# MONDAY MEMO



MAY 25, 2021

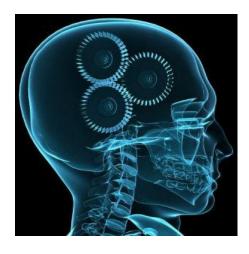
INSIDE THIS ISSUE:
Research Notes and Activities2
Events2
Honourable Mentions
Psychology in the
Psychology in the News2-3
· C·
News2-3
News2-3 Volunteer and Job

## **DEPARTMENT NEWS**

#### HIGHLIGHTED PUBLICATION



**Wingate, T. G., Jones, S. J.**, Khakhar, M. K., & **Bourdage, J. S.** (2021; in press). Speaking of allergies: Communication challenges for restaurant staff and customers. *International Journal of Hospitality Management*. <a href="https://doi.org/10.1016/j.ijhm.2021.102959">https://doi.org/10.1016/j.ijhm.2021.102959</a>



Managing customer allergies is an essential job task for restaurant workers. The present study catalogs common work features and challenges involved in the verbal communication of food allergies. Allergy communication is approached as a form of risk communication occurring within a socio-technical work system. Critical incidents and qualitative surveys of restaurant staff (n = 138; 3400 statements), along with qualitative surveys of customers with allergies (n = 61; 795 statements), are subject to thematic analysis to examine those practices most likely to improve customer safety and subjective experience. Key findings suggest improved outcomes when staff prompt customers to disclose their allergies at first contact, when fewer staff are involved in allergy communication and management, and when double-checking/check-ins are integrated throughout the communication process. These can serve as provisional best practice recommendations, and should be studied more thoroughly in combination with written communication strategies, restaurant resources, and environmental demands.

## **RESEARCH NOTES AND ACTIVITIES**

- Quigley, L., Horne, S. J., & **Dobson, K. S.** (2021). Does self-focus orientation influence recall of autobiographical memories and subsequent mood in dysphoria? Memory. <a href="https://doi.org/10.1080/09658211.2021.1896736">https://doi.org/10.1080/09658211.2021.1896736</a>
- **Dobson, K. S.** (2021). A commentary on the science and practice of homework in cognitive behavioral therapy. Cognitive Therapy and Research. <a href="https://doi.org/10.1007/s10608-021-10217-5">https://doi.org/10.1007/s10608-021-10217-5</a>
- Evans, D. R. & Dobson, K. S. (2021; in press). The Law, Standards, and Ethics in the Practice of Psychology, 4th Edition. Toronto: Thomson Reuters.
- Dobson, K. S., & Stuart, H. (Eds.) (2021; in press). The stigma of mental illness. Oxford, England: Oxford University Press.
- Morin-Lessard, E., Hentges, R. F., Tough, S. C., & Graham, S. A. (2021). Developmental Pathways Between Infant Gestures and Symbolic Actions, and Children's Communicative Skills at Age 5: Findings From the All Our Families Pregnancy Cohort. *Child Development*. Advance online publication. <a href="https://doi.org/10.1111/cdev.13567">https://doi.org/10.1111/cdev.13567</a>
- Wingate, T. G., Jones, S. J., Khakhar, M. K., & Bourdage, J. S. (2021; in press). Speaking of allergies: Communication challenges for restaurant staff and customers. *International Journal of Hospitality Management*. https://doi.org/10.1016/j.ijhm.2021.102959
- Musick, G., **O'Neill**, **T.**, Schelble, B., McNeese, N., & **Henke**, **J.** (2021). Human-Autonomy Teaming: What Happens When Humans Believe Their Teammate is an AI?. *Computers in Human Behavior*, 106852. <a href="https://doi.org/10.1016/j.chb.2021.106852">https://doi.org/10.1016/j.chb.2021.106852</a>
- Murry, A. T., & James, K. (2021). Reconciliation and industrial—organizational psychology in Canada. Canadian Journal of Behavioural Science / Revue canadienne des sciences du comportement, 53(2), 114–124. https://doi.org/10.1037/cbs0000237
- Murry, A.T., Barnabe, C., Foster, S., Taylor, A.S., Atay, E.J., Henderson, R. & Crowshoe, L. (2021). Indigenous mentorship in the health sciences: Actions and approaches of mentors. Teaching and Learning in Medicine, <a href="https://doi.org/10.1080/10401334.2021.1912610">https://doi.org/10.1080/10401334.2021.1912610</a>

## **EVENTS**

Weekly EDI Events for May 25-28, 2021

- May 25, 4:00-5:30 p.m. MST. University of Calgary International. <u>Stories of Asian identities on campus and in community: a panel discussion.</u>
- May 26-30. Calgary Black Film Festival.
- May 26, 1:00-2:30 p.m. MST. Alberta Children's Hospital Research Institute. <u>Summer Student Workshop Series 2021: EDI and Implicit Bias</u>.
- May 27, 12:00-1:00 p.m. MST. Ualberta EDI Events. <u>Anti-Indigenous Racism in Health Systems</u>.

Upcoming
Equity, Diversity,
and Inclusion
(EDI) Events

## **PSYCHOLOGY IN THE NEWS**



Dr. Sheri Madigan in Yahoo News "<u>Hazleton school counselors say return to classes helping mental health</u>"

**Dr.** Andrew Szeto in University Affairs "<u>Universities taking different approaches</u> to preparing mental health services for return to campus this fall"

Dr. Sheri Madigan in City News "<u>Advocates declare 'code pink' to draw attention</u> mental health crisis facing children"

Dr. Penny Pexman in Discover Magazine "<u>How Names and Words Shape the Way</u> We Perceive People and Things"

Dr. Penny Pexman in BBC "What the sound of your name says about you"

#### **NEWS Continued...**

#### FEATURED: Not "Fresh off the Boat": An EDI Committee Blog Post Series

"Oh, they're *fresh off the boat*" - an expression that many people of immigrant (often Asian) descent have heard at least once in their lives. Whether one is South, East, or Southeastern Asian; biracial or mixed-race; and/or a first- or even fourth-generation Asian-Canadian, this four-word expression reinforces a connotation of Asians *being different* or *not belonging* in Canada, despite being considered the "model minority".

In honour of <u>Asian Heritage Month</u>, members of the Psychology Department's Equity, Diversity, and Inclusion (EDI) Committee will be offering a four-part blog post series for the month of May. This series will explore four perspectives on what it means to be Asian-Canadian and provide insight on how we, as individuals, can be better proponents of anti-racist work.

#### Stay tuned for the following topics:

- 1. Asian Solidarity
- 2. "What are you?": Experiences of the Biracial, Mixed, and Racially Ambiguous
- 3. The Myth of the Model Minority
- 4. A Perspective on Education from the Child of an Immigrant

\*NEW\* Check out the second blog post of the EDI Committee's Blog Post Series: Not "Fresh off the Boat" – "What are you?": Experiences of the Biracial, Mixed, and Racially Ambiguous.

## VOLUNTEER AND JOB POSTINGS

### For Undergraduate Students

#### Spring/Summer Volunteers Needed

The **Addictive Behaviours Lab** is looking for volunteers to assist coding clinical interview data from a cannabis use research project. This is a project limited opportunity with work starting as soon as possible and require at least a 15-hour/ week commitment. If this opportunity to gain clinical research experience interests you, please send your CV or resume to <a href="mailto:lisa.henkel@ucalgary.ca">lisa.henkel@ucalgary.ca</a>

#### Career Opportunity - Administrative and Project Coordinator - Humance and Work EvOHlution

As the administrative and project coordinator, you will be a key player in Humance and Work EvOHlution's growth in a highly dynamic, global market. You will help our team grow the business by providing general administrative support, coordinating exciting projects, and assisting the Calgary regional leader. We are seeking someone with:

- · University or college education in business administration, psychology, marketing, or the equivalent accreditation
- 1-3 years of relevant experience
- Fluent written and spoken English is required. Bilingualism (English and French) is an asset, but not required

This is a full-time position located at our Calgary office in Kensington. This is also a flexible role that may be partially completed remotely.

For more information about the position and to apply, please visit:

https://humance.ca/career-opportunity-administrative-and-project-coordinator

#### For Graduate Students, Faculty, & Staff

#### Postdoctoral Scholar, Psychiatry, Cumming School of Medicine

The Department of Psychiatry in the Cumming School of Medicine at the University of Calgary is accepting applications for a Postdoctoral Scholar in Depression Treatment Clinical Trials.

The Postdoctoral scholar will be supervised by <u>Dr. Valerie Taylor</u>. The Postdoctoral Scholar will contribute to a research program that merges mental health and the gut microbiome research to lead novel clinical trials in the area of mood disorders.

The Postdoctoral Scholar will be expected to engage in full time research and apply to local, provincial and national funding competitions.

For more information about the position and how to apply, please visit:

https://careers.ucalgary.ca/jobs/6740500-postdoctoral-scholar-psychiatry-cumming-school-of-medicine

#### Job Opportunities at CIHR-INHMA: Associate Lead, Substance Use and Addiction/Mental Health Services

The <u>Canadian Institutes of Health Research (CIHR) Institute of Neurosciences, Mental Health and Addiction (INMHA)</u>, headquartered at the University of Calgary, is currently seeking highly motivated, organized and experienced individuals with a research-based Master's degree or PhD ideally

- in the substance use and addiction research domain to fill the position of Associate Lead, Substance Use and Addiction
- within the mental health services research domain to fill the position of Associate Lead, Mental Health Services.

The successful candidates will provide operational and administrative support to the planning, development, implementation and evaluation of research initiatives, strategic projects and funding opportunities in the area of

- · substance use and addiction research
- · mental health services research with a particular emphasis on youth mental health, post-traumatic stress and virtual delivery of mental health and substance use services.

#### For a detailed job description and to apply:

- Associate Lead, Substance Use and Addiction, CIHR-INMHA, Cumming School of Medicine
- Associate Lead, Mental Health Services, CIHR-INMHA, Cumming School of Medicine

Application deadline: June 6, 2021

### **SURVEYS**



#### SURVEY/FOCUS GROUP PARTICPANTS NEEDED!

Have you ever experienced anti-Asian racism? If yes, we want to hear from you. Research participants needed for a research study on the experience of Asian Canadians with racism and their reporting of racist incidents.

In this study, we would like to understand how Asian Canadians have encountered racism in daily life and whether they have taken steps to report the racist incidents to the relevant authorities. Learning from this research will inform the development of policies and services to prevent racism against Asian Canadians and to strengthen support for victims of racist incidents.

#### Survey:

The survey takes approximately 15 minutes of your time. To quality you must:

- Be 18 years of age or older
- Self identify as an Asian Canadian citizen or permanent resident with at least one biological parent of Asian descent
- Have lived in Canada throughout the COVID-19 pandemic.

To take the survey, go to: https://www.surveymonkey.com/r/Anti-Asian Racism Survey English

#### **Focus Group:**

You are qualified to participate in the focus groups if you meet ALL of these criteria...

- Self-identified Asian Canadian citizen or permanent resident with at least one biological parent of Asian descent;
- Be 18 years of age or above;
- Have lived in Canada throughout the COVID-19 pandemic, and
- Have experienced racism since the beginning of the COVID-19 pandemic.

#### What are you asked to do?

- Participate in an online focus group that will require last about 2 hours
- Talk about your experience with racism in Canada since the beginning of the COVID-19 pandemic
- Share what you have done to report the racist incident and related experience (if applicable)
- Suggest ways to strengthen support for victims of racist incidents

We recognize the time required for your participation in the focus group. We offer you an e-gift card of \$30. To register for a focus group please visit  $\frac{\text{https://www.eventbrite.com/e/153547866803}}{\text{https://www.eventbrite.com/e/153547866803}}$ 

If you have any question about this research, please call Ms. Rosalind Kang at (403) 908-0745 or info@act2endracism.ca.

- \*The University of Calgary Conjoint Faculties Research Ethics Board has approved this research
- \*This study is supervised by Dr. Hieu Van Ngo, University of Calgary, Faculty of Social Work

#### **SURVEYS Continued...**

#### Psychologists' Suicide Risk Assessment Practices and Experiences in Canada

I am inviting psychologists in Canada to participate in a survey about their practices and experiences conducting suicide risk assessments for my Ph.D. dissertation research project.

This anonymous survey is expected to take 20-30 minutes to complete.

Survey link: bit.ly/UofASRASurvey

I would also appreciate you sharing this link with other psychologists in Canada!

This survey is part of a mixed method study. At the end of the survey, you may indicate your interest in participating in a brief follow-up phone interview, which will occur after the survey data is collected and analyzed. Not all participants will be contacted for a follow-up interview.

This study has been approved by the University of Alberta Research Ethics Board 2 (Pro00105480). I appreciate your consideration and hope this message finds you well!

Principal Investigator: Jonathan Dubue, M.Ed. Counselling Psychology Doctoral Candidate University of Alberta (CPA-Accredited) jdubue@ualberta.ca

Co-Supervisors: William Hanson, Ph.D., R. Psych bill.hanson@concordia.ab.ca Phillip Sevigny, Ph.D., R. Psych psevigny@ualberta.ca

#### Help us better understand the barriers faced by autistic UCalgary students.

We are recruiting UCalgary students with autism (either with a formal diagnosis or who self-identify as autistic) for a research study to better understand the barriers to success at university, how we can best address these challenges, and how we can improve their university experience. You will be asked to complete an online survey through REDCap. The survey will take approximately 1 hour to complete. At the end of the survey, participants can choose to enter their contact information to receive a \$10 Everything gift card via email. Participation in this research study is completely voluntary. For a more detailed description of the purpose of this study and what participation involves, please click the link here: https://survey.ucalgary.ca/jfe/form/SV eqBdMb6C7Y8ileu

Participants will be sent the link to complete the survey approximately two weeks after they initially contact the study.

If you have any further questions or want clarification regarding this research and/or your participation, please contact the research team through email at enhancelab@ucalgary.ca. Please note this study uses the terms autistic and people with autism interchangeably to acknowledge and respect both identity first and person first perspectives. This study has been approved by the University of Calgary's Conjoint Faculties Research Ethics Board (REB19-1548).

## RESOURCES

#### CENTRE FOR OBESITY AND WELL-BEING RESEARCH EXCELLENCE: **Brief-Online Training in Integrated Primary Care**

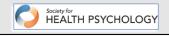
TRAINING: This training is

The purpose of the present study is to evaluate an adapted brief-online training on integrated primary car for psychology graduate trainees in Canada.



COMPENSATION: You adapted from curriculum developed by the will have the chance to win 1 of 10 American Psychological Association's Society Amazon gifts cards valued at \$100.00 for Health Psychology's Committee on Integrated Primary. INTERESTED? ELIGIBILITY: You must be Click or Copy/Paste the link below: currently enrolled in any Psychology graduate (e.g., counselling, clinical, etc.) https://ubc.ca1.qualtrics.com/jfe/ program in Canada form/SV 5AU3VDz79nal PBY TIME REQUIRED: The For further information, contact the training is expected to take ~ 60 minutes. co-investigator at: You should allot additional time to complete study measures at pre and post.



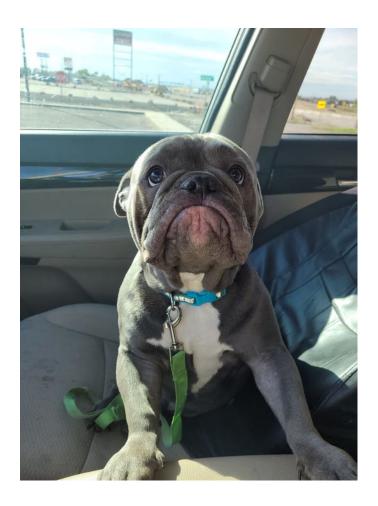




miyar@mail.ubc.ca

# **Happy Monday!**

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



Do you have something you would like to include in the Monday Memo newsletter? Please send it to <a href="mailto:pnguy@ucalgary.ca">pnguy@ucalgary.ca</a> before Thursday at noon.

Department of Psychology

University of Calgary

Administration Building, Room AD 255 https://arts.ucalgary.ca/psychology/news/monday-memo

Phone: (403) 220-3600

Fax: (403) 282-8249