



UNIVERSITY OF
CALGARY

MONDAY MEMO

March 2, 2020

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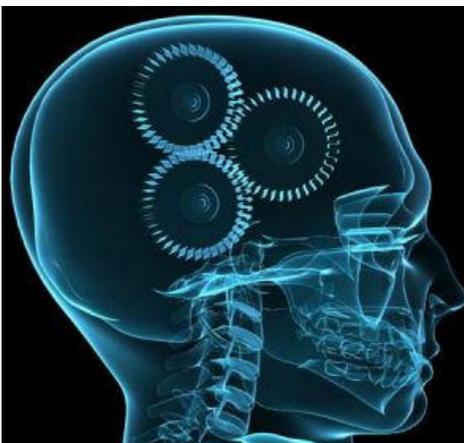
DEPARTMENT NEWS

HIGHLIGHTED PUBLICATION



Giesbrecht, G. F., Letourneau, N., **Campbell, T.,** Hart, M., Thomas, J., & **Tomfohr-Madsen, L.** (2020). Parental Use of “Cry Out” in a Community Sample During the First Year of Infant Life. *Journal of Developmental & Behavioral Pediatrics*. doi: 10.1097/DBP.0000000000000791.

The primary objective was to identify the characteristics of parents and infants and parenting practices associated with delayed responsiveness to infant crying during the first year of infant life. A secondary objective was to evaluate, in a subsample of maternal-infant pairs, the associations between delayed responsiveness to infant crying and observational measures of maternal-infant interaction and infant-maternal attachment. Results from the study revealed that parental use of “cry out” as a strategy to deal with a crying infant was associated with parental characteristics (being white and having a relatively higher income), infant characteristics (higher problematic behavior at 3 months and reduced problematic behavior at 12 months), sleep ecology (infants sleeping alone), and parental soothing strategies (less frequently taking the infant into the parent’s bed, cuddling, or carrying the crying infant). Cry out was not associated with observational measures of maternal sensitivity or infant-maternal attachment. When used selectively and in response to the specific needs and characteristics of the infant, delayed responsiveness may reduce problematic behavior and does not harm the infant’s socioemotional development.



RESEARCH NOTES AND ACTIVITIES

- Deleemans, J. M., Chleilat, F., Reimer, R. A., Henning, J. W., Baydoun, M., Piedalue, K. A., ... **Carlson, L. E.** (2019). The chemo-gut study: investigating the long-term effects of chemotherapy on gut microbiota, metabolic, immune, psychological and cognitive parameters in young adult Cancer survivors; study protocol. *BMC cancer*, *19*(1), 1243. doi:10.1186/s12885-019-6473-8
- Martopullo, C., Oberoi, D., Levin, G., Qureshi, M., Morgan-Maver, E., Korzeniewski, O., ... Bultz, B. D. (2019). Among authors: **Carlson L.E. & Pelletier G.** "In the same boat"-a mixed-methods exploration of reasons why male gastrointestinal cancer patients joined a professionally led men-only cancer support group. *Journal of cancer survivorship : research and practice*, 10.1007/s11764-019-00838-x. Advance online publication. doi:10.1007/s11764-019-00838-x
- Larson, N., McLarnon, J. W., & **O'Neill, T. A.** (in press). Challenging the "Static" Quo: Trajectories of engagement in team processes toward a deadline. *Journal of Applied Psychology*. Advance online publication. doi: 10.1037/apl0000479
- McLaren-Gradinaru, M., Bures, F., Dhillon, I., Retsinas, A., Umiltà, A., Hannah, J., ... & **Iaria, G.** (2020). A Novel Training Program to Improve Human Spatial Orientation: Preliminary Findings. *Frontiers in Human Neuroscience*, *14*, 5. doi.org/10.3389/fnhum.2020.00005
- O'Neill, T. A.**, Pezer, L., Solis, L., Larson, N., Maynard, N., Dolphin, G., Brennan, R., & Li, S. (in press). Team dynamics feedback for post-secondary student learning teams: Introducing the "Bare CARE" assessment and report. *Assessment and Evaluation in Higher Education*. doi: 10.1080/02602938.2020.1727412
- Giesbrecht, G. F., Letourneau, N., **Campbell, T.**, Hart, M., Thomas, J., & **Tomfohr-Madsen, L.** (2020). Parental Use of "Cry Out" in a Community Sample During the First Year of Infant Life. *Journal of Developmental & Behavioral Pediatrics*. doi: [10.1097/DBP.0000000000000791](https://doi.org/10.1097/DBP.0000000000000791).

RESOURCES

EPPP 4-Day Workshop - Four Points Sheraton

March 12-15, 2020 (8am - 5:30pm Daily) • Calgary, Alberta



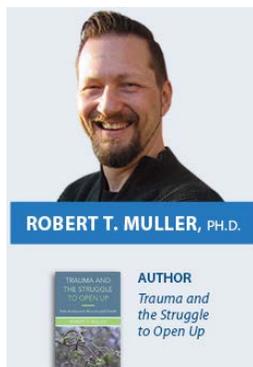
This engaging and comprehensive workshop offers 32 hours of test preparation and an extensive overview of the most difficult and heavily emphasized areas, current and relevant information focused on those terms and concepts which appear most frequently on the examination, critical thinking skills and testing strategies, as well as content handouts that include over 100 sample study questions.

DOMAINS COVERED:

- Abnormal Psychology
- Clinical Psychology
- Statistics and Research Design
- Test Construction
- Life Span Development
- Industrial/Organizational Psychology
- Physiological Psychology and Psychopharmacology
- Ethics and Professional Issues
- Learning Theory, Behavioral and Cognitive-Behavioral Interventions & Memory and Forgetting
- Social Psychology
- Psychological Assessment

For those interested, please enroll at: <https://behavioral-science.aatbs.com/eppp-workshop/mar2020/calgary/>

Note: Students can reach out to Kevin Norton (kevin.norton@triadhq.com) for a \$200 discount off the enrollment rate.



Trauma and the Struggle to Open Up

Two-day workshop in Calgary March 23 & 24 being offered by Dr. Robert Muller from York University

This practical workshop, led by Dr. Robert T. Muller, a leading expert on trauma therapy and globally-acclaimed author of the psychotherapy bestsellers: *Trauma & the Avoidant Client* + *Trauma and the Struggle to Open Up*—is aimed at building your understanding of the psychotherapeutic relationship with challenging clients, particularly trauma clients. Through the lens of attachment theory, using a relational, integrative approach, Dr. Muller follows the ups and downs of the therapy relationship with trauma survivors. Dr. Muller will walk you through the relational approaches that help pace the process of opening up — so that people find the experience helpful, not harmful. Throughout the workshop, theory is complemented by case examples, practical exercises, and segments from Dr. Muller's own treatment sessions. This workshop focuses on clinical skills that are directly applicable in your work as therapists. You will learn specific skills to ensure ethical practice with all clients. Please register at: <http://www.jackhirose.com/workshop/trauma-calgary/>

EVENTS

PARTICIPANTS NEEDED

Would you like to see your skeleton and participate in a study to help surgeons understand the normal shape of the spine? Have 20 minutes

ARE YOU ELIGIBLE?

- Between the age of 20-40
- Have no prior history of spine problems
- Are not pregnant

WHAT DO YOU HAVE TO DO?

- Complete a short questionnaire
- Get a low dose X-ray image that creates a 3D representation of your spine

WHAT DO YOU GET?

- A 10\$ Starbucks Gift Card for your time!

Please contact Ariana Frederick directly for more information (ariana.frederick@ucalgary.ca, 403-944-4229)

The University of Calgary Conjoint Health Research Ethics Board has approved this research study (REB17-1800). Students please note participating in this study will **not** count towards your research participation credits.

Sources of Stress and Resilience in Refugees

Monday, March 2, 2020, 12:00- 1:00 pm, Administration 247

Hilal Altunay- Yilmaz / Center for Advancing Learning and Teaching / Middle East Technical University, Ankara, Turkey

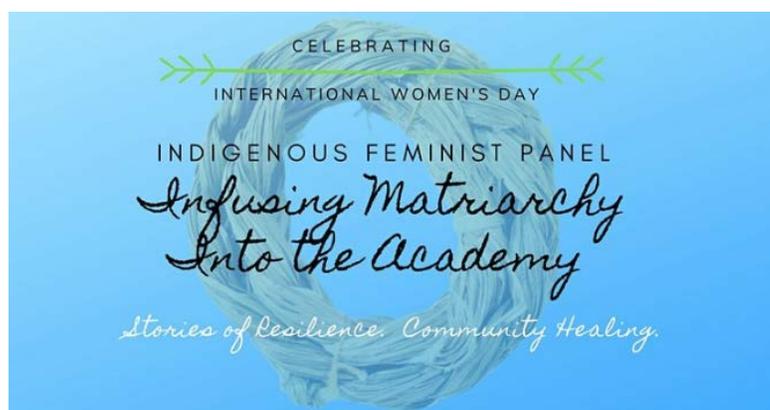
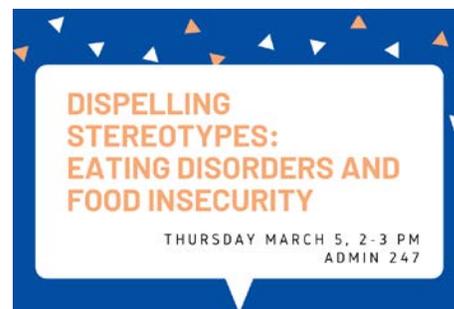
Refugees experience a large number of life stressors that stem from personal, social, and structural factors associated with the reasons for their refugee status. On the other hand, refugees often bring to their experience factors that contribute to their resilience, and can mitigate the stress associated with refugee status. Unfortunately, Turkey is a place in the world now that has large numbers of refugees, especially from Syria and associated combat areas. Based on ample experience of work with refugees, Hilal Altunay- Yilmaz will discuss the major issues associated with working with refugees, and will provide suggestions for researchers and practitioners who either do or who wish to work with refugees in other areas of the world. The presentation will be take approximately 30 minutes, and there will be ample time for discussion.

Dispelling Stereotypes: Eating Disorders and Food Insecurity

Thursday March 5, 2-3pm, Admin 247

You're invited to attend a lecture by distinguished clinical psychologist and eating disorders researcher Dr. Carolyn Black Becker on her recent research on food insecurity. Dr. Becker is renowned for her work testing and disseminating the body dissatisfaction prevention program The Body Project, exposure therapy for eating disorders and PTSD, and more.

*If you would like to attend, please RSVP to kvonrans@ucalgary.ca by Monday, March 2



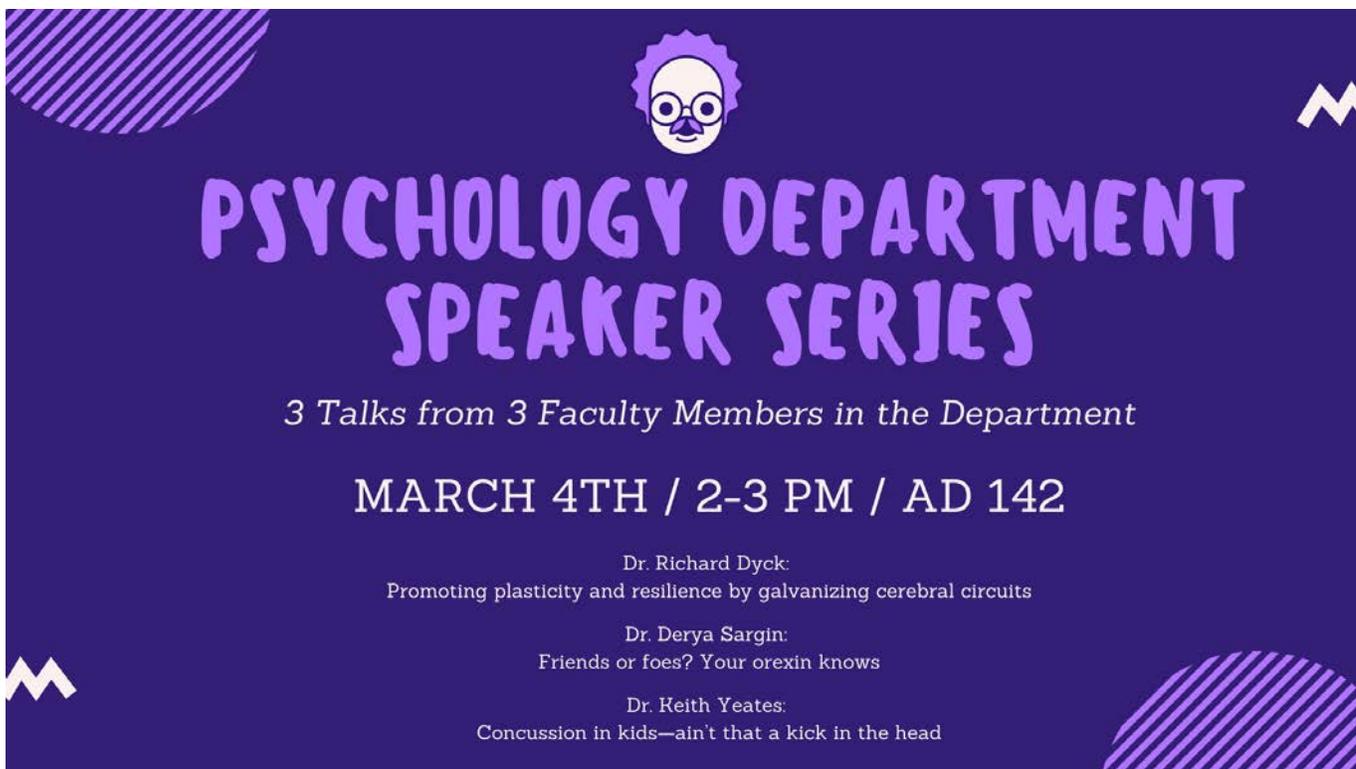
Indigenous Feminist Panel

Come celebrate International Women's Day 2020 with a panel of inspiring Indigenous academics discussing matriarchy, and their personal stories of resilience. Join us in community healing amongst Elders, fellow students, and community members. All are welcome to attend our free event, Indigenous Feminist Panel: Infusing Matriarchy Into the Academy at the University of Calgary on Friday, **March 6th from 11 am - 1 pm.**

Registration is required due to limited space (by Feb 28):

<https://www.eventbrite.com/e/indigenous-feminist-panel-infusing-matriarchy-into-the-academy-tickets-93341530029>

EVENTS Continued...





PSYCHOLOGY DEPARTMENT SPEAKER SERIES

3 Talks from 3 Faculty Members in the Department

MARCH 4TH / 2-3 PM / AD 142

Dr. Richard Dyck:
Promoting plasticity and resilience by galvanizing cerebral circuits

Dr. Derya Sargin:
Friends or foes? Your orexin knows

Dr. Keith Yeates:
Concussion in kids—ain't that a kick in the head

Psychiatry (Seb Littmann) Research Day

The **33rd Annual Sebastian K. Littmann Research Day** will be held on **Friday March 6, 2020**. The research day is a component of the inaugural Departmental Research and Education Day, which also includes the upcoming Psychiatric Quarterly Update Anxiety half day: https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/10231

The research day will feature Dr. Nicole Kozloff of the University of Toronto, speaking on "Optimizing service delivery for youth and emerging adults with serious mental illness" and the University of Calgary's Dr. Frank Stahnisch "Contextualizing Dr. Sebastian Klaus Littmann's (1931-1986) Career within Psychiatry's Community-Based Transitions, 1970s--1980s -- A CJP Paper Summary".

Registration is now open at EventBrite: <https://www.eventbrite.ca/e/33rd-sebastian-k-littmann-research-day-2020-tickets-83857288407>

Attending the research day is free, but your registration helps with our planning, so please register if you plan to attend.

52nd Banff International Conference on Behavioural Science

The 52nd Banff International Conference on Behavioural Science features "Mindfulness for Families, Schools, and Communities: From Promotion to Intervention", **March 15 to 18, 2020**. Details at: <https://banffbehavsci.ubc.ca>. The conference will feature research documenting the benefits of mindfulness practices with regard to improving attention and emotion regulation, and workshops focusing upon skill acquisition in relieving distress, cultivating well-being, and improving health across the life-span in both the general population and clinical populations. If you have any questions, please contact Sue Kim at hkim725@uwo.ca

Please register for this event at: <https://bweventsolutions.regfox.com/banff-international-conferences-on-behavioural-science-2020>



The 33rd Annual Sebastian K. Littmann Research Day
Friday March 6, 2020, Coombs/Auditorium FMC

**Keynote Presentation:**

Dr. Nicole Kozloff, CAMH/University of Toronto

"If you build it, will they come? Optimizing service delivery for youth and emerging adults with serious mental illness"

Abstract Deadline
February 14, 2020



Abstract forms & updated
information available at:
www.psychiatryresearchday.ca

Special Presentation:
Professor Frank Stahnisch,

"Contextualizing Dr. Sebastian Klaus Littmann's
(1931-1986) Career within Psychiatry's
Community-Based Transitions"



EVENTS Continued...

Celebrating 10 Years: APrON Achievements & Evolution – March 23



A team of expert researchers and clinicians has been continuously collecting data on thousands of mothers, fathers and their children over the last ten years. To celebrate this achievement, the conference will feature APrON investigators speaking to the findings of pivotal studies plus a keynote address from Dr. Padmaja Subbarao, director of the Canadian Healthy Infant Longitudinal Development (CHILD) study. It is the largest birth cohort study in Canada. "We are delighted to share the amazing findings that are emerging from the APrON cohort data. We have so much to be proud of and are looking forward to another 10 years of success!" says APrON's principle investigator Dr. Nicole Letourneau, PhD, and holder of the Alberta Children's Hospital Foundation Research Chair in Parent-Infant Mental Health.

More information here: www.apron2020.eventbrite.ca

The Social, Personality, and Social Development (SPSD) Psychology Research Group meets **Mondays from 3:00pm – 4:30pm in Admin 248** to discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

This week, **March 2, 2020**, we have the pleasure of having PhD student **Zhanna Lyubykh** present her research titled "**Reactions to reported workplace harassment. Does gender matter?**"

As always, everyone is welcome to attend, and please feel free to bring along anyone else who might be interested!



The Cognitive Science Seminar (CSS) is a weekly seminar featuring one to two research presentations by faculty, post-docs, graduate students, and honours students at the University of Calgary. We invite all interested individuals to join us!

Thursday, February 27, 2020 / 4:00 pm - 5:00 pm / AD 051-053

This week **Kristen Dunfield** will be presenting "**Helpers or Halos: Do Dispositional Attributions or Global Evaluations Guide Children's Partner Choice?**"

VOLUNTEER AND JOB POSTINGS

Masters in Experimental Psychology with Specialization in Wearable Technology

The Healthy Families Lab at the University of Calgary is advertising for a **MSc or PhD student** in an experimental psychology with an interest in exercise and sleep during the transition to parenthood. The student would become part of an innovative line of research investigating interventions to improve and preserve health behaviours (e.g., sleep and exercise) during the transition to parenthood and the role of digital and wearable technology in both assessment and health promotion. Primarily supervised at the University of Calgary, the student would have the opportunity to be a part of the wearable technology program and to collaborate with the Behavioural Medicine Lab at the University of Victoria.

Interested students are encouraged to reach out to Dr. Tomfohr-Madsen for more details. <https://www.healthyfamilieslab.com/>

Postdoctoral Fellow in Clinical and Developmental Psychology

The **Developmental Psychobiology laboratory** at the University of Calgary is looking for a **postdoctoral fellow in clinical and developmental psychology** to join a CIHR-funded study investigating the links between gut microbiota and mental health in children and adolescents. For further details please go to [https://careers.ucalgary.ca/jobs/search?utf8=%3F&cf\[jobreqid\]=20038&c_keywords=20038#results](https://careers.ucalgary.ca/jobs/search?utf8=%3F&cf[jobreqid]=20038&c_keywords=20038#results). Interested applicants should contact Dr. Giesbrecht at ggiesbre@ucalgary.ca

VOLUNTEER AND JOB POSTINGS Continued...

ATTENTION: Seeking Supervisors for the 2020 AIM-HI Experiential Internship Opportunity

Are you an Indigenous organization or a principal investigator looking for research assistance? The Alberta Indigenous Mentorship in Health Innovation (AIM-HI) Network is seeking supervisors to provide internships or research assistant positions for Indigenous graduate students applying to our 2020 Experiential Internship funding opportunity. The AIM-HI Network will support the salary of First Nations, Métis and Inuit graduate (Masters or PhD) students engaging in a defined health sciences research project, outside of their own thesis work, for the duration of the project term. A salary of \$2,500.00 per month fulltime equivalent (140 hours), to a maximum of \$10,000.00 (4 months), will be awarded .

If you are interested in this opportunity, please send the following information to aimhi@ucalgary.ca by **February 28, 2020**:

- A brief description of your proposed internship or research project, (i.e. title, topic, and status)
- A brief description of the primary tasks/activities the student will be supporting
- Contact information (i.e. name, preferred email)
- Academic affiliation (i.e. institution, department, faculty)

Questions? Please contact us at aimhi@ucalgary.ca or learn more about this opportunity on our [website](#)

The Department of Psychology, **University of Prince Edward Island** is seeking a **Clinical Psychologist** to work within the Psychology Training Clinic which serves as a primary placement for clinical training of graduate students in the Doctor of Psychology program. The psychologist will work solely within the psychology clinic which, in turn, operates within a multidisciplinary health center that will include physical medicine, psychiatry, nursing and potentially other health-related professionals. The psychologist will report directly to the Director of Clinical Training.

For more information please visit: <https://www.upei.ca/hr/competition/28e20>

The Department of Psychology at **Mount Allison University** is advertising for two positions. We are looking for a **1-year term position at the rank of Lecturer or Assistant Professor** and a **1-year teaching Postdoctoral Fellow position**. The job ads are linked below:

[https://www.mta.ca/uploadedFiles/Community/Administrative_departments/Human_Resources/Employment_opportunities/Academic_full-time/ad\(68\).pdf](https://www.mta.ca/uploadedFiles/Community/Administrative_departments/Human_Resources/Employment_opportunities/Academic_full-time/ad(68).pdf)

[https://www.mta.ca/uploadedFiles/Community/Administrative_departments/Human_Resources/Employment_opportunities/Academic_full-time/ad\(69\).pdf](https://www.mta.ca/uploadedFiles/Community/Administrative_departments/Human_Resources/Employment_opportunities/Academic_full-time/ad(69).pdf)

The Department of Psychology at the **University of New Brunswick in Fredericton** invites applications for a **9-month appointment at the rank of Instructor**. The position is for an individual with expertise in both neuroscience and cognition. The appointment will start August 1, 2020. Applicants are expected to have a PhD in Psychology or be near completion. The successful candidate will be expected to teach a total of six undergraduate courses including: Introductory Psychology, Research Methods, Foundations of Biological Psychology, Foundations of Memory and Cognition, Cognition, and one course to be determined in consultation with the Chair. They also will be expected to supervise some undergraduate student research. The Department of Psychology in Fredericton has BA and BSc majors and honours programs as well as PhD programs in Clinical Psychology (CPA accredited) and Psychology. This position is subject to budgetary approval.

For more information please visit: <https://www.unb.ca/hr/careers/posting/academic.php?id=1984>

Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



**“Swishy-Swishy”
Our Office Fishy!**

Do you have something you would like to include in the Monday Memo newsletter? Please send it to pnguy@ucalgary.ca before Thursday at noon.

**Department of
Psychology**

**University of
Calgary**

**Administration
Building,
Room AD 255**

<https://psyc.ucalgary.ca/home/monday-memo>

Phone: (403) 220-3600

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