Parents have faced substantial social and economic challenges during the COVID-19 pandemic. Preliminary cross-sectional research has demonstrated increases in mental health problems in mothers during the COVID-19 pandemic compared with pre-pandemic estimates. We aimed to study an existing longitudinal cohort of mothers to assess changes in the prevalence of maternal depression and anxiety symptoms as a result of the COVID-19 pandemic over time and at the individual level. In this longitudinal observational study, women who took part in the All Our Families pregnancy cohort in Canada were invited to complete a COVID-19 impact survey between May 20 and July 15, 2020. Women who had not agreed to additional research, had discontinued, were lost to follow-up, or who were not contactable via email were excluded. Maternal depression and anxiety symptoms during the COVID-19 pandemic were compared with three previous estimates collected at 3, 5, and 8-year timepoints (between April, 2012, and October, 2019). Depression symptoms were assessed using the 10-item Center for Epidemiological Studies Depression scale and anxiety symptoms were assessed using the short form of the Spielberger State-Trait Anxiety Inventory. Repeated cross-sectional analyses were done to assess temporal trends and fixed-effects regression models were fitted to assess within-person change over time.

**RESEARCH NOTES AND ACTIVITIES**


**EVENTS**

**Cognitive Science Seminars**

The Cognitive Science Seminars (CSS) are back on Mondays from 13:00 to 14:00!

CSS is a series of talks given by trainees and faculty in cognitive psychology where we share our current work, practice presentations, and discuss issues in the field.

The next and final session will be on **April 12th**, where **Dr. Penny Pexman** will be giving her presentation: “Grasping word Meaning: Sensorimotor and Emotion Effects in Lexical Development.” Where she will discuss the role of sensorimotor information in the development lexical and conceptual knowledge in early childhood. Dr. Pexman will specifically talk about how this connects to different theories of embodied cognition, which propose that sensorimotor experience is needed for learning and accessing knowledge.

Join Zoom Meeting
https://ucalgary.zoom.us/j/90728656894

Passcode: CSS2021

If you are interested in presenting at CSS or joining our mailing list, please email Chelsie at chelsie.hart@ucalgary.ca

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The Social, Personality, and Social Development (SPSD) Psychology Research Group gathers via Zoom every two weeks on **Mondays from 3:00 pm – 4:30 pm**. We discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

Our last meeting in the Winter semester will be held on **April 12, 2021**. Dr. Melissa Boyce’s honours student, Antonio Di Tata will present his research titled “Modern Celebrities and Modern Attitudes: A Dance of Perspectives.”

This presentation will be followed by an open discussion about Equity, Diversity, and Inclusion in the psychology department.

You can use the following Zoom link to join the SPSD meetings during the winter semester:

https://ucalgary.zoom.us/j/98917604481

Meeting ID: 989 1760 4481

Password: SPSD
EVENTS Continued...

Weekly EDI Events for April 5 - April 9, 2021

- April 8, 5:00 p.m. MST Purdue University EDI Events - Intersectionality Speaker Series: JOSE ANTONIO VARGAS, journalist, author, and filmmaker
- *Biweekly* starting on April 8, 12:00-1:00 p.m. – UC Faith and Spirituality Centre - Social Group for LGBTQIA+ Staff and Faculty (NOTE: be mindful of the target audience – staff and faculty)

Are You Interested in Open Science? So Are We!

Join the students in the Open Science Student Support Group (OSSSG) for biweekly sessions where we discuss and learn about different open science practices and support each other in implementing these practices in our own research. Everyone is welcome to attend any or all sessions and are encouraged to bring friends!

Our next session will be more informal, and we hope to discuss hot topics currently happening in non-journal spaces (e.g., Twitter) about open science. Participants are welcome to bring a topic that they wish to discuss. For example, controversy has been brewing on Academic Twitter lately regarding the newly-launched Curate Science initiative (https://twitter.com/curatescience/status/1371927234899017731). Curate Science aims to enforce the use of transparent/open science methods in research by performing “transparency audits” of individual researchers’ bodies of work. This has highlighted several ongoing questions in the open science community, including whether open science should be policed (and if so by whom) and whether the use of open science practices can be encouraged without resorting to punitive methods.

**Topic: Hot Topics in Open Science**

**When: Friday April 9th from 4:00 – 5:30pm**

For more details and to register* for this session, go to: https://ucalgary.zoom.us/meeting/register/tJ0uc-2qqTIlGdNhO2vfsjaqos_rUoOrFM

*After registering, you will receive a confirmation email containing individual information for joining the meeting.

For more general information on the sessions and our group, please join our Slack workspace!

For questions, contact Gwen van der Wijk @ gwen.vanderwijk@ucalgary.ca

Image by Gealen Pinnock (CC BY 4.0)
PSYCHOLOGY IN THE NEWS

Dr. Brandy Callahan in UCalgary News "UCalgary researcher studies link between ADHD and accelerated cognitive aging"

VOLUNTEER AND JOB POSTINGS
For Graduate Students, Faculty, & Staff

Alberta Gambling Research Institute’s 2021/2022 Scholarship Call is now open.

The deadline for applications is 4:00 pm, May 31, 2021 with notifications sent by June 28, 2021.

The AGRI website link for scholarship guidelines and applications is:

https://research.ucalgary.ca/alberta-gambling-research-institute/apply-grants/graduate-student-scholarships/scholarship-guidelines

The Proposal Adjudication Committee would like to inform you of the following general principles for the AGRI Scholarship process in the awarding of scholarships:

1) applicants must have a direct gambling focus for their scholarship research project

2) applicants must have their scholarship research project fall under one or more of AGRI’s stakeholder priorities (see attached AGRI Stakeholder Priority Action Plan 2022-2024)

3) all sections in the application weigh in on the success of the applicant, eg., having publications / conference presentations is more favourable than not having any.

4) the awarding of scholarships is not based on whether the applicant received an AGRI scholarship in the previous year(s)

5) the number of applications received impacts the level of competition

UCalgary Faith and Spirituality Centre (FSC), New Peer Support Program Launching Next Fall!

What is peer support?

Peer support is a peer-listening method of emotional and social support to create a safe zone where students can feel listened to and inspire hope. The FSC’s peer support will provide general secular peer-listening support, but we also specialize in spiritual guidance and referral to a faith representative, as we have 21 faith representatives of different cultures and faiths. The FSC is devoted to the message of pluralism and in that – inclusion. We accommodate every student’s spiritual and secular needs as best as we can.

What do we need from you?

We are currently designing it and looking for feedback to best support our current students. This is a short anonymous survey where we are collecting that feedback - https://survey.ucalgary.ca/FSCpeer_support. At the end of the survey, there is also an option to indicate whether students are interested in becoming a volunteer or not so this will also be great for students to gain some volunteer experience and contribute to the community.

Please email interfaith@ucalgary.ca if you have any questions regarding this survey or the Faith and Spirituality Centre.
University of Pennsylvania, Positive Psychology Center: Primals Research Awards Announcement

The University of Pennsylvania Positive Psychology Center, with support from the Templeton Religion Trust, is pleased to announce the Primals Research Awards. Our goal is to promote new empirical research exploring how primal world beliefs ('primals') are formed, maintained, change, or influence nontrivial outcomes or psychological processes.

As recently introduced (Clifton et al., 2019, https://tinyurl.com/y4m62r7k), primals are basic perceptions of the general character of the world as a whole, such as the world is dangerous and the world is interesting, that correlate with many behaviors and wellbeing-related variables. We are awarding one $250,000 award and two $125,000 awards that will be administered over 24 months (July 1, 2022 to June 30, 2024) to Principal Investigators proposing to examine primals from any of the following eight disciplinary perspectives:

1. Clinical Psychology
2. Positive Psychology
3. Health Psychology
4. Organizational Psychology
5. Political Psychology
6. Personality Psychology
7. Social Psychology
8. Developmental Psychology

Project leaders are Dr. Jeremy Clifton and Dr. Martin Seligman. Advisors are Dr. Crystal Park and Dr. Alia Crum.

Letters of Intent (2 pages max) are due Sept 26, 2021. See full details here: https://tinyurl.com/b3mmazc3
Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!

Noah 😊