



UNIVERSITY OF
CALGARY

MONDAY MEMO

February 24, 2020

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DEPARTMENT NEWS

HIGHLIGHTED PUBLICATION



Larson, N., McLarnon, J. W., & O'Neill, T. A. (in press). Challenging the "Static" Quo: Trajectories of engagement in team processes toward a deadline. *Journal of Applied Psychology*. Advance online publication. doi: [10.1037/apl0000479](https://doi.org/10.1037/apl0000479)



Although team effectiveness research has advanced our understanding of team processes, much of this research has been based on static methodologies, despite the recognition that team processes change over time. Thus, the purpose of this article is to advance the team dynamics literature by developing and testing a theoretical account of team engagement in processes toward a deadline. We theorize about team process trajectories, which we suggest is the form of process change over time (i.e., pattern of increase/decrease). Further, we identify a key driver of process trajectories and consider the implications of trajectories for team performance. Results from a series of linear multilevel latent growth models suggested that teams' engagement in strategy and planning, monitoring goal progress, and cooperative conflict management (cf. Marks, Mathieu, & Zaccaro, 2001) increased over time toward a deadline, and that steeper increases tended to be positively related to team performance. Finally, achievement-striving was found to be an important within-team factor driving team-specific process trajectories and was indirectly related to performance. This study provides new theoretical insights with respect to how teams engage in processes toward a deadline, along with team achievement-striving as a compositional input, and the performance implications of team process trajectories.

RESEARCH NOTES AND ACTIVITIES

- Bourdage, J. S.**, Schmidt, J., Wiltshire, J., Nguyen, B., & Lee, C. (2019). Personality, interview faking, and the mediating role of attitudes, norms, and perceived behavioral control. *International Journal of Selection and Assessment*. <https://doi.org/10.1111/ijsa.12278>
- Deleemans, J. M., Chleilat, F., Reimer, R. A., Henning, J. W., Baydoun, M., Piedalue, K. A., ... **Carlson, L. E.** (2019). The chemo-gut study: investigating the long-term effects of chemotherapy on gut microbiota, metabolic, immune, psychological and cognitive parameters in young adult Cancer survivors; study protocol. *BMC cancer*, 19(1), 1243. [doi:10.1186/s12885-019-6473-8](https://doi.org/10.1186/s12885-019-6473-8)
- Martopullo, C., Oberoi, D., Levin, G., Qureshi, M., Morgan-Maver, E., Korzeniewski, O., ... Bultz, B. D. (2019). Among authors: **Carlson L.E. & Pelletier G.** "In the same boat"-a mixed-methods exploration of reasons why male gastrointestinal cancer patients joined a professionally led men-only cancer support group. *Journal of cancer survivorship : research and practice*, 10.1007/s11764-019-00838-x. Advance online publication. [doi:10.1007/s11764-019-00838-x](https://doi.org/10.1007/s11764-019-00838-x)
- Larson, N., McLarnon, J. W., & **O'Neill, T. A.** (in press). Challenging the "Static" Quo: Trajectories of engagement in team processes toward a deadline. *Journal of Applied Psychology*. Advance online publication. [doi: 10.1037/apl0000479](https://doi.org/10.1037/apl0000479)
- McLaren-Gradinaru, M., Bures, F., Dhillon, I., Retsinas, A., Umiltà, A., Hannah, J., ... & **Iaria, G.** (2020). A Novel Training Program to Improve Human Spatial Orientation: Preliminary Findings. *Frontiers in Human Neuroscience*, 14, 5. doi.org/10.3389/fnhum.2020.00005
- O'Neill, T. A.**, Pezer, L., Solis, L., Larson, N., Maynard, N., Dolphin, G., Brennan, R., & Li, S. (in press). Team dynamics feedback for post-secondary student learning teams: Introducing the "Bare CARE" assessment and report. *Assessment and Evaluation in Higher Education*. doi: [10.1080/02602938.2020.1727412](https://doi.org/10.1080/02602938.2020.1727412)

RESOURCES

Knowledge Mobilization Program



Bishop's University now offers a graduate certificate in the emerging field of Knowledge Mobilization. With a Graduate Certificate in Knowledge Mobilization from Bishop's University, you can become the bridge between researchers, policy makers, and practitioners. Our short intensive program will give you the key skills to build community-academic partnerships and put research results into the hands of those who need it.

- Complete a 15-credit program in just 12 weeks from May-July
- Gain 6 weeks of hands-on work experience through a community-based practicum
- Master skills that are in demand by employers and graduate supervisors

Apply by **March 1, 2020**: ubishops.ca/admissions

Questions? Contact Dr. Suzanne Hood shood@ubishops.ca

EPPP 4-Day Workshop - Four Points Sheraton

March 12-15, 2020 (8am - 5:30pm Daily) • Calgary, Alberta



This engaging and comprehensive workshop offers 32 hours of test preparation and an extensive overview of the most difficult and heavily emphasized areas, current and relevant information focused on those terms and concepts which appear most frequently on the examination, critical thinking skills and testing strategies, as well as content handouts that include over 100 sample study questions.

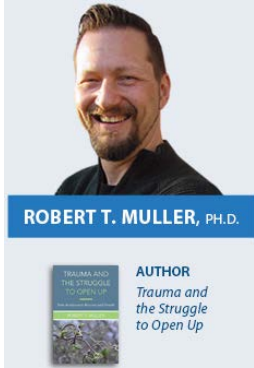
DOMAINS COVERED:

- | | | |
|--|---|---|
| <ul style="list-style-type: none"> • Abnormal Psychology • Clinical Psychology • Statistics and Research Design • Test Construction • Life Span Development | <ul style="list-style-type: none"> • Industrial/Organizational Psychology • Physiological Psychology and Psychopharmacology • Ethics and Professional Issues | <ul style="list-style-type: none"> • Learning Theory, Behavioral and Cognitive-Behavioral Interventions & Memory and Forgetting • Social Psychology • Psychological Assessment |
|--|---|---|

For those interested, please enroll at: <https://behavioral-science.aatbs.com/eppp-workshop/mar2020/calgary/>

Note: Students can reach out to Kevin Norton (kevin.norton@triadhq.com) for a \$200 discount off the enrollment rate.

RESOURCES Continued...



Trauma and the Struggle to Open Up

Two-day workshop in Calgary March 23 & 24 being offered by Dr. Robert Muller from York University

This practical workshop, led by Dr. Robert T. Muller, a leading expert on trauma therapy and globally-acclaimed author of the psychotherapy bestsellers: *Trauma & the Avoidant Client* + *Trauma and the Struggle to Open Up*—is aimed at building your understanding of the psychotherapeutic relationship with challenging clients, particularly trauma clients. Through the lens of attachment theory, using a relational, integrative approach, Dr. Muller follows the ups and downs of the therapy relationship with trauma survivors. Dr. Muller will walk you through the relational approaches that help pace the process of opening up – so that people find the experience helpful, not harmful. Throughout the workshop, theory is complemented by case examples, practical exercises, and segments from Dr. Muller's own treatment sessions. This workshop focuses on clinical skills that are directly applicable in your work as therapists. You will learn specific skills to ensure ethical practice with all clients. Please register at: <http://www.jackhirose.com/workshop/trauma-calgary/>

EVENTS

Sources of Stress and Resilience in Refugees

Monday, March 2, 2020, 12:00- 1:00 pm, Administration 247

Hilal Altunay- Yilmaz / Center for Advancing Learning and Teaching / Middle East Technical University, Ankara, Turkey

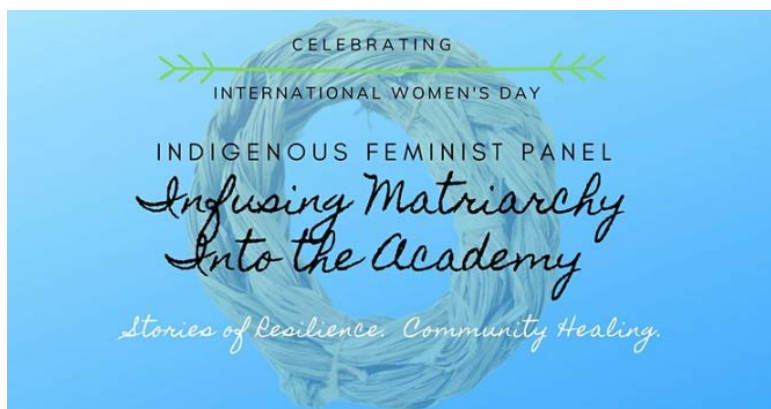
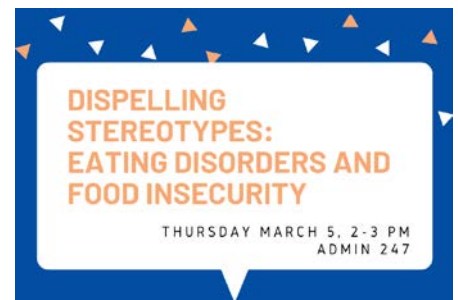
Refugees experience a large number of life stressors that stem from personal, social, and structural factors associated with the reasons for their refugee status. On the other hand, refugees often bring to their experience factors that contribute to their resilience, and can mitigate the stress associated with refugee status. Unfortunately, Turkey is a place in the world now that has large numbers of refugees, especially from Syria and associated combat areas. Based on ample experience of work with refugees, Hilal Altunay- Yilmaz will discuss the major issues associated with working with refugees, and will provide suggestions for researchers and practitioners who either do or who wish to work with refugees in other areas of the world. The presentation will be take approximately 30 minutes, and there will be ample time for discussion.

Dispelling Stereotypes: Eating Disorders and Food Insecurity

Thursday March 5, 2-3pm, Admin 247

You're invited to attend a lecture by distinguished clinical psychologist and eating disorders researcher Dr. Carolyn Black Becker on her recent research on food insecurity. Dr. Becker is renowned for her work testing and disseminating the body dissatisfaction prevention program The Body Project, exposure therapy for eating disorders and PTSD, and more.

*If you would like to attend, please RSVP to kvonrans@ucalgary.ca by Monday, March 2

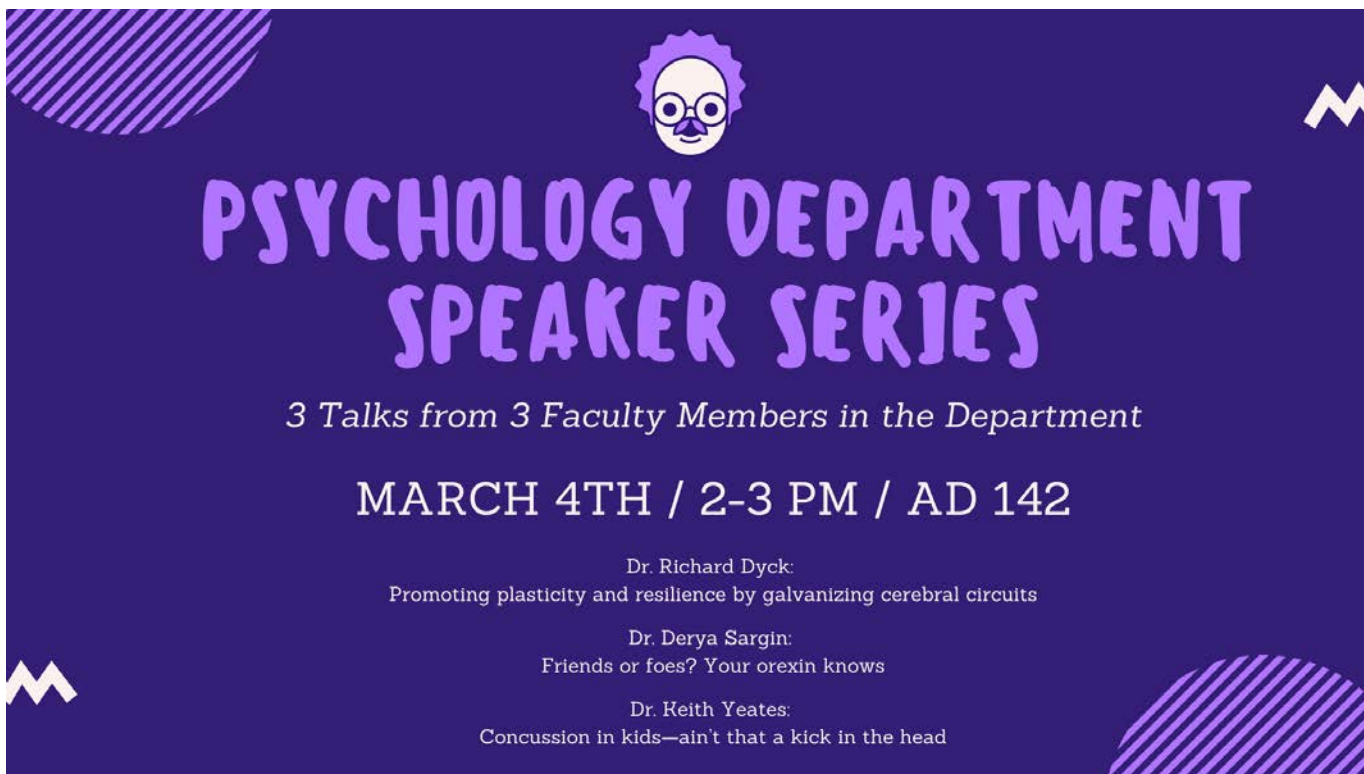



Indigenous Feminism Panel

Come celebrate International Women's Day 2020 with a panel of inspiring Indigenous academics discussing matriarchy, and their personal stories of resilience. Join us in community healing amongst Elders, fellow students, and community members. All are welcome to attend our free event, Indigenous Feminist Panel: *Infusing Matriarchy Into the Academy* at the University of Calgary on Friday, **March 6th from 11 am - 1 pm**.

Registration is required due to limited space (by Feb 28): <https://www.eventbrite.com/e/indigenous-feminist-panel-infusing-matriarchy-into-the-academy-tickets-93341530029>

EVENTS Continued...





PSYCHOLOGY DEPARTMENT SPEAKER SERIES

3 Talks from 3 Faculty Members in the Department

MARCH 4TH / 2-3 PM / AD 142

Dr. Richard Dyck:
Promoting plasticity and resilience by galvanizing cerebral circuits

Dr. Derya Sargin:
Friends or foes? Your orexin knows

Dr. Keith Yeates:
Concussion in kids—ain't that a kick in the head

Psychiatry (Seb Littmann) Research Day

The **33rd Annual Sebastian K. Littmann Research Day** will be held on **Friday March 6, 2020**. The research day is a component of the inaugural Departmental Research and Education Day, which also includes the upcoming Psychiatric Quarterly Update Anxiety half day: https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/10231

The research day will feature Dr. Nicole Kozloff of the University of Toronto, speaking on "Optimizing service delivery for youth and emerging adults with serious mental illness" and the University of Calgary's Dr. Frank Stahnisch "Contextualizing Dr. Sebastian Klaus Littmann's (1931-1986) Career within Psychiatry's Community-Based Transitions, 1970s--1980s -- A CJP Paper Summary".

Registration is now open at EventBrite: <https://www.eventbrite.ca/e/33rd-sebastian-k-littmann-research-day-2020-tickets-83857288407>

Attending the research day is free, but your registration helps with our planning, so please register if you plan to attend.

52nd Banff International Conference on Behavioural Science

The 52nd Banff International Conference on Behavioural Science features "Mindfulness for Families, Schools, and Communities: From Promotion to Intervention", **March 15 to 18, 2020**. Details at: <https://banffbehavsci.ubc.ca>. The conference will feature research documenting the benefits of mindfulness practices with regard to improving attention and emotion regulation, and workshops focusing upon skill acquisition in relieving distress, cultivating well-being, and improving health across the life-span in both the general population and clinical populations. If you have any questions, please contact Sue Kim at hkim725@uwo.ca

Please register for this event at: <https://bweventsolutions.regfox.com/banff-international-conferences-on-behavioural-science-2020>



The 33rd Annual Sebastian K. Littmann Research Day
Friday March 6, 2020, Coombs/Auditorium FMC



Keynote Presentation:
Dr. Nicole Kozloff, CAMH/University of Toronto
"If you build it, will they come? Optimizing service delivery for youth and emerging adults with serious mental illness"

Abstract Deadline
February 14, 2020



Abstract forms & updated
information available at:
www.psychiatryresearchday.ca

Special Presentation:
Professor Frank Stahnisch,

"Contextualizing Dr. Sebastian Klaus Littmann's
(1931-1986) Career within Psychiatry's
Community-Based Transitions"



EVENTS Continued...

Celebrating 10 Years: APrON Achievements & Evolution



A team of expert researchers and clinicians has been continuously collecting data on thousands of mothers, fathers and their children over the last ten years. To celebrate this achievement, the conference will feature APrON investigators speaking to the findings of pivotal studies plus a keynote address from Dr. Padmaja Subbarao, director of the Canadian Healthy Infant Longitudinal Development (CHILD) study. It is the largest birth cohort study in Canada. "We are delighted to share the amazing findings that are emerging from the APrON cohort data. We have so much to be proud of and are looking forward to another 10 years of success!" says APrON's principle investigator Dr. Nicole Letourneau, PhD, and holder of the Alberta Children's Hospital Foundation Research Chair in Parent-Infant Mental Health.

More information here: www.apron2020.eventbrite.ca

The Social, Personality, and Social Development (SPSD) Psychology Research Group meets **Mondays from 3:00pm – 4:30pm in Admin 248** to discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

This week, **February 24, 2020**, we have the pleasure of having honours student **Emily Bernier** present research titled "**Self-esteem: a determining factor of your fate?**"

As always, everyone is welcome to attend, and please feel free to bring along anyone else who might be interested!



The Cognitive Science Seminar (CSS) is a weekly seminar featuring one to two research presentations by faculty, post-docs, graduate students, and honours students at the University of Calgary. We invite all interested individuals to join us!

Thursday, February 27, 2020 / 4:00 pm - 5:00 pm / AD 051-053

This week **Michael McLaren-Gradinaru** will be presenting his research on "**Future steps in understanding cognitive map training.**"

VOLUNTEER AND JOB POSTINGS

Masters in Experimental Psychology with Specialization in Wearable Technology

The Healthy Families Lab at the University of Calgary is advertising for a **MSc or PhD student** in an experimental psychology with an interest in exercise and sleep during the transition to parenthood. The student would become part of an innovative line of research investigating interventions to improve and preserve health behaviours (e.g., sleep and exercise) during the transition to parenthood and the role of digital and wearable technology in both assessment and health promotion. Primarily supervised at the University of Calgary, the student would have the opportunity to be a part of the wearable technology program and to collaborate with the Behavioural Medicine Lab at the University of Victoria.

Interested students are encouraged to reach out to Dr. Tomfohr-Madsen for more details. <https://www.healthyfamilieslab.com/>

Postdoctoral Fellow in Clinical and Developmental Psychology

The **Developmental Psychobiology laboratory** at the University of Calgary is looking for a **postdoctoral fellow in clinical and developmental psychology** to join a CIHR-funded study investigating the links between gut microbiota and mental health in children and adolescents. For further details please go to [https://careers.ucalgary.ca/jobs/search?utf8=%3F&cf\[jobreqid\]=20038&c_keywords=20038#results](https://careers.ucalgary.ca/jobs/search?utf8=%3F&cf[jobreqid]=20038&c_keywords=20038#results). Interested applicants should contact Dr. Giesbrecht at ggiesbre@ucalgary.ca

VOLUNTEER AND JOB POSTINGS Continued...

Dr. Janet Ronsky is looking for a **Master's or recently graduated Master's student** to work on a **patient-oriented research project evaluating a novel knee brace for osteoarthritis**. This project represents an opportunity to work directly with patients in the research process, and to evaluate the outcomes of adopting a patient-oriented research approach. Therefore, the focus of this project is to (1) strengthen our preliminary clinical trial plan by refining the priorities, design and desired outcomes, and (2) complete and evaluate a pilot clinical trial based on patient and knowledge-user participation in all phases of the project. **Term:** 1-year (starting between May and September 2020)

Responsibilities:

The selected candidate will be supervised by Dr. Janet Ronsky and will play a key role in all aspects of the project including proposal refinement, data collection and analysis, and knowledge translation and dissemination. This project could form the basis for a Master's level thesis.

- Plan and lead focus groups with research team members and patient partners
- Work closely with the study research coordinator(s)
- Collect and analyse participant data
- Prepare regular study updates and reports for the research team
- Prepare abstracts and manuscripts for submission to conferences and journals

Please contact Dr. Emily Bishop (elbishop@ucalgary.ca) for more information about the position and required qualifications.

ATTENTION: Seeking Supervisors for the 2020 AIM-HI Experiential Internship Opportunity

Are you an Indigenous organization or a principal investigator looking for research assistance? The Alberta Indigenous Mentorship in Health Innovation (AIM-HI) Network is seeking supervisors to provide internships or research assistant positions for Indigenous graduate students applying to our 2020 Experiential Internship funding opportunity. The AIM-HI Network will support the salary of First Nations, Métis and Inuit graduate (Masters or PhD) students engaging in a defined health sciences research project, outside of their own thesis work, for the duration of the project term. A salary of \$2,500.00 per month fulltime equivalent (140 hours), to a maximum of \$10,000.00 (4 months), will be awarded .

If you are interested in this opportunity, please send the following information to aimhi@ucalgary.ca by **February 28, 2020**:

- A brief description of your proposed internship or research project, (i.e. title, topic, and status)
- A brief description of the primary tasks/activities the student will be supporting
- Contact information (i.e. name, preferred email)
- Academic affiliation (i.e. institution, department, faculty)

Questions? Please contact us at aimhi@ucalgary.ca or learn more about this opportunity on our [website](#)

Department of Psychology –PSYCHOLOGIST, CMHRT (part time 17.5 hours/week)

As a part-time staff psychologist in the CMHRT, you will be a vital member of the Clinical Area of our Psychology department. You will provide clinical supervision and training of clinical graduate students and residents in conducting comprehensive diagnostic and cognitive assessments, case formulation, and evidence-based therapy for children, adolescents and adults. The CMHRT is a vibrant learning environment and you will have the opportunity to attend weekly Clinical Area activities of research presentations, client conferences, and clinical workshops. Reporting to the CMHRT Director and Director of Clinical Training, you will be a valued partner in helping our Centre and training program to thrive and develop.

The posting is now open and we are hoping to have a psychologist in place by **July 1 2020**.

For further information about the position, please contact Dr. Marjory Phillips, Director, CMHRT at marjory.phillips@uwaterloo.ca. Please also refer to the job ad for more information and for submission of an application ([Psychologist, CMHRT job ad](#))

The Department of Psychiatry at **Mount Sinai Hospital and the University of Toronto** now welcome applications for a **Postdoctoral Research Fellow**. They were recently awarded by the Patient Centered Outcomes Research Institute (PCORI) to conduct a large, multi-site trial that aims to scale-up psychological treatments for perinatal depression and anxiety (www.thesummittrial.com). This is an exciting opportunity to work with a large and interdisciplinary group of researchers, clinicians and diverse stakeholders in real-world settings.

Responsibilities, qualifications and submission procedures are detailed in the link below.

- [Postdoctoral Fellow position](#), begins July 2020 (PhD in Clinical or Counselling Psychology preferred)

For further questions please contact Sarah Rachel Katz (SarahRachel.Katz@sinaihealthsystem.ca)

VOLUNTEER AND JOB POSTINGS Continued...

The Department of Psychology, **University of Prince Edward Island** is seeking a **Clinical Psychologist** to work within the Psychology Training Clinic which serves as a primary placement for clinical training of graduate students in the Doctor of Psychology program. The psychologist will work solely within the psychology clinic which, in turn, operates within a multidisciplinary health center that will include physical medicine, psychiatry, nursing and potentially other health-related professionals. The psychologist will report directly to the Director of Clinical Training.

For more information please visit: <https://www.upei.ca/hr/competition/28e20>

The Department of Psychology at **Mount Allison University** is advertising for two positions. We are looking for a **1-year term position at the rank of Lecturer or Assistant Professor** and a **1-year teaching Postdoctoral Fellow position**. The job ads are linked below:

[https://www.mta.ca/uploadedFiles/Community/Administrative_departments/Human_Resources/Employment_opportunities/Academic_full-time/ad\(68\).pdf](https://www.mta.ca/uploadedFiles/Community/Administrative_departments/Human_Resources/Employment_opportunities/Academic_full-time/ad(68).pdf)

[https://www.mta.ca/uploadedFiles/Community/Administrative_departments/Human_Resources/Employment_opportunities/Academic_full-time/ad\(69\).pdf](https://www.mta.ca/uploadedFiles/Community/Administrative_departments/Human_Resources/Employment_opportunities/Academic_full-time/ad(69).pdf)

The Department of Psychology at the **University of New Brunswick in Fredericton** invites applications for a **9-month appointment at the rank of Instructor**. The position is for an individual with expertise in both neuroscience and cognition. The appointment will start August 1, 2020. Applicants are expected to have a PhD in Psychology or be near completion. The successful candidate will be expected to teach a total of six undergraduate courses including: Introductory Psychology, Research Methods, Foundations of Biological Psychology, Foundations of Memory and Cognition, Cognition, and one course to be determined in consultation with the Chair. They also will be expected to supervise some undergraduate student research. The Department of Psychology in Fredericton has BA and BSc majors and honours programs as well as PhD programs in Clinical Psychology (CPA accredited) and Psychology. This position is subject to budgetary approval.

For more information please visit: <https://www.unb.ca/hr/careers/posting/academic.php?id=1984>

Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



“Suki”

Suki is available to adopt along with her other friends at the [Calgary Humane Society](https://calgaryhumane.org/)

Do you have something you would like to include in the Monday Memo newsletter? Please send it to pnguy@ucalgary.ca before Thursday at noon.

**Department of
Psychology**

**University of
Calgary**

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Room AD 255**

<https://psyc.ucalgary.ca/home/monday-memo>

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