

# Monday Memo

April 15, 2019



UNIVERSITY OF  
CALGARY

## DEPARTMENT NEWS

### HIGHLIGHTED PUBLICATION



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**Carlson LE**, Toivonen K, Flynn M, Deleemans J, Piedalue KA, Tolsdorf E, Subnis U. The Role of Hypnosis in Cancer Care. *Curr Oncol Rep*. 2018 Nov 13;20(12):93. doi: [10.1007/s11912-018-0739-1](https://doi.org/10.1007/s11912-018-0739-1).

This paper reviews the current evidence-base for the use of hypnosis as an adjunct treatment for common cancer-related symptoms and side effects, including those experienced during treatment, as well as long-term and late effects. First, a general description and history of medical hypnosis in cancer care is provided, followed by a review of the latest evidence across a range of common symptoms.

[Read More: https://link.springer.com/article/10.1007/s11912-018-0739-1](https://link.springer.com/article/10.1007/s11912-018-0739-1)

## VOLUNTEER AND JOB POSTINGS

The **Faculty of Social Sciences at Université Laval** is recruiting three Canada Research Chairs (CRCs), including one under the Social Sciences and Humanities Research Council (SSHRC Tier 2), one under the Natural Sciences and Engineering Research Council (NSERC Tier 1 or 2) and one under the Canadian Institutes of Health Research (CIHR Tier 2). A working knowledge of French is required. Additional details can be found at <https://www.fss.ulaval.ca/Chaire-Canada-FSS>. Application deadline: April 26, 2019

**VOLUNTEER AND JOB OPPORTUNITIES Continued...**

**WGM Psychology** is a centre of excellence in Calgary, Edmonton and Red Deer, AB and Toronto, ON for timely, person-centered mental health care. We are a team of registered psychologists who have focused on developing specific skill in the assessment, diagnosis and treatment of operational stress injuries. Although we have a broad referral network, we most commonly work with individuals who work in first response organizations. At present, we are seeking **registered psychologists** interested in joining our team in Calgary, Edmonton, and Red Deer, who have broad clinical experience, and particular interest in working with individuals presenting with operational stress injuries (primarily PTSD). The interested candidate would ideally bring experience working in a variety of modalities, as at WGM we offer individual, group, couple and family therapy. Familiarity with first response culture is considered an asset, as is previous training in empirically-supported treatments for PTSD.

**Qualifications:**

A Registered Psychologist in good standing with the College of Alberta Psychologists, or eligibility for registration; relevant clinical experience in the provision of individual psychotherapy, particularly related to the treatment of operational stress injuries and PTSD; experience working with first response personnel an asset; excellent report-writing and communication skills; ability to practice independently, with minimal supervision with demonstrated experience functioning within a collaborative team environment.

The **Department of Psychology** in the **Faculty of Arts** at the **University of Regina** invites applications for a tenure-track appointment at the rank of Assistant Professor; the successful applicant will be nominated for a Tier II Canada Research Chair in the area of Children and the Justice System, with an expected appointment date of July 1<sup>st</sup>, 2020. The ideal candidate would develop a research program that uses the methods of experimental forensic psychology to investigate children's experiences within the justice system. Examples of such research programs could include the development of evidence-based practices to guide how police/attorneys collect information from children; perceptions of child witnesses; or, research that advances theory in the development of memory and morality/lie-telling in children. For more information or to apply click [HERE](#)

The **University of Manitoba** invites applications for a **Tier 2 Canada Research Chair in Social Influence Processes**.

This position will be tenured or tenure-track, at the rank of assistant or associate professor, and contingent on successful nomination to the CRC Secretariat according to the CRC program guidelines. The position comes with reduced teaching responsibilities and research funding. Applicants should be exceptional emerging scholars less than 10 years post Ph.D. (with exceptions subject to assessment through the program's Tier 2 justification process). The application **deadline is April 28th, 2019**. For more information and to apply click [HERE](#)

The **Faculty of Social Sciences** invites applications for a **Tier 2 Canada Research Chair (CRC) in Mobile Health and Data Analytics**. The area of mobile health and aging is an emerging strength of researchers at UVic and is a key component of precision health by providing reliable, efficient, and low cost approaches for measuring health-related processes and outcomes. Mobile assessments permit an ecologically valid assessment of health behaviors and outcomes, well-being, and cognition by capturing these processes throughout an individual's daily life, where and when it matters. This Canada Research Chair will run a world-class research program developing innovations in real-time monitoring and just-in-time interventions using wireless technologies (mobile phones, wearables) to optimize psychological and health states and to improve health outcomes. The target candidate will establish an externally funded, internationally recognized research program in the area of aging and health. The University acknowledges the potential impact that career interruptions can have on a candidate's record of research achievement. We encourage applicants to explain in their application the impact that career interruptions have had on their record. To be considered, please submit a completed application package including:

- Cover letter providing an overview of the candidate's qualifications, how they fulfill the criteria defined above, and how their research capacity would complement the existing research strengths within the Faculty of Social Sciences;
- Detailed curriculum vitae;
- Maximum 4-page description of the candidate's proposed research program;
- 1-page description of the candidate's three most important research contributions to date;
- Maximum 2-page statement of teaching experience and approach, including evidence of teaching effectiveness and working well with diverse students;
- One-page statement identifying their strengths and experiences in promoting diversity;
- Contact information for three referees.

The application package should be addressed to Dr. Scott Hofer, Chair of Search Committee via email to [sosreception@uvic.ca](mailto:sosreception@uvic.ca) with the subject heading "Mobile Health and Data Analytics Position". In order to be considered, application packages must be received by May 3, 2019.

The **Department of Psychology** at the **University of Regina** is seeking applications for a **1-year term position in Clinical Psychology at the rank of Assistant Professor**. The successful candidate will have a PhD in Clinical Psychology from a CPA- or APA-accredited program. The successful candidate should also be registered or be eligible for registration with the Saskatchewan College of Psychologists. Area of research specialization is open for this position. Anticipated date of **commencement is July 1, 2019**, depending on the availability of the successful candidate. For more information click [here](#)

The **Leonard Krasner Psychological Center (KPC)** and the **Mind Body Clinical Research Center (MB-CRC)** in the Departments of Psychology and Psychiatry (respectively) at **Stony Brook University** seek **3 full-time Adult-focused Postdoctoral Fellows and 1 Child/Adolescent-focused Postdoctoral Fellow** to provide outpatient and inpatient clinical services. Outpatient psychotherapy services include: assessment, consultation, and provision of time-limited evidence-based interventions (e.g., Cognitive Behavioral Therapy).

Inpatient clinical services will include working as part of an interdisciplinary team in either the psychiatric emergency department, consultation and liaison service, adult inpatient unit, or the child inpatient unit. Additional activities will include: providing support for ongoing research studies, assisting with training activities, and providing supervision to pre-doctoral psychology interns and externs. Postdocs may also participate in our comprehensive Dialectical Behavior Therapy Program (i.e., skills training, consultation team, and skill coaching). Additional training opportunities are available in mindfulness-based and behavioral health interventions. One position will have a translational research emphasis. Mentorship will be provided in grantsmanship and research program development. Research responsibilities will include data management and analysis, preparing manuscripts, and writing grants, among other activities. Ongoing research projects include a NASA-funded RCT aimed at evaluating the provision of time-delayed psychotherapy and an NIH-funded trial examining a novel online stress-management program for pregnant women.

For more info click [here](#)

## RESEARCH NOTES AND ACTIVITIES

### RESEARCH PUBLICATIONS

Newman, K.R., Quigley, L., Fernandez, A., **Dobson, K.S.**, & **Sears, C.R.** (2019). Concurrent and prospective relations between attentional biases for emotional images and relapse to depression. *Cognitive Therapy and Research*. DOI: <https://link.springer.com/article/10.1007/s10608-019-10017-y>

**Ritchie, E. V.**, Hodgins, D. C., & McGrath, D. S. (2019). Co-morbid smoking and gambling disorder: Potential underlying mechanisms and future explorations. In V. R. Preedy (Ed.), *Neuroscience of nicotine: Mechanisms and treatments* (p. 393-401). Elsevier. doi: 10.1016/B978-0-12-813035-3.00048-4

**Carlson LE**, Bao T, Balneaves LG. Methodology Flaws and Implications of a Complementary Medicine Study. *JAMA Oncol*. 2019 Jan 24. doi: 10.1001/jamaoncol.2018.6631.

**Carlson LE**, Zelinski EL, Toivonen KI, Sundstrom L, Jobin CT, Damaskos P, Zebrack B. Prevalence of psychosocial distress in cancer patients across 55 North American cancer centers. *J Psychosoc Oncol*. 2018 Dec 28:1-17. doi: 10.1080/07347332.2018.1521490.

**Carlson LE**, Toivonen K, Flynn M, Deleemans J, Piedalue KA, Tolsdorf E, Subnis U. The Role of Hypnosis in Cancer Care. *Curr Oncol Rep*. 2018 Nov 13;20(12):93. doi: 10.1007/s11912-018-0739-1.

**Carlson LE**, Oberoi DV, Qureshi M, Subnis U. Integrative Oncology Trials in the Real World: Assessing the Pragmatism of an Ongoing Integrative Oncology Trial of Mindfulness and Tai Chi/Qigong. *J Altern Complement Med*. 2018 Sep/Oct;24(9-10):926-932. doi: 10.1089/acm.2018.0208.

Bok, H. G. J., de Jong, L. H., **O'Neill, T. A.**, Maxey, C., & Hecker, K. G. (in press). Validity evidence for programmatic assessment in competency-based education. *Perspectives on Medical Education*. doi: 10.1007/s40037-018-0481-2.

## EVENTS



The Mathison Centre for Mental Health and Research presents:

**Mental Health Research Day - Innovative Approaches to Treatment and Diagnostics in Mental Health Disorders**

**June 12, 2019 | 8:30 am - 4:30 pm**

**U of C Dining Centre - Main/Central campus**

For more information click [HERE](#)

Events continued...

### Annual Campus Clean Up Event

Dear Psychology Department,

- Are you exhausted from a long semester?
- Do you want to feel more relaxed and energized?
- Do you want to watch me and other professors pick through the piles of undergraduate garbage that the melting snow has revealed (I'm looking at you Psych 681 students)?

Well, then join us for the **annual campus clean up event** where we will harness the benefits of volunteering and an hour outside to improve our mental health and clean up the campus.

<https://ucalgary.ca/facilities/clean-up>

All psychology staff, students and faculty are invited to join our clean up team. Email me (ltomfohr@ucalgary.ca) if you're planning on coming and I'll register you with the Psychology Department team. We will meet on the main floor of the administration building outside on April 26th at 10:45am for a group picture before we head off to divert some recycling from the landfill, use an ample amount of hand sanitizer and then share a meal together.

I love to hang out with all of you and I really love to recycle, so please consider joining us for even a half an hour. There will be a prize for the Psych Department team member who collects the most garbage.

Looking forward to seeing you there!

Lianne Tomfohr



The **Cognitive Science Seminar** is a weekly seminar featuring one-two presenters (PI's, post-docs, graduate students, etc) who present on their research. We invite any and all interested individuals to join us.

**Cognitive Science Seminar**  
 11 am – 12 pm  
 AD 248  
 April 26, 2019  
 Hongye Wang



### **Faculty of Arts Workshop: Bystander Intervention Training Program**

Build your skillset on recognizing and intervening in situations that could involve violence, harassment, bullying, or emotional distress. Please join staff from Student Services for an interactive session specifically for the Faculty of Arts to discuss practical approaches to these situations on campus.

**Date:** Thursday April 18

**Time:** 1:30-3.30pm

**Place:** SS1339 (13<sup>th</sup> Floor, Social Sciences)

The session is open to faculty and staff, and refreshments will be provided.

Please RSVP to [artsrsvp@ucalgary.ca](mailto:artsrsvp@ucalgary.ca) by April 15.

## EVENTS Continued...

**Your Voice Matters: A dialogue about Student Mental Health**

Join Student Wellness Services in shaping a voluntary standard that will help post-secondary institutions promote and support student mental health – on and off campus.

Let us know what you think are the best ways to promote student mental health, what barriers students face when trying to attain optimum mental health, and what you think post-secondary institutions should do to better support students and their mental health.

**Consultations will be held on the following dates in MacEwan Centre MSC458**  
**Thursday April 18, 2019 12pm – 2pm (students, staff, and faculty)**

**RSVP:** [ucalgary.ca/wellnesscentre/MHCC](http://ucalgary.ca/wellnesscentre/MHCC)

Supported by the Mental Health Commission of Canada

**Peer Listeners are here for you.**

Peer listening is a free, confidential and non-judgmental place to talk to someone for support. Peer Listeners are available for students wanting to connect with other students, or who are seeking support for personal and/or academic concerns. All our Peer Listeners are student volunteers that have undergone training in active listening and crisis response. They know the stresses of being a university student, and are available to chat with you about your unique experience.

**Drop in at: The Well (MSC 373) weekdays from 2 - 4 p.m. We're here and ready to listen.**

**2019 Owerko Centre Conference****“The Markers of Mental Health in Neurodevelopment”**

Wednesday, June 05, 2019  
 8:00 am – 5:00 pm  
 Program begins at 8:45 am

Theatre Four, Health Sciences Centre and HRIC Atrium, Foothills Campus

Registration deadline: May 27, 2019  
 Abstract submission by: May 22, 2019

Awards, wine and cheese to follow program from 3:20 pm to 5:00 pm

[REGISTER](#)

# Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication.  
Keep it up!



“JERSEY”  
4 year old, female  
Retriever, Labrador/Setter, Irish

Meet Jersey and her friends at the [Calgary Humane Society](#)

Do you have something you would like to include in the Monday Memo newsletter? Please send it to [ggallo@ucalgary.ca](mailto:ggallo@ucalgary.ca) before Thursday at noon.

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