



UNIVERSITY OF  
CALGARY

# MONDAY MEMO

AUG 24 & 31, 2020

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## DEPARTMENT NEWS

### HIGHLIGHTED PUBLICATION



Farstad, S. M., & von Ranson, K. M. (2020). Binge eating and gambling are prospectively associated with common and distinct deficits in emotion regulation among community women. *Canadian Journal of Behavioural Science*. <http://dx.doi.org/10.1037/cbs0000239>



To elucidate similarities and differences between binge eating and a behavioural addiction, this prospective study compared facets of emotion regulation that were associated with problem gambling, the only formally recognised behavioural addiction, and binge eating. Community-based women ( $N = 202$ ) who engaged in at-risk binge eating ( $n = 79$ ), at-risk gambling ( $n = 36$ ), or both ( $n = 87$ ) completed four online assessments over 6 months. Baseline and 6-month surveys assessed self-reported emotion dysregulation (using the Difficulties in Emotion Regulation Scale [DERS] and UPPS-P), binge eating (using the Eating Disorder Examination—Questionnaire), and gambling (using the Problem Gambling Severity Index); abbreviated 2- and 4-month surveys assessed only binge eating and gambling. Binge eating and problem gambling were both associated with emotion dysregulation, and greater positive urgency was correlated with more severe problem gambling but less frequent binge eating. Negative urgency explained no unique variance in binge eating or problem gambling changes over time once other facets of emotion dysregulation (i.e., positive urgency and facets assessed by the DERS) were included. Thus, previous cross-sectional research may have overestimated the association of negative urgency with both binge eating and problem gambling. Overall, these findings suggest that binge eating and problem gambling are associated with common as well as distinct emotion regulation deficits.

## RESEARCH NOTES AND ACTIVITIES

Fuentes, M. A., Zelaya, D. G., & **Madsen, J. W.** (in press). Rethinking the course syllabus: Considerations for promoting equity, diversity and inclusion. *Teaching of Psychology*.

Prentice, J.L., Schaeffer, M.J., Wall, A.K., & **Callahan, B.L.** (2020). A systematic review and comparison of neurocognitive features of late-life attention deficit/hyperactivity disorder and dementia with Lewy bodies. *Journal of Geriatric Psychiatry and Neurology*, 1-16, <https://doi.org/10.1177/0891988720944251>

Youngstrom, E. A., Prinstein, M. J., **Mash, E. J.**, & Barkley, R. A. (Eds.). (2020). /Assessment of disorders in childhood and adolescence/ (5th ed.). New York: Guilford. <https://www.guilford.com/books/Assessment-of-Disorders-in-Childhood-and-Adolescence/Youngstrom-Prinstein-Mash-Barkley/9781462543632>

Hunsley, J., & **Mash, E. J.** (2020). The role of assessment in evidence-based practice. In M. M. Anthony & D. A. Barlow (Eds.), /Handbook of assessment and treatment planning for psychological disorders/ (3rd ed., pp. 2-23). New York: Guilford. <https://www.guilford.com/books/Handbook-Assessment-Treatment-Planning-Psychological-Disorders/Antony-Barlow/9781462544882/contents>

**Russell KB**, Merz EL, Reynolds K, Schulte F, **Tomfohr-Madsen L** (2020) Sleep disturbances in survivors of pediatric acute lymphoblastic leukemia and their siblings. *Journal of Pediatric Psychology*. doi: [10.1093/jpepsy/jsaa043](https://doi.org/10.1093/jpepsy/jsaa043)

Brykman, K., & **O'Neill, T. A.** (in press). Beyond aggregation: How voice disparity relates to team conflict, satisfaction, and performance. *Small Group Research*.

Deacon, A., **O'Neill, T. A.**, & Gilfoyle, E. (in press). A qualitative exploration of the impact of a distressed family member on pediatric resuscitation teams. *Hospital Pediatrics*.

Deacon, A., **O'Neill, T. A.**, Gilfoyle, E. (in press). A scoping review of the impact of family presence on pediatric resuscitation team members. *Pediatric Critical Care Medicine*.

Handke, L., Costa, P. L., Klonek, F. E., **O'Neill, T. A.**, & Parker, S. K. (in press). Team perceived virtuality: An emergent state perspective. *European Journal of Work and Organizational Psychology*.

Larson, N., McLarnon, M. J. W., & **O'Neill, T. A.** (in press). Challenging the "Static" Quo: Trajectories of engagement in team processes toward a deadline. *Journal of Applied Psychology*. doi: [10.1037/apl0000479](https://doi.org/10.1037/apl0000479)

## EVENTS

### **Celebrating 10 Years: APrON Achievements & Evolution**

The Alberta Pregnancy Outcome and Nutrition (APrON) Study has hit a major milestone – they're turning 10 years old! To celebrate, they're going to share 10 years of accomplishments and discoveries with the community. Join APrON for the "Celebrating 10 Years: APrON Achievements and Evolution" conference on Oct 29 and Oct 30 online. Registration is free thanks to the generous contributions of our funders. This is a great opportunity for students, faculty and staff to learn about cutting-edge research in maternal-child health, produced by an interdisciplinary team of researchers, including psychologists, nutritionists, epidemiologists and nurses, at institutions across Alberta, including U of A, U of C, U of L, and AU. Keynote speakers include: Dr. Padmaja Sabbarao, Director of the CHILD Study, Dr. Nic Timpson, Primary Investigator of the ALSPAC Study, and Dr. Meredith O'Connor, of the Australian Temperament Project (ATP) Generation 3 Study.

**Celebrating 10 Years:  
APrON Achievements & Evolution**

**FREE REGISTRATION!** **APrON** Alberta Pregnancy Outcomes and Nutrition **LIMITED SPOTS!**

**JOIN US ONLINE**

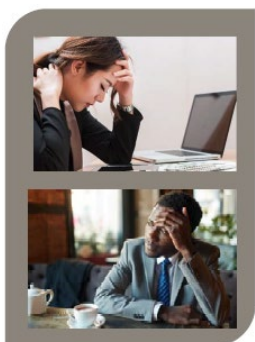
**OCTOBER 29<sup>TH</sup> & 30<sup>TH</sup> 2020**

Register at:  
[apron2020.eventbrite.com](https://apron2020.eventbrite.com)

UNIVERSITY OF ALBERTA UNIVERSITY OF CALGARY Athabasca University CAMPUS ALBERTA CIHR IRSC Children's HOSPITAL of ALBERTA

Registration and more information here: [www.apron2020.eventbrite.ca](https://www.apron2020.eventbrite.ca)

## EVENTS Continued...



### Mental Illness/Addiction Study is seeking Research Participants:

#### UCALGARY FACULTY (Tenured and Non-Tenured)

This exploratory study proposes to examine how UCalgary faculty (tenured and non-tenured) members are influenced by institutional culture and are navigating academia with lived experience of mental illness and/or substance use disorders. (REB 19-0271)

Participants will receive a \$50 honorarium.

PLEASE CONTACT: Dr. Jacqueline Smith (Faculty of Nursing) [Jacqueline.smith1@ucalgary.ca](mailto:Jacqueline.smith1@ucalgary.ca)

## PSYCHOLOGY IN THE NEWS

Dr. Thomas O'Neill in the Edtech Examined Podcast "[#5: Building better teams](#)"

Drs. Sheri Madigan and Nicole Racine in The Conversation "[How to help your child cope with the transition back to school during COVID-19](#)"

Dr. Lianne Tomfohr-Madsen in National Interest "[Coronavirus: How Parental Anxiety Effects Children](#)"

Dr. Cara MacInnis and Elena Buliga in MinnPost "[People feel more positive toward strangers who share their political views than toward friends who don't, study suggests](#)"

Dr. Keith Dobson in the Calgary Herald "[Mental health concerns 'sky-high' as pandemic continues to impact everyday life and coming school year](#)"

Dr. Sheri Madigan on CTV News "[Coping with going back to school](#)"



## VOLUNTEER AND JOB POSTINGS

### For Undergraduate Students

#### Volunteer at a Private Psychology Practice

We are looking for an undergraduate psychology student interested in doing **four to six hours** of volunteer work per week for an **8 to 12-month commitment**. We are a group of psychologists who specialize in personal and career counselling, as well as industrial/organizational psychology. Our firms are: **Calgary Career Counselling** ([www.calgarycareercounselling.com](http://www.calgarycareercounselling.com)), **Synthesis Psychology** ([www.synthesispsychology.com](http://www.synthesispsychology.com)), & **Leadership Success Group** ([www.leadershipsuccessgroup.com](http://www.leadershipsuccessgroup.com)). Our office is in the heart of trendy Kensington and we offer the opportunity to work with a great team of people as you assist with general office administration, assessments, editing, research and marketing for our firms. We are looking for a motivated, professional, and detail-oriented student who has experience in an office environment. Interested? Please send your **cover letter** and **resume** by email to: Madyson Huck, Office Coordinator ([madyson@calgarycareercounselling.com](mailto:madyson@calgarycareercounselling.com))

### For Graduate Students, Faculty, & Staff

#### Masters in Experimental Psychology with Specialization in Wearable Technology

**The Healthy Families Lab** at the University of Calgary is advertising for a **MSc or PhD student** in an experimental psychology with an interest in exercise and sleep during the transition to parenthood. The student would become part of an innovative line of research investigating interventions to improve and preserve health behaviours (e.g., sleep and exercise) during the transition to parenthood and the role of digital and wearable technology in both assessment and health promotion. Primarily supervised at the University of Calgary, the student would have the opportunity to be a part of the wearable technology program and to collaborate with the Behavioural Medicine Lab at the University of Victoria.

Interested students are encouraged to reach out to Dr. Tomfohr-Madsen for more details. <https://www.healthyfamilieslab.com/>

## VOLUNTEER AND JOB POSTINGS Continued...

### Tenure-Track Appointment in Psychology at Queen's University

The Department of Psychology at Queen's University invites applications for a tenure-track position at the rank of Assistant Professor, in the field of Child and/or Adolescent Clinical Psychology. Candidates will have proven expertise in etiology, treatment, and/or prevention, in addition to teaching, research, and clinical interests related to child and/or adolescent clinical psychology. A research program that focuses on racialized/minoritized populations or communities, as well as associated forms of oppression, would be considered a major asset (e.g., cultural patterning of disorders, racialized/minoritized distress, culturally-adapted treatments and services, community-based prevention, etc.). The preferred start date for this appointment is July 1, 2021. To find out more about this position and how to apply, please visit:

[https://www.queensu.ca/psychology/sites/webpublish.queensu.ca.psywww/files/files/Job%20Opportunities/Child\\_and\\_Adolescent\\_Clinical\\_%20Pyc%20Job\\_Ad.pdf](https://www.queensu.ca/psychology/sites/webpublish.queensu.ca.psywww/files/files/Job%20Opportunities/Child_and_Adolescent_Clinical_%20Pyc%20Job_Ad.pdf)

### Clinical Psychology Position at University of Richmond

The **University of Richmond** Department of Psychology invites applications for a **full-time tenure-track position** at the **rank of Assistant Professor** with training in **clinical psychology** or an associated field, with expertise and a research program in one or more of the following areas: (a) mental health disparities; (b) diversity sciences; (c) child/adolescent studies; (d) lifespan studies; and/or (e) family systems. The position begins in the 2021-22 academic year. To find out more about this position and how to apply, please visit:

[https://richmond.csod.com/ats/careersite/jobdetails.aspx?site=1&c=richmond&id=2063&source=chronicle\\_new](https://richmond.csod.com/ats/careersite/jobdetails.aspx?site=1&c=richmond&id=2063&source=chronicle_new)

### Tenure-track faculty position at East Tennessee State University

The Department of Psychology at **East Tennessee State University** invites applications for a **tenure-track Assistant Professor** position in Health Service Psychology, beginning 8/15/21. ALL areas of **clinical/counseling psychology** will be considered. Interest or experience in health psychology is preferred. Applicants must have completed an APA accredited doctoral program in clinical or counseling psychology and an APA accredited psychology internship by 12/31/21, or be currently licensed as a doctoral-level psychologist. Eventual licensure in Tennessee is expected, as supervision of our clinical psychology students rotates among clinical faculty as part of their teaching load. Candidates from underrepresented groups are especially encouraged to apply. To find out more about this position and how to apply, please visit: <https://jobs.etsu.edu/postings/15931>

### Postdoctoral Position in Contemplative Neuroscience at McLean Hospital/Harvard Medical School

A **postdoctoral position** is available under the mentorship of Drs. Matthew D. Sacchet, David H. Rosmarin, and Diego A. Pizzagalli within the Laboratory for Affective and Translational Neuroscience (LATN) and Spirituality and Mental Health Program (SMHP) at **McLean Hospital/Harvard Medical School**. The candidate will be expected to lead and collaborate on projects that advance the neuroscience of prayer and meditation. Dr. Sacchet's current research focuses on the neuroscience of advanced meditation and meditation training for depression (<https://meditation.mclean.harvard.edu>). These studies employ a wide variety of approaches, including but not limited to high-density EEG, MEG, MRI (including functional, diffusion, and perfusion), computational modeling and machine learning, assays of hormonal/inflammatory markers, and wearables and experience sampling. Opportunities will be available to pursue independent research and interdisciplinary collaborations across Harvard Medical School. Depending on research focus, candidates will have access to research-dedicated human MRI scanners (3 T, 4 T, and 7 T), as well as two high-density EEG systems and a MEG system.

**Qualifications:** A strong background in fast event-related and/or block design task-based functional MRI techniques is required. Expertise in contemplative neuroscience (e.g., prayer, meditation, and/or spirituality) is desired though not required. Additional experience with a second imaging modality and in clinical psychology and computational approaches (e.g., computational modeling, machine learning) will also be considered.

To apply, send a CV, a cover letter describing research interests, as well as names and email addresses of three references to Matthew D. Sacchet ([msacchet@mclean.harvard.edu](mailto:msacchet@mclean.harvard.edu)). Review of applications will begin immediately (expected start date: late 2020, although other timeframes may be possible).

### Assistant or Associate Professor in the UCLA Department of Psychology

The **UCLA Department of Psychology** seeks to hire a **full-time, tenure-track Assistant or tenured Associate Professor** with a specialty in clinical depression. We are interested in applicants pursuing innovative research with human participants to advance the understanding of affective, cognitive, environmental, social, cultural, or biobehavioral processes contributing to the etiology, maintenance, prevention, and/or treatment of depression. To find out more about this position and how to apply, please visit: <https://recruit.apo.ucla.edu/JPF05787>

# Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



**Do you have something you would like to include in the Monday Memo newsletter? Please send it to [pnguy@ucalgary.ca](mailto:pnguy@ucalgary.ca) before Thursday at noon.**

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