



UNIVERSITY OF CALGARY

# MONDAY MEMO

April 18, 2022

## INSIDE THIS ISSUE:

Research Notes and Activities.....2

Events.....2-4

Volunteer and Job Postings.....4-5

## DEPARTMENT NEWS

### HIGHLIGHTED PUBLICATION



---

**Exner-Cortens, D., Gaias, L., Splett, J., Jones, J., & Walker W. (2022).** Embedding equity into school mental health theory, research and practice: An introduction to the special issue series. *Psychology in the Schools*. Advance online publication. <https://doi.org/10.1002/pits.22679>

---



In this article, we present an introduction and overview for a two-part special issue series focused on embedding equity into school mental health through theory, research, and practice. The papers in Part 1 of the special issue series cover critical topics for advancing equitable school mental health, including the centering of community and youth perspectives; a focus on reducing disproportionality in discipline practices; and details on equity-focused interventions. In Part 2, papers focus on integrating race and racial equity into school mental health frameworks; integrating a racial equity lens into trauma-informed school practices; addressing outcomes that have disproportionate impacts on youth of color; and exploring domains of injustice and oppression beyond racial inequity. We hope that the topics discussed in this special issue series move us towards providing equitable and just school mental health services for all children and youth.

## RESEARCH NOTES AND ACTIVITIES

**Eirich, R., McArthur, B. A.,** Anhorn, C., McGuinness, C., Christakis, D. A., & **Madigan, S.** (2022). Association of screen time with internalizing and externalizing behavior problems in children 12 years or younger: a systematic review and meta-analysis. *JAMA psychiatry*.doi:10.1001/jamapsychiatry.2022.0155  
<https://jamanetwork.com/journals/jamapsychiatry/article-abstract/2790338>

**Exner-Cortens, D.,** Gaias, L., Splett, J., Jones, J., & Walker W. (2022). Embedding equity into school mental health theory, research and practice: An introduction to the special issue series. *Psychology in the Schools*. Advance online publication. <https://doi.org/10.1002/pits.22679>

**Exner-Cortens, D., Schwartz, K. D., McMorris, C., & Makarenko, E.** (2022). Stress among Asian youth during COVID-19: Moderation by educational, spiritual and cultural sources of belonging. *Journal of Adolescent Health*, 70(3), 500-503. <https://doi.org/10.1016/j.jadohealth.2021.10.007>

Miller, J. V., Chau, V., Synnes, A., Miller, S. P., & Grunau, R. E. (2022). Brain development and maternal behavior in relation to cognitive and language outcomes in preterm-born children. *Biological Psychiatry*.  
<https://doi.org/10.1016/j.biopsych.2022.03.010>

## EVENTS

### **Cognitive Science Seminars (CSS)**

The Cognitive Science Seminars (CSS) is a series of talks given by trainees and faculty in cognitive psychology where we share our current work, practice presentations, and discuss issues in the field.

Our final session is **April 22nd at 9:00 am. Studying network variants with EEG.** Presented by **Michael McCarthy**

The study of network variants—individual-specific deviations in whole brain functional network organization—is an area of growing interest in human neuroscience due to its relevance for understanding how much and in which ways whole brain functional networks differ between and within individuals. Previous research has used highly sampled functional magnetic resonance imaging (fMRI) data to study network variants, creating a considerable practical barrier due to the cost of this work. Michael's research explores the feasibility of using electroencephalography (EEG) to study network variants. In CSS, we will discuss some of the challenges of this work, and the preliminary examination of how whole brain functional networks differ between and within individuals using EEG sensor space functional connectivity analysis as well as measures of network similarity.

If you are interested in presenting at CSS or joining our mailing list for next year, please email Chelsie at [chelsie.hart@ucalgary.ca](mailto:chelsie.hart@ucalgary.ca)



### **Clinical Pathways: Different Roads to Becoming a Clinical Psychologist in Canada**

Online Workshop, **1:00 PM EST Friday April 22**

Learn about different Clinical Psychology Pathways from a panel of seven clinical psychologists, and find out what it takes to be an outstanding applicant! The panel will provide you with their first hand knowledge of specializations in graduate clinical psychology programs, such as Forensic, Neuropsychology, and Child/Adult Clinical, Counselling Psychology, as well as Psychological Doctorate (PsyD) Pathways.

#### **Topics of Discussion:**

- Clinical Psychology: What is the journey and who should apply?
- PsyD Programs: What they are & how they differ from a PhD?
- How to pursue specialties such as Forensic, Health, and Neuropsychology?
- Differences between Adult and Child and mixed programs.

**Register for this Canadian Psychological Association Clinical Pathways webinar by Thursday April 21:**  
<https://events.clinicalpathways.ca/april22022>

**Free for CPA Student Affiliates and Members, \$5 General Admission**

---

**EDI Events:****Impact of COVID-19 On LGBTQ+ Youth**

Werklund Teaching and Learning

Apr 20, 2022

12:00pm - 1:00pm MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/404749](https://events.ucalgary.ca/#!/view/event/event_id/404749)**Indigenous Hub Drop-In Tea & Conversations**

The Indigenous, Local, and Global Health Office

Apr 20, 2022

12:00pm - 3:00pm MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/410044](https://events.ucalgary.ca/#!/view/event/event_id/410044)**Calgary Women's Health Research Symposium**

Snyder Institute for Chronic Diseases

Apr 21, 2022

9:00am - 12:30pm MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/406442](https://events.ucalgary.ca/#!/view/event/event_id/406442)**Indigenous Hub Drop-In Tea & Conversations**

The Indigenous, Local, and Global Health Office

Apr 21, 2022

10:00am - 1:00pm MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/410044](https://events.ucalgary.ca/#!/view/event/event_id/410044)**The Urgency of Intersectionality for Addressing Systemic Inequities in Higher Learning**

Taylor Institute

Apr 21, 2022

10:30am - 11:45am MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/404954](https://events.ucalgary.ca/#!/view/event/event_id/404954)**Pathways to Healing Circles**

Indigenous, Local and Global Health Office

Apr 21, 2022

12:00pm MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/391576](https://events.ucalgary.ca/#!/view/event/event_id/391576)**UCRC Recovery-4-All Meeting (Students)**

UCRC's (UCalgary Recovery Community) Recovery-4-All

Apr 21, 2022

5:00pm - 6:00pm MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/409470](https://events.ucalgary.ca/#!/view/event/event_id/409470)**Jumma**

UC Faith and Spirituality Centre

Apr 22, 2022

11:00am - 3:00pm MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/380651](https://events.ucalgary.ca/#!/view/event/event_id/380651)**Drumming workshop with Elder Rod Hunter**

Writing Symbols Lodge

Apr 22, 2022

1:00pm - 2:30pm MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/405072](https://events.ucalgary.ca/#!/view/event/event_id/405072)

## Una Mirada a la Resistencia Latinoamericana desde la Pintura, el Teatro y el Rock Duro \*In Spanish\*

Calgary Institute for the Humanities

Apr 22, 2022

4:00pm MDT

[https://events.ucalgary.ca/#!/view/event/event\\_id/410050](https://events.ucalgary.ca/#!/view/event/event_id/410050)

## VOLUNTEER AND JOB POSTINGS

### For Undergraduate Students

#### Seeking a female student with 1-2 years experience

We are looking for a student to work one on one with our 9-year old daughter. Our daughter is a very happy social girl and needs someone that is positive, motivational and compassionate to work with her. She has weakness in her lower extremities and needs help to improve her balance, coordination and strength.

Located in NW Calgary (Rocky Ridge).

Hours are 4PM-6 PM Monday -Thursday.

Duties include the following:

- Provide physical therapy to strengthen her legs
  - Assist in biking at home or in park
  - Provide care and supervise our child
  - Provide safe, stimulating and recreational support both in the home and in the community
- Work hours: 8-10 hrs/ week

Salary: \$20.00/hr

To apply for this position please send an email to: [mannu@shaw.ca](mailto:mannu@shaw.ca) or call or text Sonia: (403)471-1113

#### Reading Foundation Employment Opportunity

WE CHANGE LIVES. JOIN OUR TEAM AND MAKE A DIFFERENCE.

The Reading Foundation is a unique and exciting place to work. We provide one-to-one remedial and enrichment services to students of all ages in reading, spelling, comprehension, written language, and math in specialized programs created by The Reading Foundation. Our services are offered both in-person and remotely using an online platform. We are currently hiring qualified applicants to join our team on a full-time basis, starting in May, 2022. These positions may carry on full-time into the fall, or can shift to part-time (after school and Saturdays are mandatory).

We are looking for flexible, compassionate and enthusiastic individuals who thrive in a fast-paced working environment, and who are looking for long-term, meaningful employment in a career that makes a real difference to clients of all ages. Successful candidates must be able to work independently within the framework of a diverse team. Students or graduates in the faculties of Linguistics, Psychology, English, Sociology and some Education streams will have the necessary background for these positions. We assess candidates based on their ability to develop rapport with their students, their creativity in their ability to adapt their teaching style and on their communication skills. Candidates must possess strong reading and spelling skills. We also assess competence in spelling, written language and math. These positions require internal training.

Early submission of resumes is recommended. Please email cover letters and resumes to

[amanda@readingfoundation.com](mailto:amanda@readingfoundation.com) for consideration.

For Graduate Students, Faculty, & Staff

# JOIN THE GPPP EXEC TEAM!

EMAIL [GRADPPP@UCALGARY.CA](mailto:GRADPPP@UCALGARY.CA)

## OPEN POSITIONS

- CO-PRESIDENT
- VP SECRETARY & FINANCE
- VP COMMUNICATIONS
- VP MENTORSHIP





# Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



(Mandy and Mew) Courtesy of Jasleen Kaur

Do you have something you would like to include in the Monday Memo newsletter? Please send it to [samina.javeed@ucalgary.ca](mailto:samina.javeed@ucalgary.ca) before Thursday at noon.

Department of  
Psychology

University of  
Calgary

Pod Office:  
ES 356

<https://arts.ucalgary.ca/psychology/news/monday-memo>

For your pet to be featured in the Monday Memo, please email: [dana.watts@ucalgary.ca](mailto:dana.watts@ucalgary.ca)