



# UNDERGRADUATE ROAD MAP

## Considering a Bachelors in Psychology (BA or BSc)?

Students must successfully complete a minimum of 45 units (7.5 full-course equivalents) and a maximum of 60 units (10.0 full-course equivalents) in the field of Psychology while fulfilling the following requirements:



Introduction: 6 units (1.0 full-course equivalent)  
Psychology 200, 201



Research Methods and Statistics: 6 units (1.0 full-course equivalent)  
Psychology 300, 301



Foundation Courses:  
6 units (1.0 full-course equivalent) Psychology 345, 375  
9 units (1.5 full-course equivalents) Psychology 321, 349\*, 351\*, 353\*, 365, 369, 383, 385  
*\*A maximum of 3 units from Psychology 349, 351, 353 may be used to fulfill this requirement.*



Applying Research Methods: At least 3 units (0.5 full-course equivalent) and no more than 6 units (1.0 FCE) from Psychology 400.XX\*, 415, 425, 427, 430, 435, 478  
*\*Students can only hold credit for one PSYC 400.XX*



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Upper- Level Courses: An additional 15 units (2.5 full-course equivalents) at the 400 or 500 level from the Field of Psychology.  
**Getting a BA you're requirements stop here!**



**Pursuing a BSc in Psychology?**  
Science Courses you need to take to complete your degree are: 21 units (3.4 full-course equivalents) Bio 241 and 243; Chemistry 201 or 211 and 203 or 213; Math 249 or 265 and one of 211, 213, 253, 267; and Physics 211 or 221 or 227



# UNDERGRADUATE ROAD MAP

## Honours Map BA & BSc

In addition to the previous road map you will need to take the following requirements:



Advanced Research Methods: 3 units (0.5 full-course equivalent) from Psychology 407\*, 411\*, 415\*

**\*These courses cannot double count for a major field requirement and a requirement for honours.**



Psychology Options: An additional 15 units (2.5 full-course equivalents) from the Field of Psychology. For a total of 10 full-course equivalents including honours courses.



Honours Courses: 9 units (1.5 full-course equivalents) Psychology 501 and 598 which must be completed in the final year of your program



You must also have to take a minimum of 30 additional units (5.0 full-course equivalents) that must be at the 400 level or higher.

History of Psychology: 3 units (0.5 full-course equivalent) from Psychology 305 or 405\*

**\*PSYC 405 can double count as a 400-level requirement and for honours**

## What is the Honours Program?

The Honours program is a competitive Undergraduate program offered through the University. Honours is designed to help you get ready for graduate studies in psychology or other programs. Honours have a specialized set of degree requirements and a research project under supervision of a faculty or adjunct member.

## Why should I apply?

The Honours program is for those who would like to pursue graduate school. Some graduate programs require Honours degrees.

## How do I apply?

- 1) Honours Application and Program Checklist Form  
Fill out the checklist found on the psychology web page (<https://psyc.ucalgary.ca/undergraduate/forms-and-documents>)
- 2) Transcripts  
Send unofficial PDF transcripts from your Student Centre
- 3) Curriculum Vitae  
A CV is similar to a resume, but focuses on academics

## What are the qualifications?

These can change from year to year:

- At least 72 units of 12.0 full-course equivalents completed at the time of the application
- Minimum GPA of 3.75 over the last 42 units or 7.0 full-course equivalents
- Minimum 3.75 over most recent seven (3.5 FCE) Psychology
- Minimum grade average of a B+ from PSYC 300 & 301 (PSYC 312) (or 407, 411, 415). **\*\*If you took a CR for PSYC 300 or 301 please contact [psycugrd@ucalgary.ca](mailto:psycugrd@ucalgary.ca)**
- No F's over the most recent 5.0 full-course equivalents
- All remaining graduation requirements for the BA/BSc Honours degree must be completed during the following Fall/Winter registration pool
- Signature from a faculty member or adjunct faculty member confirming agreement to supervise applicant
- Have completed or enrolled into 3 units from PSYC 400, 415, 425, 427, 430, 435, 478, 505 or 504 at time of application

## Who should I contact?

Michelle Vogt  
Academic Program Specialist  
Department of Psychology  
[psycugrd@ucalgary.ca](mailto:psycugrd@ucalgary.ca)



What should I consider and when for Honours and Applying to Graduate Schools..

## First Year

- Watch for emails about the Honours Program
- Make sure you are on track for prerequisite courses to keep you on track for honours
- Think about other options:
  - Independent study (PSYC 505 or 504)
  - Research experience courses (PSYC 499)

## Second Year

- Look for research assistant opportunities. These can be found in the Monday Memo that is put out every Monday onto the front page of the psychology website, it is also emailed out to all Majors.
- Start thinking about a supervisor
  - Start to think about what type of research you would like to do and what professors mirror your interests
  - You can check professors research interests at <https://psyc.ucalgary.ca/research>

## Third Year

- Apply for honours or
- Look for research assistant opportunities
- If you're considering Graduate School start gathering information about admission requirements.
- Speak to our graduate advisor
- Speak to PSYCHS, there is a recent new program that aims to match Undergrads with Master's students to help them through the process of applying to grad school

## Fourth Year

- Attend info sessions put on by the Pan-Psychology Partnership on grad school and GRE prep
- Make a plan for grad school applications and the GRE
- Apply by deadlines



# UNDERGRADUATE ROAD MAP

## Example Schedule For BA in Psychology (No Honours)

### First Year

#### First Semester

#### Second Semester

PSYC 200	PSYC 201
200 OPTION	OPTION
200 OPTION	200 OPTION
200 OPTION	200 OPTION
200 OPTION	200 OPTION

### Third Year

#### First Semester

#### Second Semester

PSYC 400/500 Level Course	PSYC 400/500 Level Course
OPTION or PSYC 4XX/5XX	OPTION or PSYC 4XX/5XX
OPTION or PSYC 4XX/5XX	OPTION or PSYC 4XX/5XX
OPTION	OPTION
OPTION	OPTION

### Second Year

#### First Semester

#### Second Semester

PSYC 300	PSYC 301
PSYC 345 and/or 375	PSYC 345 and/or 375
PSYC 3XX Foundation Course	PSYC 3XX Foundation Course
PSYC Foundation Course or OPTN	PSYC Foundation Course or OPTN
OPTION	OPTION

### Fourth Year

#### First Semester

#### Second Semester

PSYC 4XX/5XX or OPTION	PSYC 4XX/5XX or OPTION
PSYC 4XX/5XX or OPTION	PSYC 4XX/5XX or OPTION
OPTION	OPTION
OPTION	OPTION
OPTION	OPTION



# UNDERGRADUATE ROAD MAP

## Example Schedule For BSc in Psychology (No Honours)

### First Year

#### First Semester

#### Second Semester

PSYC 200	PSYC 201
BIO 241	OPTION
CHEM 201/211 or OPTION	BIO 243
OPTION or MATH 249/265	MATH 211/213/253/267
OPTION or PHYS 211	OPTION or CHEM 203/213

### Third Year

#### First Semester

#### Second Semester

PSYC 400/500 Level Course	PSYC 400/500 Level Course
OPTION or PSYC 4XX/5XX	OPTION or PSYC 4XX/5XX
OPTION or PSYC 4XX/5XX	OPTION or PSYC 4XX/5XX
OPTION	OPTION
OPTION	OPTION

### Second Year

#### First Semester

#### Second Semester

PSYC 300	PSYC 301
PSYC 345 and/or 375	PSYC 345 and/or 375
PSYC 3XX Foundation Course	PSYC 3XX Foundation Course
PSYC Foundation Course or OPTN	PSYC Foundation Course or OPTN
OPTION	OPTION

### Fourth Year

#### First Semester

#### Second Semester

PSYC 4XX/5XX or OPTION	PSYC 4XX/5XX or OPTION
PSYC 4XX/5XX or OPTION	PSYC 4XX/5XX or OPTION
OPTION	OPTION
OPTION	OPTION
OPTION	OPTION



# UNDERGRADUATE ROAD MAP

## Example Schedule For BA in Psychology Honours (We do not recommend a full course load at the same time as completing honours)

### First Year

#### First Semester

#### Second Semester

PSYC 200	PSYC 201
200 OPTION	OPTION
200 OPTION	200 OPTION
200 OPTION	200 OPTION
200 OPTION	200 OPTION

### Second Year

#### First Semester

#### Second Semester

PSYC 300	PSYC 301
PSYC 345 and/or 375	PSYC 345 and/or 375
PSYC 3XX Foundation Course	PSYC 3XX Foundation Course
PSYC Foundation Course or OPTN	PSYC Foundation Course or OPTN
OPTION	OPTION

### Third Year

#### First Semester

#### Second Semester

PSYC 400 Level applying research methods course.	PSYC 400/500 Level Course
OPTION or PSYC 4XX/5XX	OPTION or PSYC 4XX/5XX
OPTION or PSYC 4XX/5XX	OPTION or PSYC 4XX/5XX
PSYC 305 or 405 or Option	PSYC 411, 415 or 407
OPTION	OPTION

### Fourth Year

#### First Semester

#### Second Semester

PSYC 4XX	PSYC 4XX
PSYC 5XX	PSYC 5XX
PSYC 598	PSYC 598
PSYC 501 or Option	OPTION or PSYC 501
OPTION or PSYC 305 or 405	OPTION or PSYC 305 or 405

# UNDERGRADUATE ROAD MAP



## Example Schedule For BSc in Psychology Honours (We do not recommend a full course load at the same time as completing honours)

### First Year

#### First Semester

#### Second Semester

PSYC 200	PSYC 201
BIO 241	OPTION
CHEM 201/211 or OPTION	BIO 243
OPTION or MATH 249/265	MATH 211/213/253/267
OPTION or PHYS 211	OPTION or CHEM 203/213

### Second Year

#### First Semester

#### Second Semester

PSYC 300	PSYC 301
PSYC 345 and/or 375	PSYC 345 and/or 375
PSYC 3XX Foundation Course	PSYC 3XX Foundation Course
PSYC Foundation Course or OPTN	PSYC Foundation Course or OPTN
OPTION	OPTION

### Third Year

#### First Semester

#### Second Semester

PSYC 400 level applying research methods course	PSYC 400/500 Level Course
OPTION or PSYC 4XX/5XX	OPTION or PSYC 4XX/5XX
OPTION or PSYC 4XX/5XX	OPTION or PSYC 4XX/5XX
OPTION	OPTION
OPTION	OPTION

### Fourth Year

#### First Semester

#### Second Semester

PSYC 4XX	PSYC 4XX
PSYC 5XX	PSYC 5XX
PSYC 598	PSYC 598
PSYC 501 or Option	OPTION or PSYC 501
OPTION or PSYC 305 or 405	OPTION or PSYC 305 or 405



Who to Contact and When:

## Psychology Department:

Psychology Program Information
Honours program information
Overview of Psychology course plan

## Arts Student Centre:

Letters of Permission
Overview of degree as a whole
Any kind of change of program
Exceptions to elective courses
Transferring into other programs
Program Advising
Grad Checks

At any time you can contact the Academic Program Specialist Michelle Vogt at [psycugrd@ucalgary.ca](mailto:psycugrd@ucalgary.ca)