

# Faculty of Arts Co-op Information Session

For students in Arts considering the Co-op Program

Mandy Foley, Co-op Coordinator  
Tianni Song, Co-op Advisor



# Welcome

- Amanda Foley, Co-op Coordinator
- Tianni Song, Co-op Advisor
- Megan Sampson, Engagement Assistant
- Kaylie Fulwiler, Co-op Engagement Assistant

## Agenda (session is ~50 minutes)

- What is Co-op and how does it work?
- Application / Elevate
- Application
- Schedule examples
- Financial considerations
- Previous employers and positions
- When to apply, what happens after you apply
- Co-op student speakers
- Questions

# What is Co-op?

- Work-Integrated Learning Program
- Full-time, paid positions that normally alternate with academic semesters
- 3-way Partnership:  
Student/Employer/University
- 3 work terms for designation =  
12 – 16 months work experience
  - Adds approximately one year to your degree
  - Does not count as credit **towards courses required for your degree**





# Benefits of Co-op



- Develop workplace skills
- Build references
- Network with professionals



- Earn income
- Explore career options
- Enhanced learning

# How Does Co-op Work?

1. Apply (Oct. 15), application will be reviewed – some exceptions –if you have questions contact [artscoop@ucalgary.ca](mailto:artscoop@ucalgary.ca)
2. Receive letter of acceptance mid - late November with assigned Co-op Coordinator/Advisor
3. Complete mandatory workshops (online options)
4. Resume approved before applying for co-op jobs
5. Network, apply for positions online Elevate portal and external positions
6. Resources and support: your Co-op Team and online on D2L
7. Competitive process – no placement guarantee
8. Stay registered in courses – plan B!

# Elevate

- Once accepted to the Co-op program, Co-op students gain access to the Arts Co-op jobs on Elevate
- <https://elevate.ucalgary.ca/home.htm>
- Co-op job postings, events and appointment options

# Co-op Application

- To apply go to: <https://elevate.ucalgary.ca/home.htm>
- Log in
- Faculty of Arts on left menu > Arts Co-op
- Choose your Program of Study from list
- If application not visible, contact the Co-op program for assistance
- Include letter, resume, sequence for work terms
- Complete application form and submit

## What you need to apply

- GPA - 2.5 (last 10 courses, 30 units excluding courses currently registered in)
- Full-time student; declared major that offers Co-op
- Complete 10 courses or 30 units by application
- Typically apply second year, start work term in third year; normally, not more than 20 courses or 60 units at time of application
- Recommend that you have completed 5 courses in major prior to first placement
- Some exceptions with combined degrees
- Transfer students may be eligible – (ideally, 20 courses remaining in degree at time of application)
- Each application is reviewed individually



# Example of Schedule with Co-op \* at least one work term must be in Fall or Winter



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Possible Sequence	Fall	Winter	Spring/ Summer
First Year	Academic 5 courses/15 units	Academic 5 courses /15 units	Vacation
Second Year	Academic 5 courses/15 units Apply by Oct 15 Attend Co-op Workshops in Nov/Dec or Jan/Feb	Academic 4 courses/12 units Apply for Co-op Jobs	<b>First Work Term</b>
Third Year	Academic 4 courses/12 units Apply for Co-op Jobs	<b>Second Work Term</b>	<b>Third Work Term</b>
Fourth Year	Academic 5 courses/15 units	Academic 5 courses/15 units	Study Abroad 3 courses/9 units
Fifth Year	<b>Optional Fourth Term</b> 1 Co-op course = 3 units	Academic (min 3 courses = 9 units)	Graduate (120 units) with 12-16 months of work experience









# Fees, Loans, Wages

- \$50 non-refundable fee once you approve acceptance
- When on a work term registration in Co-op 511.0#
- Tuition cost for 1 course + General student fees – check [Academic Calendar](#) for exact amounts
- Considered full-time student, loans not repayable while in Co-op term
- What to expect as pay for Co-op jobs





# Co-op Opportunities

Industry	Employers
Government/Public Administration	 <b>Défense nationale</b> <b>National Defence</b>  <b>Global Affairs Canada</b>  <b>Crown-Indigenous Relations and Northern Affairs Canada</b> <b>Relations Couronne-Autochtones et Affaires du Nord Canada</b>
Educational Services	 <b>UC International</b> <b>Centre for Career &amp; Personal Development</b> <b>Office of Sustainability</b> <b>Women's Resources Centre</b> <b>Student Success Centre</b> <b>Undergraduate Science Centre</b> <b>Taylor Institute for Teaching and Learning</b> <b>Arts Students' Centre</b> <b>Faith &amp; Spirituality Centre</b> <b>Engineering Career Centre</b> <b>Undergraduate Science Centre</b>
Mining, Quarrying, and Oil and Gas Extraction	 <b>TC Energy</b>  <b>cenovus</b> <b>ENERGY</b>  <b>SUNCOR</b> <b>ENERGY</b>  <b>CNOOC</b>
Arts, Entertainment and Recreation	 <b>Parks Canada</b> <b>Parcs Canada</b>  <b>NUTV</b>
Non-Profit/Philanthropy	 <b>Burns Memorial Fund</b> <i>A legacy for Calgary's children</i>  <b>Calgary Stampede</b>

# Sample Sequence of Co-op positions

Program	1 <sup>st</sup> Term	2 <sup>nd</sup> Term	3 <sup>rd</sup> Term
<b>Communications</b>	Media Relations	Public Relations Intern	Corporate Relations Intern
<b>Economics</b>	Natural Gas Analyst	Extension	Power Market Analyst
<b>Urban Studies</b>	Urban Strategy Summer Student	Co-op Student, Analyst and Liaison Officer	Citizenship and Immigration Services Assistant
<b>Geography</b>	Life Cycle Asset Mapping Researcher	Facilities Management, Records Technician	Extension
<b>International Relations</b>	Trade Commissioner Assistant	Co-op Research Assistant	International Programs Assistant
<b>Law and Society</b>	Career Training Instructor	Strategic Studies Intern (Washington Centre Internship)	Permanent Mission to UN Intern



# Considerations

- You can find your own Co-op work term if it meets the criteria (full time, paid, 12-16 weeks, related to your degree(s) and/or career goals and provides adequate supervision)
- Some international internship opportunities may count as a Co-op term (e.g. Washington Centre Internship, Queen Elizabeth II Diamond Jubilee Internships)
- International travel for Co-op is permitted.  
The U of C closely follows the Government of Canada travel restrictions and regulations.



# When to Apply

Application Date	Workshops	First Work Term
October 15, 2023	Nov/Dec 2023 Jan/Feb 2024 <ul style="list-style-type: none"><li>• Online options</li></ul>	Spring/Summer 2024

# Acceptance

- Apply via Elevate by October 15 - a system generated confirmation of application received.
- You will be notified by email by end of November, or earlier if possible, of your application status
- If accepted, you will be notified, asked if you want to accept offer, and provided a workshop schedule, including an Orientation session and registered in D2L course with online resources and options.

# Options Outside of Co-op

- Part-time, summer student positions
  - Elevate, external job boards, career fairs, employer info sessions
- Federal Student Work Experience Program (FSWEP)
  - Full-time, summer, part-time and research opportunities
- Volunteering
  - Student clubs, community groups
- Research Experience
  - The Program for Undergraduate Research Experience (PURE)

# Centre for Career and Professional Development Resources (formerly Career Services)

- Resume review, job search and career options
- Events: Info sessions, career fairs, workshops

## Co-op Student Speakers

- Yaiza Lopez Garcia San Roman
  - Visual Studies student
  - 1<sup>st</sup> and 2<sup>nd</sup> work terms - NUTV
  - 3<sup>rd</sup> work term – Behst Machinery Corp
- Binh Nguyen
  - International Relations and Accounting Student
  - 1<sup>st</sup> term – United States Commercial Services
  - 2<sup>nd</sup> and 3<sup>rd</sup> work terms – Treasury Board of Canada Secretariat



## Key Points

- **\$50 non-refundable administrative fee** when accepted into program
- When on a work term assessed tuition + general student fees for one course
- Co-op will extend your degree
- Co-op courses are Credit/Fail and count towards your Co-op Designation – **not your degree**
- While on a work term you are considered a full-time student and you can only take 1 academic course (that doesn't interrupt your work day)
- To pass Co-op course all assignments must be completed and a 'Satisfactory' evaluation received from employer

# Questions and Contact Details

- Questions?
- General questions: [artscoop@ucalgary.ca](mailto:artscoop@ucalgary.ca)
- Virtual appointment with Mandy/Tianni: [afoley@ucalgary.ca](mailto:afoley@ucalgary.ca) / [tsong@ucalgary.ca](mailto:tsong@ucalgary.ca)
- Follow us on Instagram @uofcartcoop and [LinkedIn](#)

