

MONDAY MEMO



JANUARY 18, 2021

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DEPARTMENT NEWS

HIGHLIGHTED PUBLICATION



Smith, A. J., Farstad, S. M., & von Ranson, K. M. (2020). Self-reported eating disorder psychopathology prevalence in community-based male and female Albertans: Gender and age group comparisons. *International Journal of Eating Disorders*, 1-7. <https://dx.doi.org/10.1002/eat.23434>

We describe and compare eating disorder (ED) psychopathology prevalence in Canadian females and males across five age groups. Overall, 15.3% of female and 8.2% of male participants reported clinically-significant ED disturbances. Female participants reported greater global ED psychopathology than male participants, except older men and women aged 65–71, who reported similar, relatively low levels of global ED psychopathology. Women aged 65–71 endorsed less global ED psychopathology than younger females. More females than males reported regular binge eating and self-induced vomiting, whereas other ED behaviors were endorsed at similar rates. This large-scale study, the first involving a Canadian sample, contributes to a small literature on ED psychopathology in community-based samples. The finding that 15% of female and 8% of male Albertans aged 15 to 71 endorsed clinically-significant ED disturbances is concerning; however, women aged 65–71 reported lower ED psychopathology than younger females. Gender and age differences were observed in global ED psychopathology. Routine ED screening of non-clinical adolescents and adults is warranted to permit prevention and early intervention.



RESEARCH NOTES AND ACTIVITIES

- Exner-Cortens, D.**, Wright, A., Van Bavel, M., Sitter, K., Hurlock, D., Carter, R., & Krause, P. (2020). "To be a guy is to be human": Outcomes of the WiseGuyz program through photo-based evaluation. *Health Promotion Practice*. Advance online publication. <https://doi.org/10.1177/1524839920976382>
- Eggermont, JJ.** Sonic methodologies in medicine. Chapter 13, in: Bloomsbury Handbook of sonic methodologies, Michael Bull and Marcel Cobussen (eds.). Bloomsbury Academic, New York, NY. Pp. 235–251. ISBN 978-1-5013-3875-5.
- Burles, F., & **Iaria, G.** (2020). Behavioural and cognitive mechanisms of Developmental Topographical Disorientation. *Scientific reports*, 10(1), 1-11. DOI: [10.1038/s41598-020-77759-8](https://doi.org/10.1038/s41598-020-77759-8)
- Committeri, G., Fragueiro, A., Campanile, M. M., Lagatta, M., Burles, F., **Iaria, G.**, ... & Tosoni, A. (2020). Egocentric navigation abilities predict episodic memory performance. *Frontiers in human neuroscience*, 14. DOI: [10.3389/fnhum.2020.574224](https://doi.org/10.3389/fnhum.2020.574224)
- Tosi, G., Parmar, J., Dhillon, I., Maravita, A., & **Iaria, G.** (2020). Body illusion and affordances: the influence of body representation on a walking imagery task in virtual reality. *Experimental Brain Research*, 238(10), 2125-2136. DOI: [10.1007/s00221-020-05874-z](https://doi.org/10.1007/s00221-020-05874-z)
- Williamson, T.M.**, Runte, M., Runte, T., Sheldon, R.S., King-Shier, K., Campbell, T.S., & Raj, S.R. on behalf of the CASMER investigators. (2021). A qualitative study to identify factors that influence patients' decisions to call Emergency Medical Services for syncope. *Canadian Journal of Emergency Medicine*. <https://rdocu.be/cdfoX>
- Toivonen, K., Williamson, T.M.**, Carlson, L., & Walker, L **Campbell, T.S.**, (2020). Potentially Modifiable Factors Associated with Adherence to Adjuvant Endocrine Therapy among Breast Cancer Survivors: A Systematic Review. *Cancers*. DOI: <http://dx.doi.org/10.3390/cancers13010107>
- Williamson, T.M., Moran, C.**, McLennan, A., Seidel, S., **Koerner, M.**, Ma, P., & **Campbell, T.** (2020). Promoting adherence to physical activity among individuals with cardiovascular disease using behavioral counseling: A theory and research-based primer for health care professionals. *Progress in Cardiovascular Disease*. DOI: <http://dx.doi.org/10.1016/j.pcad.2020.12.007>
- Felske, A., **Williamson, T.M.**, Scurry, S., Telfer, J., **Campbell, T.S.** & Rash, J.A. (2020). The Influence of Weight-Related Self-Esteem and Symptoms of Depression on Shape and Weight Concerns and Weight-Loss 12 Months After Bariatric Surgery. *Obesity Surgery*. DOI: <http://dx.doi.org/10.1007/s11695-020-05097-9>

EVENTS

Brenda Milner Neuropsychology Day and Lecture

Tuesday, May 25, 2021

The 22nd Annual Neuropsychology Day and Brenda Milner Lecture honours the career and achievements of Dr. Milner, an eminent cognitive neuroscientist and pioneer of the discipline of neuropsychology. We are pleased to welcome Dr. John D.E. Gabrieli, Grover Hermann Professor of Health Sciences and Technology and Cognitive Neuroscience at MIT, as the 22nd Annual Brenda Milner Lecturer in Cognitive Neuroscience. Dr. Gabrieli will present his lecture entitled "Learning and Memory in the Human Brain". The scientific portion of the day will provide young scientists following in the footsteps of Brenda Milner an opportunity to share and shine a light on their work in cognitive neuroscience.



LEARNING AND
MEMORY IN THE
HUMAN BRAIN



John D.E. Gabrieli, PhD
Grover Hermann Professor
Health Sciences and Technology
Massachusetts Institute of Technology (MIT)
Cambridge, USA

Trainees and post-doctoral fellows are invited to present their work as posters or flash talks. Several prizes will be awarded. If you would like to present your research, please submit your abstract [here](#). The deadline for submissions is **February 28, 2021**. For more information, please visit [here](#).

WCHRI Learning Session: How to write a lay abstract

Wednesday, January 20, 11:30 AM – 1:00 PM | Zoom

Effectively communicate your grant application to non-specialists. Learning objectives for the session will include:



- How to communicate your abstract to a group of interdisciplinary peers
- How to communicate your abstract to the public
- How to write an effective lay abstract for a grant review panel

Presented by Meghan Riddell, assistant professor in the Departments of Obstetrics and Gynecology and Physiology

Register here: <https://redcap.ualberta.ca/surveys/?s=GXFYyILBFw%20>. If you have any questions, please contact Tanya Graves-Smith at tanya.graves-smith@ahs.ca.

EVENTS Continued...

The 10th Annual Interdisciplinary Conference in Psychology: Call for Abstracts

The Interdisciplinary Conference in Psychology (ICP) is an international peer-reviewed academic conference organized each year by graduate and undergraduate students from the School of Psychology at the University of Ottawa. ICP will be celebrating its tenth anniversary on **May 13th and 14th, 2021 online**. ICP aims to foster reflections and discussions on the different innovative approaches towards interdisciplinary research. The conference is an event for all students, professors, and researchers. It offers a unique opportunity to showcase and discuss innovative research on all topics related to psychology. It provides a forum for interdisciplinary learning and collaboration between students and experts.



For more information about ICP, please visit our website: www.icp-cip.com. We are accepting abstract submissions from students and professors studying topics related to psychology from **January 6th and February 15th, 2021**. Submission closes February 15th, 2021 at 11:59PM (EST)!

The **Social, Personality, and Social Development (SPSD) Psychology Research Group** gathers via Zoom **every two weeks** on Mondays from 3:00 pm – 4:30 pm. We discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

Our first session for the Winter 2020 semester will be **January 18th**, where we will begin with the traditional organizational aspect, where we will decide on presenters for the rest of the semester, but we also have the pleasure of having **Dr. Deinera Exner-Cortens** present on her research titled **“Supporting adolescent development: Healthy relationships promotion and violence prevention.”**

As always, everyone is welcome to attend! You can use the following Zoom link to join the meeting during the fall semester:

<https://ucalgary.zoom.us/j/98917604481>, Meeting ID: 989 1760 4481, Password: SPSD



Are You Interested in Open Science? So Are We!

Join the students in the Open Science Student Support Group (OSSSG) for biweekly sessions where we discuss and learn about different open science practices and support each other in implementing these practices in our own research.



The first practice we will discuss this semester is **REPRODUCIBLE SCIENCE**

First Session ****FRIDAY JANUARY 29th from 4:00 – 5:30pm****

Topic: **Doing Reproducible Science: An Opinionated Introduction**

For more details and registration:

<https://zoom.us/meeting/register/tJukceypqTgoH9NzAWuXiHZcGUYzjm3GZCk3>

For more information on the sessions and our group, please join our [Slack](#) workspace. For questions, contact Gwen van der Wijk @ gwen.vanderwijk@ucalgary.ca

Image by Gealen Pinnock (CC BY 4.0)

The **Industrial-Organizational (IO) Psychology** area is hosting brown bag talks through Zoom on select Mondays at 1PM. During these talks, researchers within the IO area discuss their research, and industry consultants have also come in to talk about their work experiences. Faculty, graduate and undergraduate students are welcome to attend.



The next brown bag talk will occur on **Monday, January 25th at 1PM**, presented by **Samantha Jones** (PhD Candidate) and **Eden-Ray Lukacik** (PhD Candidate). In this brownbag, Sam and Raye will outline one of their research ideas for examining the psychological contracts formed by social media influencers, and the use of impression management in response to contract breaches. The aim of the brownbag is to have an informal discussion of the idea and get feedback on the project's method and potential contribution.

Zoom link: <https://zoom.us/j/93903202310>, Meeting ID: 939 0320 2310

EVENTS Continued...

Interested in Neuropsychology?



The UofC's Association of Neuropsychology Students & Trainees Interest Group is looking for members!

This group is dedicated to informing students about training and professional issues relevant to the field of neuropsychology, serving as a resource for information and discussion, and assessing and addressing the neuropsychology-related needs of students at UofC.

Any graduate students who are interested in neuropsychology are encouraged to join! To join or to request more information, please email: leah.chadwick@ucalgary.ca

The Benefits of Self-Compassion for Therapists in Training (Survey for Graduate Students)

My name is Davey Chafe and I am a 3rd year PhD student in the Clinical Psychology Program at York University working under the supervision of Dr. Myriam Mongrain. I invite you to participate in my dissertation research that focuses on improving the emotional functioning of therapists in training, with a specific aim of helping graduate students in clinical or counselling programs. The study is completely online, and will consist of filling out baseline measures (approximately 20 minutes) at the beginning of the study, with weekly questionnaires for the next 8 weeks which include self-reflection and exercises that you may find rewarding (approximately 10 minutes, once per week). As a thank you for participating, you will be entered to win one of three raffles for a \$300 cash prize (\$900 worth of prizes) after a brief follow-up in April, 2021. Participants are eligible if you are in a clinical or counselling graduate program, and are seeing at least 1 therapy client, or conduct frequent assessments (roughly 1 per week). The weekly exercises are set to begin the week of January 25, 2021. Thank you for your consideration!



Please take the following link to begin the study: https://yorkufoh.ca1.qualtrics.com/jfe/form/SV_3vAyRTjJ6uEeoPX

VOLUNTEER AND JOB POSTINGS

For Graduate Students, Faculty, & Staff

Postdoctoral Psychology Fellowship in the Connecting and Reflecting Experience (CARE) program for 2021-2022

The Child Outpatient Psychiatry Division, Montefiore Medical Center and Albert Einstein College of Medicine, Bronx, NY, is now accepting applications for a one-year, full-time, Postdoctoral Psychology Fellowship in the Connecting and Reflecting Experience (CARE) program for 2020-2021. The CARE clinical and research program is a developmentally-informed, evidence-based specialty program that offers mentalizing-focused group treatment to parents of children from birth - 18 years of age. The CARE program is committed to excellence in training postdoctoral fellows interested in developing a deeper understanding of how clinical work informs research and how research enriches clinical work, in a setting that serves racially, ethnically and socially diverse populations with extensive trauma histories and complex psychosocial needs. This unique fellowship will follow a scientist-practitioner model, providing intensive training in the development, implementation, and evaluation of mentalizing-focused group parenting interventions that aim to dismantle the intergenerational transmission of maltreatment and attachment trauma in marginalized and underprivileged communities. The fellow will also be provided with specialized training in attachment science and mentalizing-focused treatment and will receive weekly individual and group supervision on clinical interventions and research practices. Fellows will spend approximately 50% of their time in the provision of direct clinical service, with the remaining time comprised of training, supervision and research. Applications will be accepted until May 22, 2020 and interviews will be offered on a rolling basis. The start date for the fellowship will be August 1st, 2020. By that date, applicants must have submitted all documentation necessary for a limited permit to practice psychology in New York State during the fellowship year. Applicants should contact Dr. Amanda Zayde at azayde@montefiore.org for further information.

Open Clinical Psychologist Position; Stony Brook University

Our adult outpatient psychiatry service is expanding and we are looking for clinical psychologists who welcome the challenge and satisfaction of providing behavioral health care to a diverse population in collaboration with a motivated group of clinicians, researchers and educators. Our psychologists provide clinical services and contribute to research and other academic activities such as teaching and providing supervision. The Clinical Assistant Professor will serve as a Clinical Psychologist in our outpatient clinic located in the newly renovated Putnam Hall on the South Campus of Stony Brook University, and may include integration with medical subspecialty areas. Responsibilities include direct patient care (at least 80% effort), including diagnostic evaluations, individual and group psychotherapy, and research/academic activities (up to 20% effort). Shifts totaling forty hours per week, including the possibility of evening hours; 50-100% of appointments/work via telehealth.

For more information about the position and how to apply, please visit: <https://apply.interfolio.com/78472>

VOLUNTEER AND JOB POSTINGS Continued...

Private Practice opportunity in Halifax (Genest MacGillivray Psychologists)

We are an especially collegial group of psychologists working in a highly respected practice. We work out of a beautiful heritage house, complete with a private garden, in central Halifax. Our associates set their own hours and can control their own bookings but are also fully supported by administrative staff. Associates are normally booked four to six weeks in advance and maintain waiting lists. Ours is a supportive environment for both beginning and established practitioners, offering ongoing, informal, brief consultations, as well as regular opportunities for peer consultation with the group. We have developed an extensive telepsychology practice, which we anticipate will remain as a substantial part of our offerings after the pandemic, because many clients seem to prefer it. Currently, some clients are seen in person, with safety measures in place. Anyone in our practice would be pleased to discuss our work environment and respond to questions via email or telephone, or in person. There is also an abundance of detail about us at www.gmPsychologists.com. **We are seeking a doctoral-level psychologist.** We serve adolescents, adults, couples, and families, and are particularly looking for someone who has a specialty in counselling couples and is experienced in a wide range of clinical problems. Halifax is a beautiful, walkable city; an ocean city with an extended, attractive waterfront. This forward-looking community is rapidly improving public transportation and building bike lanes. There is affordable housing downtown and in the suburbs, and the schools, both public and private, are good. To apply, please contact Anna Genest, Practice Manager: annagenest@gmail.com

RESOURCES

USM Counseling Psychology Master's Program Virtual Info Session

Join us for an informational session to learn about our MS in Counseling Psychology at the University of Southern Mississippi!



- Accredited by the Master's in Psychology & Counseling Accreditation Council (MPCAC)
- Trains scientist-practitioners for a variety of career paths
- Prepares students for licensure as a counselor or continued doctoral study
- Graduate assistantship opportunities available
- Students gain experience working with diverse individuals in a variety of treatment settings
- Small, collaborative program housed in a productive School of Psychology, where we also enjoy warm temperatures virtually year round

Get your questions answered about our program and the application process from program faculty and current students!

Register [HERE](#) for our Virtual Open House on Tuesday, February 9th from 3-4:30 CST. For more information, visit [HERE](#)

Upcoming Workshops at the Centre for MindBody Health



Dr. Shari Geller of the Centre for MindBody Health (CMBH) in Toronto is excited to invite you to two upcoming programs. We are so very fortunate to virtually host Dr. Shari Geller with guest presenter Dr. Chris Germer, who will share with us, "**Presence and Self-Compassion in Psychotherapy: A Foundational Approach for Therapists & Clients**". Also Dr. Geller and Megan Prager will be co-facilitating an **8 Week Mindful Self-Compassion Program**.

For more information about these workshops and how to register, please visit: <https://cmbh.space/event/presence-and-self-compassion-in-psychotherapy-a-foundational-approach-for-therapists-clients/> and <https://cmbh.space/event/8-week-mindful-self-compassion-online-program-march-1-april-19-2021/>

DBT-PTSD Training with Drs. Martin Bohus and Shelley McMain

February 22 - April 19, 2021, Mondays, 9a – 1p (EST)

Join this dynamic and interactive online course offered through University of Toronto School of Continuing Studies featuring two internationally renowned DBT clinicians and researchers. This 8-week course provides a comprehensive examination of DBT-PTSD based on a psycho-social model.

DBT-PTSD helps patients:

1. Revise their fear of trauma-associated primary emotions.
2. Question whether secondary emotions like guilt and shame fit the facts.
3. Radically accept the fact of trauma in their lives in order to establish a life worth living.

For more information about this workshop and how to register, please visit: <https://learn.utoronto.ca/programs-courses/courses/3815-dialectical-behaviour-therapy-complex-post-traumatic-stress-disorder>

Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



Do you have something you would like to include in the Monday Memo newsletter? Please send it to pnguy@ucalgary.ca before Thursday at noon.

**Department of
Psychology**

**University of
Calgary**

**Administration
Building,
Room AD 255**

<https://arts.ucalgary.ca/psychology/news/monday-memo>

Phone: (403) 220-3600

Fax: (403) 282-8249