. After assessing research quality, we retained seven articles focused on lived experiences and definitions of addictive-like eating or food addiction, published between 2014 and 2019.

### **RESEARCH NOTES AND ACTIVITIES**

- **Baker, E.**, & **Exner-Cortens, D.** (2020). Adolescents' interpersonal negotiation strategies: Does competence vary by context? *Journal of Research on Adolescence*. https://doi.org/10.1111/jora.12578
- Powell, D. M., **Bourdage**, **J. S.**, & Bonaccio, S. (2020). Shake and Fake: the Role of Interview Anxiety in Deceptive Impression Management. Journal of Business and Psychology, 1-12. <a href="https://link.springer.com/article/10.1007/s10869-020-09708-1">https://link.springer.com/article/10.1007/s10869-020-09708-1</a>.
- Robie, C., Christiansen, N. D., **Bourdage**, **J. S.**, Powell, D. M., & Roulin, N. (2020). Nonlinearity in the relationship between impression management tactics and interview performance. International Journal of Selection and Assessment. <a href="https://onlinelibrary.wiley.com/doi/abs/10.1111/ijsa.12307">https://onlinelibrary.wiley.com/doi/abs/10.1111/ijsa.12307</a>.
- Ross, K. M., Letourneau, N., Climie, E., Giesbrecht, G., & Dewey, D. (Accepted). Perinatal Maternal Anxiety and Depressive Symptoms and Child Executive Function and Attention at Two-years of Age. *Developmental Neuropsychology*. 1-16. https://doi.org/10.1080/87565641.2020.1838525
- **Lukacik**, **E.R.**, **Bourdage**, **J.S.**, & Roulin, N. (*in press*). Into the void: A conceptual model and research agenda for the design and use of asynchronous video interviews. *Human Resources Management Review*. <a href="https://doi.org/10.1016/j.hrmr.2020.100789">https://doi.org/10.1016/j.hrmr.2020.100789</a>
- Schulte F, Forbes C, Wurz A, Patton M, Russell KB, Pluijm S, Krull K (In Press) Childhood cancer survivorship: Daily challenges. *Pediatric Clinics of North America*. https://doi.org/10.1016/j.pcl.2020.07.004
- Patton M, Schulte F (2020). Commentary: Harnessing the parent perspective to understand cancer-related fatigue in adolescents. *Journal of Pediatric Psychology*, 45(10): 1-3. https://doi.org/10.1093/jpepsy/jsaa098
- Gourevitch, B., Martin, C., Postal, O., Eggermont, J.J., 2020. Oscillations in the auditory system and their possible role. Neuroscience and Biobehavioral Reviews 113, 507-528. https://doi.org/10.1016/j.neubiorev.2020.03.030
- Wilhelmy, A., Roulin, N., & **Wingate, T. G.** (2020). Does it take two to tango? Examining how applicants and interviewers adapt their impression management to each other. *Journal of Business and Psychology*, 35, 1-24. https://doi.org/10.1007/s10869-020-09720-5

# **EVENTS**

#### Symposium Request for CPA Convention 2021

We are inviting oral presentation submissions from graduate students that offer information and perspective about the issues and factors relevant to psychologists in hospital settings and health centres. Research on program evaluations in hospital settings or interventions designed to be used in inpatient or outpatient units is also of interest. The first author must be a graduate student. Graduate students whose presentation is accepted and who are members of the PHHC section will automatically be considered for the Student Best Presentation/Poster Award worth \$250.



Applicants will be notified of acceptance by December 8, 2020. This will allow students whose submissions are not selected for the symposium to submit their abstracts to the general call for submissions. Please create a submission abstract according to the CPA guidelines in English or French: 250 words for the text (e.g., background/rationale, methods, results, conclusions, action/impact; word count excludes title and affiliations). For more information, please visit: <a href="https://convention.cpa.ca/">https://convention.cpa.ca/</a>. Please send your abstract to the CPA PHHC's Student Representative: Vincent Santiago at <a href="https://convention.cpa.ca/">ysantiago@ryerson.ca</a> by <a href="https://convention.cpa.ca/">November 24, 2020</a>.



#### **Announcing the Canada SROP!**

The SROP is an immersive, 8-week professional development programme that is designed to support undergraduates who identify as Black, Indigenous, or Persons of Colour (BIPOC) and want to apply to graduate school in Psychology, Management, or Neuroscience. About half the time of the SROP will be spent on a research project under the mentorship of a UofT faculty member from Psychology, Management, or Neuroscience, and the other half of the time will be spent engaging in professional development course focused on preparation of graduate school applications. Students will receive a stipend for the 8-week period that is based on a living wage (<a href="https://canadasrop.ca/students/">https://canadasrop.ca/students/</a>). The application deadline is February 15, 2021, and you can apply at this link: <a href="https://canadasrop.ca/apply">https://canadasrop.ca/apply</a>. For more information, please visit: <a href="https://canadasrop.ca/about/">https://canadasrop.ca/about/</a>

#### **EVENTS Continued...**

This fall, the **Social, Personality, and Social Development (SPSD) Psychology Research Group** gathers via Zoom every two weeks on **Mondays** from **3:00 pm** – **4:30 pm**. We discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

The next meeting will be held on November 16, 2020, and Dr. John Ellard's honours students will present their research. Kiah Shriner will present her research titled "The Role of Self-Esteem on Feelings of Deservingness in Relationships." Also, Madison Fairholm will present her research titled "Perceptions of Authenticity of Remorse in Criminal Offenders."

As always, everyone is welcome to attend! You can use the following Zoom link to join the meeting during the fall semester. <a href="https://ucalgary.zoom.us/j/98917604481">https://ucalgary.zoom.us/j/98917604481</a> (Meeting ID: 989 1760 4481), Password: SPSD



#### **Interested in Open Science?**

Students in the Open Science Student Support Group will meet biweekly on Fridays to discuss and learn about different open science practices and support each other in implementing these practices in our own research. All students are welcome to join all sessions or drop in whenever you have time!



Next session: Pre-registration on November 20, 2020 from 4:00-5:30pm

PhD students Emiko Muraki and Brittany Lindsay will discuss their experiences with pre-registration, including what the process entails, what platforms are available, and some common myths and concerns around pre-registration. For more details and registration: <a href="https://ucalgary.zoom.us/meeting/register/tJwtf-mtqTwvGdDTRCbAJPC9ZPtGcsKNUO9V">https://ucalgary.zoom.us/meeting/register/tJwtf-mtqTwvGdDTRCbAJPC9ZPtGcsKNUO9V</a>

For more information on the sessions and our group, please join our <u>Slack</u> workspace. For questions, contact Gwen van der Wiik @ gwen.vanderwiik@ucalgarv.ca

# PSYCHOLOGY IN THE NEWS





# **VOLUNTEER AND JOB POSTINGS**

#### For Graduate Students, Faculty, & Staff

#### Masters in Experimental Psychology with Specialization in Wearable Technology

The Healthy Families Lab at the University of Calgary is advertising for a MSc or PhD student in an experimental psychology with an interest in exercise and sleep during the transition to parenthood. The student would become part of an innovative line of research investigating interventions to improve and preserve health behaviours (e.g., sleep and exercise) during the transition to parenthood and the role of digital and wearable technology in both assessment and health promotion. Primarily supervised at the University of Calgary, the student would have the opportunity to be a part of the wearable technology program and to collaborate with the Behavioural Medicine Lab at the University of Victoria.

 $Interested \ students \ are \ encouraged \ to \ reach \ out \ to \ Dr. \ Tomfohr-Madsen \ for \ more \ details. \ \underline{https://www.healthyfamilieslab.com}$ 

#### **Assistant Professor in Brain and Cognitive Science**

The Department of Psychology at the University of Manitoba invites applications for a Tenure-Track Assistant Professor in the area of Brain and Cognitive Science. Review of applications will begin on December 7, 2020 and the appointment has an anticipated start date of July 1, 2021. We seek a colleague with an active and promising program of research in any area of Brain and Cognitive Science, with preference for candidates whose research program will enhance the Brain and Cognitive Science program area's intellectual, technological and methodological diversity. Candidates must have a PhD in Psychology or a related field completed at the start date of the appointment. Postdoctoral or equivalent experience will be considered an asset. Preference will be given to candidates with demonstrated research excellence, including a track record of peer reviewed publications, a record of

#### **VOLUNTEER AND JOB POSTINGS Continued...**

presentations at national and international conferences, and the potential to attract external grant funding. Preference will also be given to candidates with evidence of prior teaching excellence or potential for future teaching excellence. Salary will be commensurate with qualifications and experience. For more information about this position and how to apply, please visit: <a href="https://cpa.ca/wp-content/uploads/2020/11/AMS-201106109621.pdf">https://cpa.ca/wp-content/uploads/2020/11/AMS-201106109621.pdf</a>

#### Two-Year Clinical Research Postdoctoral Fellowship at Northwestern University

The Family Institute at Northwestern University is accepting applications for our two-year clinical research postdoctoral fellowship, which is one of the premiere couple and family training centers in the country. The goal of the program is to develop the next generation of leaders and innovators in clinical and family research. The Clinical Research Fellow will be mentored by Dr. Erika Lawrence, Director of Translational Science at TFI and Research Professor of Psychology. Research is conducted at all stages of the NIH-based stage model (theory and manual development, efficacy and effectiveness trials, and nationwide dissemination and implementation of existing interventions). The postdoctoral fellow will work on a 3-year DOJ-funded quasi-RCT to evaluate the effectiveness of and elucidate the mechanisms of change in a group intervention targeting perpetrators of intimate partner violence. Fellows are encouraged to incorporate their own research interests and questions into existing and proposed research projects during their fellowship. Time will be spent on grant writing, data analyses, and manuscript publication. Emphasis is placed on enhancing the post-doctoral fellow's skills in becoming an intervention scientist and in grant-writing and publications. The fellow will also maintain a small clinical practice including individual, couple and family modalities of therapy with clients from diverse cultural backgrounds. Hours accumulated during the fellowship can be used toward licensure. The fellow also receives weekly individual and group supervision. For more information about this position and how to apply, please visit: <a href="https://www.family-institute.org/graduate-education/postdoctoral-fellowships/postdoctoral-clinical-research-fellowship">https://www.family-institute.org/graduate-education/postdoctoral-fellowships/postdoctoral-clinical-research-fellowship

Postdoctoral Fellowship in Clinical Neuropsychology at St. Joseph's Hamilton

# The Clinical Neuropsychology Service (CNS) at St. Joseph's Healthcare Hamilton, McMaster University is pleased to announce a position for 1 neuropsychology postdoctoral fellowship opening for the 2-year 2021-2023 academic cycle. This individual will join our current first year fellow. Our program is a member of the Association of Postdoctoral Programs in Clinical Neuropsychology (APPCN), which is the first Canadian member program with an adult focus. Our service provides consultation, assessment and intervention to a wide range of adult inpatient and outpatient populations within the context of an academic healthcare and hospital setting. The fellow will work with adult and geriatric patients with neurological diseases and disorders, complex psychiatric disorders, dementia, and general medical conditions through a number of rotations and through facilitating group intervention programming. Participation in weekly structured rounds and didactics (e.g., Psychiatry Grand Rounds, Mental Health and Addiction Rounds, Joint Geriatric-Neuropsych didactics, and other hospital service clinic rounds), team based research, and supervision of junior learners is expected.

#### **Application Procedures:**

As a member of APPCN, we participate in and comply with the rules governing the Resident Matching Program conducted by National Matching Services (Match Code 8261; <a href="http://www.natmatch.com/appcnmat/">http://www.natmatch.com/appcnmat/</a>; see also <a href="www.appcn.org">www.appcn.org</a>). Interested individuals are requested to submit three letters of recommendation, graduate transcripts, a cover letter with a statement of training or experience, curriculum vitae, a letter from the training director conferring the status of completion of degree requirements, and a de-identified work sample to: Dr. Emily MacKillop at <a href="mackill@stjosham.on.ca">emackill@stjosham.on.ca</a>.

For detailed information about the program, faculty, structure, application procedures, please see our training brochure: <a href="https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/psychology-residency-program/neuropsychology-postdoctoral-fellowship-program</a>

# **SCHOLARSHIPS**

#### Winter 2020 funding: Laura Bassi Scholarship

The Laura Bassi Scholarship, which awards a total of \$8,000 thrice per annum, was established by Editing Press in 2018 with the aim of providing editorial assistance to postgraduates and junior academics whose research focuses on neglected topics of study, broadly construed. The scholarships are open to every discipline and the next round of funding will be awarded in December 2020:

Winter 2020

Application deadline: 25 November 2020

Results: 20 December 2020

All currently enrolled master's and doctoral candidates are eligible to apply, as are academics in the first five years of their employment. Applicants are required to submit a completed application form along with their CV through the application portal by the relevant deadline. Further details, previous winners, and the application portal can be found at: <a href="https://editing.press/bassi">https://editing.press/bassi</a>

## **RESOURCES**

#### Are you a young person dealing with increased anxiety or stress during the pandemic?

Are you concerned about how the pandemic is impacting your education or job opportunities? Do you often find yourself worrying your health or the health of your friends and family? You are not alone. To help young people manage their emotional feelings and stress level during the pandemic, we are testing a short, new intervention, which we call the "Unified Protocol" or "UP". The UP provides skills to learn about emotions and how to respond differently to intense and strong feelings including fear and uncertainty about the future. These skills are very important as society re-opens and we try to navigate ever-changing rules and regulations.

#### Is this program right for me?

The UP may be right for you if you are experiencing strong and intense emotions, such as anxiety, stress, sadness, worry, irritability, frustration, anger or guilt. It may also work for you if you are experiencing low levels of positive emotions such as joy and happiness. If your emotions are interfering with your ability to manage and to enjoy life during the COVID-19 crisis, this program may work for you.

#### Is there any evidence that this program works?

Yes, absolutely! The UP has been used successfully for over a decade to help people deal with stress, anxiety and sadness. What has changed is that we have shortened the program by focusing on issues that are most relevant to young people during the pandemic and government and health officials' responses to COVID-19. However, the information and the skills you learn in the UP program may be applied to help you with other situations and stressful experiences in your life.



If you qualify for this research study, you will receive the UP free of charge. If you are a University of Calgary student age 13-30, you probably qualify. To learn more, contact up@ucalgary.ca (This research has been approved by the Conjoint Faculties Research Ethics Board at the University of Calgary (REB20-0528). The Principal Investigator is Dr. Gina Dimitropoulos.)

#### Graduate Program in Vision Impairment at the Universite de Montreal

We are pleased to announce a new option in the Master of Science program. This option, offered in English by the School of Optometry at the Université de Montréal, is called Visual Impairment & Rehabilitation. This program produces professionals who provide rehabilitation services to people of all ages who are blind or who have low vision. There are three concentrations (or tracks) in the program, enabling one to specialize in Low Vision, Orientation & Mobility, or Vision Rehabilitation Therapy. The program is composed of three (3) segments: a 15-credit core segment, common to all 3 concentrations, a 23-credit specialty-area segment, consisting of courses and internships, and a 7-credit research segment. It should be possible for a student to complete the program in 16 months although two full academic years are allowed, if necessary.

The application deadline for admission in Fall, 2021, is February 1st. Any students wishing to obtain more information about the academic program, internships, and eventual job opportunities should contact Dr. Walter Wittich, the program director (walter.wittich@umontreal.ca) or the program assistant (tgde@opto.umontreal.ca). For more information about the program, please visit: https://admission.umontreal.ca/en/programs/masters-invision-science-option-visual-impairment-and-rehabilitation-english

# **Happy Monday!**

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



Do you have something you would like to include in the Monday Memo newsletter? Please send it to <a href="mailto:pnguy@ucalgary.ca">pnguy@ucalgary.ca</a> before Thursday at noon.

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