



UNIVERSITY OF
CALGARY

MONDAY MEMO

JANUARY 25, 2021

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DEPARTMENT NEWS

HIGHLIGHTED PUBLICATION



Smith, A. J., Farstad, S. M., & von Ranson, K. M. (2020). Self-reported eating disorder psychopathology prevalence in community-based male and female Albertans: Gender and age group comparisons. *International Journal of Eating Disorders*, 1-7. <https://dx.doi.org/10.1002/eat.23434>

We describe and compare eating disorder (ED) psychopathology prevalence in Canadian females and males across five age groups. Overall, 15.3% of female and 8.2% of male participants reported clinically-significant ED disturbances. Female participants reported greater global ED psychopathology than male participants, except older men and women aged 65–71, who reported similar, relatively low levels of global ED psychopathology. Women aged 65–71 endorsed less global ED psychopathology than younger females. More females than males reported regular binge eating and self-induced vomiting, whereas other ED behaviors were endorsed at similar rates. This large-scale study, the first involving a Canadian sample, contributes to a small literature on ED psychopathology in community-based samples. The finding that 15% of female and 8% of male Albertans aged 15 to 71 endorsed clinically-significant ED disturbances is concerning; however, women aged 65–71 reported lower ED psychopathology than younger females. Gender and age differences were observed in global ED psychopathology. Routine ED screening of non-clinical adolescents and adults is warranted to permit prevention and early intervention.



RESEARCH NOTES AND ACTIVITIES

- Burles, F., & **Iaria, G.** (2020). Behavioural and cognitive mechanisms of Developmental Topographical Disorientation. *Scientific reports*, 10(1), 1-11. DOI: [10.1038/s41598-020-77759-8](https://doi.org/10.1038/s41598-020-77759-8)
- Committeri, G., Fragueiro, A., Campanile, M. M., Lagatta, M., Burles, F., **Iaria, G.**, ... & Tosoni, A. (2020). Egocentric navigation abilities predict episodic memory performance. *Frontiers in human neuroscience*, 14. DOI: [10.3389/fnhum.2020.574224](https://doi.org/10.3389/fnhum.2020.574224)
- Tosi, G., Parmar, J., Dhillon, I., Maravita, A., & **Iaria, G.** (2020). Body illusion and affordances: the influence of body representation on a walking imagery task in virtual reality. *Experimental Brain Research*, 238(10), 2125-2136. DOI: [10.1007/s00221-020-05874-z](https://doi.org/10.1007/s00221-020-05874-z)
- Williamson, T.M.**, Runte, M., Runte, T., Sheldon, R.S., King-Shier, K., Campbell, T.S., & Raj, S.R. on behalf of the CASMER investigators. (2021). A qualitative study to identify factors that influence patients' decisions to call Emergency Medical Services for syncope. *Canadian Journal of Emergency Medicine*. <https://rdu.be/cdfoX>
- Toivonen, K., Williamson, T.M.**, Carlson, L., & Walker, L **Campbell, T.S.**, (2020). Potentially Modifiable Factors Associated with Adherence to Adjuvant Endocrine Therapy among Breast Cancer Survivors: A Systematic Review. *Cancers*. DOI: <http://dx.doi.org/10.3390/cancers13010107>
- Williamson, T.M., Moran, C.**, McLennan, A., Seidel, S., **Koerner, M.**, Ma, P., & **Campbell, T.** (2020). Promoting adherence to physical activity among individuals with cardiovascular disease using behavioral counseling: A theory and research-based primer for health care professionals. *Progress in Cardiovascular Disease*. DOI: <http://dx.doi.org/10.1016/j.pcad.2020.12.007>
- Felske, A., **Williamson, T.M.**, Scurry, S., Telfer, J., **Campbell, T.S.** & Rash, J.A. (2020). The Influence of Weight-Related Self-Esteem and Symptoms of Depression on Shape and Weight Concerns and Weight-Loss 12 Months After Bariatric Surgery. *Obesity Surgery*. DOI: <http://dx.doi.org/10.1007/s11695-020-05097-9>
- Ross, K. M.**, Oltman, S., Baer, R., Altman, M., Feuer, S., Flowers, E., Gomez, A., & Jelliffe-Pawlowski, L. (Accepted). Socioeconomic status, *diabetes* and gestational length in Native American and White women. *Health Psychology*.
- Letourneau, N., Ntanda, H., Jong, V., Mahinpey, N., Giesbrecht, G., & **Ross, K. M.** (Accepted). Prenatal maternal distress and immune cell epigenetic profiles at 3-months of age. *Developmental Psychobiology*.
- Carroll, J. E., **Ross, K. M.**, Horvath, S., Okun, M., Mancuso, R., Sadek, A., Hobel, C., Coussons-Read, M., & Dunkel Schetter, C. (Accepted). Postpartum sleep loss and accelerated epigenetic aging. *Sleep Health*.

EVENTS



Bell Let's Talk Day – January 28th

From online screenings and talks, to sharing messages of support online, there are many ways you can get involved during this year's Bell Let's Talk Day on Jan. 28. Get involved, register for events, and connect to your UCalgary community.

Visit ucalgary.ca/mentalhealth for information.

UCalgary Map the System 2021

Are you passionate about making change in the world? Map the System is a one-of-a-kind challenge that invites students to use a systems-thinking approach to demonstrate a deep understanding of a pressing social or environmental challenge.

Why participate?

- Learn valuable skills that will help you address the world's most pressing issues
- Bring awareness to a social or environmental problem you are passionate about
- Compete for \$5,000 in cash prizes and an opportunity to present at the national finals
- Connect with socially-conscious students, researchers, and practitioners from across Canada
- Join a global movement committed to systems change



Register by January 31, 2021 Learn more: <https://bit.ly/3nmmOJb>

EVENTS Continued...

TLRO: Myths & Realities of Working Remotely

January 28, 2021 @7:00pm - 8:00pm MST

[The Latest Research On...](#) is a public talk series hosted by the Calgary Public Library in partnership with the [UCalgary Knowledge Engagement team](#). This digital webinar series will act as a forum to showcase UCalgary research to the public.

Working from home appeals to many and offers potential benefits such as reduced commuting and greater flexibility. However, there are also potential drawbacks. Join us for a talk with [Dr. Thomas O'Neill](#) to explore the latest findings on the myths and realities of working remotely.

Please register through the Calgary Public Library (CPL) link provided below. A CPL card number is required for registration. If you do not have a card number, you can set up a free account on the [CPL website](#).



Eating Disorder Awareness Week: Cupcake Decorating & Nutrition Workshop

February 4th 6:30-8:00PM MST

This year for Eating Disorder Awareness Week, the UCalgary Eating Disorder Awareness Group is hosting a virtual event which will include cupcake decorating hosted by Carlie Montpettie and a Q&A/presentation with registered dietician, Sarah Higgins! Both portions of the event are optional, so feel free to be involved in whatever you feel comfortable with. If you participate in the cupcake decorating and you live in Calgary, there is an additional fee of \$12 for the cupcake kit. If you live elsewhere or do not want to purchase a kit, you are welcome to arrange for your own supplies and ingredients.



Sign-up here: <https://www.eventbrite.ca/e/cupcake-decorating-nutrition-workshop-tickets-135533326829?aff=erelexpmlt>

SPARK GLOBAL
TRANSLATIONAL SCIENTISTS WITHOUT BORDERS

TRANSLATIONAL
RESEARCH IN
ACADEMIA:
WHY SPARK AND
WHY SPARK
GLOBAL?



January 27, 2021
12:00 p.m. MST/11:00 a.m. PST

SPARK Calgary Program Applications Now Open

[SPARK Calgary](#) supports digital health innovators within the University of Calgary and other local academic and polytechnic institutions, and is based at [W21C Research and Innovation Centre](#). Do you want to move your idea into clinical practice? SPARK your digital health project forward as part of this globally recognized program. Successful applicants receive group advisory from industry experts, educational seminars and workshops, project management support and in-kind research services through W21C. Apply by January 31, 2021, learn more here: <https://bit.ly/36wuzHh>

SAVE THE DATE: Interested in learning more about SPARK? Join Founder and Stanford professor Dr. Daria Mochly-Rosen, PhD for a virtual information session on January 27 at 12:00 p.m. Register: <https://translational-research-in-academia.eventbrite.ca>

ATTACH Webinar Series: Overview of Implementation Science and Innovative Clinical Trials

Friday, January 29th, 2021 @12 –1 PM MST

Dr. Ian Graham, Senior Scientist, Centre for Practice-Changing Research, Ottawa Hospital Research Institute

About: Ian Graham trained as a medical sociologist at McGill University and his postdoctoral studies at the Clinical Epidemiology Program at the Ottawa Hospital Research Institute focused on clinical epidemiology and health services research. Professor Graham's research program has evolved to encompass knowledge translation (implementation) science. A core component of his research program focuses on understanding how engaging patients and other stakeholders in the research process (known as integrated knowledge translation) works and the impact it produces.

Registration Link: <https://bit.ly/3ibXd4G>



The **Department of Psychology Strategic Planning Committee** is looking for staff, graduate students, and faculty to join. If you are interested in joining or need more information, please contact Leah Pezer (leah.pezer@ucalgary.ca)

EVENTS Continued...

Workshop on Incorporating Equity, Diversity, and Inclusion (EDI) Mentality in our Research and Methodology

When: Wednesday, February 10th, 12:00-1:15 p.m.

Zoom Link: <https://ucalgary.zoom.us/j/2557597264> Meeting ID: 255 759 7264 Passcode: 090604

Have you ever wondered how EDI may impact your research? Are you thinking about incorporating EDI into your current research but not sure where to start?

The EDI committee is collaborating with the PSYCH 600 course to leading a workshop on how to incorporate EDI into your current research and methodology process. EDI is embedded in all aspects of the research process, beginning with the researcher (e.g., considering how our world views and social position impact our research decisions) and ending with the ways that we communicate our findings (e.g., research implications). In this workshop we will discuss the importance of consciously making research decisions with EDI in mind. Specifically, we will discuss:

1. The importance of incorporating a clear definition of diversity into our research process.
2. Understanding methodological considerations and principles within a diverse context.
3. Understanding the implications of diversity for communicating research and findings.
4. Deeply thinking about how diversity has the potential to influence different psychological research areas.

All are welcomed!

Equity, Diversity, & Inclusion Committee | Department of Psychology

The **Social, Personality, and Social Development (SPSD) Psychology Research Group** gathers via Zoom **every two weeks** on Mondays from 3:00 pm – 4:30 pm. We discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

In our next meeting on February 1st, 2021, we have the pleasure of having **Dr. Susan Boon** present on her research talk titled “**More Questions Than Answers: What We Don’t Know About Revenge in Interpersonal Relationships and Why It Matters.**”

As always, everyone is welcome to attend! You can use the following Zoom link to join the meeting during the fall semester:

<https://ucalgary.zoom.us/j/98917604481>, Meeting ID: 989 1760 4481, Password: SPSD



Are You Interested in Open Science? So Are We!

Join the students in the Open Science Student Support Group (OSSSG) for biweekly sessions where we discuss and learn about different open science practices and support each other in implementing these practices in our own research.



The first practice we will discuss this semester is **REPRODUCIBLE SCIENCE**

First Session **FRIDAY JANUARY 29th from 4:00 – 5:30pm**

Topic: Doing Reproducible Science: An Opinionated Introduction

For more details and registration:

<https://zoom.us/meeting/register/tJukcevpqTgoH9NzAWuXiHZcGUYzjm3GZCk3>

For more information on the sessions and our group, please join our [Slack](#) workspace. For questions, contact Gwen van der Wijk @ gwen.vanderwijk@ucalgary.ca

[Image](#) by Gealen Pinnock (CC BY 4.0)

The **Industrial-Organizational (IO) Psychology** area is hosting brown bag talks through Zoom on select Mondays at 1PM. During these talks, researchers within the IO area discuss their research, and industry consultants have also come in to talk about their work experiences. Faculty, graduate and undergraduate students are welcome to attend.

The next brown bag talk will occur on **Monday, January 25th at 1PM**, presented by **Samantha Jones** (PhD Candidate) and **Eden-Raye Lukacik** (PhD Candidate). In this brownbag, Sam and Raye will outline one of their research ideas for examining the psychological contracts formed by social media influencers, and the use of impression management in response to contract breaches. The aim of the brownbag is to have an informal discussion of the idea and get feedback on the project’s method and potential contribution.

Zoom link: <https://zoom.us/j/93903202310>, Meeting ID: 939 0320 2310

PSYCHOLOGY IN THE NEWS



Dr. Deinera Exner-Corten in Maclean's "[How 'emancipatory sex-ed' can help prevent rape](#)"

Dr. Jonathan Stea in Toronto Star "[Should you get the COVID-19 vaccine? Yes, but take your word for it, not mine](#)"

Dr. Giuseppe Iaria in The Swaddle "[Pandemic Isolation Intensified Gender Roles – and Women's Anxiety, Depression: Study](#)"

Dr. Julia Kam in [Technology.org](#), [The Ladders](#), and UToday "[Mysteries of the wandering mind](#)"

AWARDS & HONOURABLE MENTIONS

Congratulations to Dr. Julia Kam, PhD, Department of Psychology, for being a winner of [Bitbrain's 2020 Call for Research Projects!](#)



VOLUNTEER AND JOB POSTINGS

For Graduate Students, Faculty, & Staff

University of Nevada Reno Professor and Director of Clinical Training (DCT)

The Department of Psychology at the University of Nevada Reno invites applications for the position of Professor and Director of Clinical Training (DCT) in our APA-accredited Clinical Psychology Graduate Program (<https://www.unr.edu/psychology>). The program has been accredited since 1972 and is currently accredited through 2028. Area of research specialization is open, although research in depression, substance abuse, or clinical health disparities would be especially strong complements to our existing program-wide strengths in trauma and related topics. The successful candidate will have a cognitive-behavioral or clinical science orientation, a commitment to training students in evidence-based treatments and assessments, and experience mentoring students from underrepresented backgrounds. As DCT, the successful candidate will work with an Associate DCT to oversee all aspects of clinical training, maintain program relationships with externship sites, and manage all administrative duties such as preparation of accreditation-related reports. For more information about the position and how to apply, please visit: <https://nshe.wd1.myworkdayjobs.com/UNR-external/job/University-of-Nevada-Reno---%20Main-Campus/Professor-Psychology--Director-of-Clinical-Training- R0123102>

SCHOLARSHIPS

Canadian Japanese Mennonite Scholarship 2021

Amount: \$2,000.00; Application Deadline: April 1, 2021

Selection Criteria:

The scholarship will be awarded to a student who is:

- A Canadian citizen, permanent resident, or international student studying at a Canadian university in Canada;
- Enrolled in a graduate degree program the fall semester following the deadline; and
- Engaged in research that will assist the protection of minority or human rights in Canada.

History and Purpose of the Scholarship:

The scholarship was created as a tangible symbol of co-operation between Canadian Japanese and Canadian Mennonites subsequent to a formal apology that was offered to Canadian Japanese by MCC Canada on behalf of Canadian Mennonites.

The scholarship is intended to assist the protection of minority and human rights in Canada, and to reduce the potential for abuse of cultural minorities such as that suffered by Japanese Canadians during World War II.

For an application form or for more information visit: mcccanada.ca/scholarships or contact Mennonite Central Committee Canada (cjms@mcccanada.ca; Attn: CJMS inquiry)

Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



Nala

Photo provided by Karolina Wieczorek
(Ph.D. Student, Clinical Psychology)

Do you have something you would like to include in the Monday Memo newsletter? Please send it to pnguy@ucalgary.ca before Thursday at noon.

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<https://arts.ucalgary.ca/psychology/news/monday-memo>

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