



UNIVERSITY OF  
CALGARY

# MONDAY MEMO

FEBRUARY 1, 2021

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## DEPARTMENT NEWS

### HIGHLIGHTED PUBLICATION



**Toivonen, K., Williamson, T.M., Carlson, L., & Walker, L Campbell, T.S.,** (2020). Potentially Modifiable Factors Associated with Adherence to Adjuvant Endocrine Therapy among Breast Cancer Survivors: A Systematic Review. *Cancers*.  
<http://dx.doi.org/10.3390/cancers13010107>



Adjuvant endocrine therapy (AET) reduces risk of breast cancer recurrence. However, suboptimal adherence and persistence to AET remain important clinical issues. Understanding factors associated with adherence may help inform efforts to improve use of AET as prescribed. The present systematic review examined potentially modifiable factors associated with adherence to AET in accordance with PRISMA guidelines. This review also accounted for the frequency with which a potentially modifiable factor was examined and whether univariate or multivariate models were used. This review also examined whether methodological or sample characteristics were associated with the likelihood of a factor being associated with AET adherence. A total of 68 articles were included. Potentially modifiable factors were grouped into six categories: side effects, attitudes toward AET, psychological factors, healthcare provider-related factors, sociocultural factors, and general/quality of life factors. Side effects were less likely to be associated with adherence in studies with retrospective or cross-sectional than prospective designs. Self-efficacy (psychological factor) and positive decisional balance (attitude toward AET) were the only potentially modifiable factors examined  $\geq 10$  times and associated with adherence or persistence  $\geq 75\%$  of the time in both univariate and multivariate models. Self-efficacy and decisional balance (i.e., weight of pros vs. cons) were the potentially modifiable factors most consistently associated with adherence, and hence may be worth focusing on as targets for interventions to improve AET adherence among breast cancer survivors.

## RESEARCH NOTES AND ACTIVITIES

- Committeri, G., Fragueiro, A., Campanile, M. M., Lagatta, M., Burles, F., **Iaria, G.**, ... & Tosoni, A. (2020). Egocentric navigation abilities predict episodic memory performance. *Frontiers in human neuroscience*, 14. DOI: [10.3389/fnhum.2020.574224](https://doi.org/10.3389/fnhum.2020.574224)
- Tosi, G., Parmar, J., Dhillon, I., Maravita, A., & **Iaria, G.** (2020). Body illusion and affordances: the influence of body representation on a walking imagery task in virtual reality. *Experimental Brain Research*, 238(10), 2125-2136. DOI: [10.1007/s00221-020-05874-z](https://doi.org/10.1007/s00221-020-05874-z)
- Williamson, T.M.**, Runte, M., Runte, T., Sheldon, R.S., King-Shier, K., Campbell, T.S., & Raj, S.R. on behalf of the CASMER investigators. (2021). A qualitative study to identify factors that influence patients' decisions to call Emergency Medical Services for syncope. *Canadian Journal of Emergency Medicine*. <https://rdcu.be/cdfoX>
- Williamson, T.M., Moran, C.**, McLennan, A., Seidel, S., **Koerner, M.**, Ma, P., & **Campbell, T.** (2020). Promoting adherence to physical activity among individuals with cardiovascular disease using behavioral counseling: A theory and research-based primer for health care professionals. *Progress in Cardiovascular Disease*. DOI: <http://dx.doi.org/10.1016/j.pcad.2020.12.007>
- Felske, A., **Williamson, T.M.**, Scurry, S., Telfer, J., **Campbell, T.S.** & Rash, J.A. (2020). The Influence of Weight-Related Self-Esteem and Symptoms of Depression on Shape and Weight Concerns and Weight-Loss 12 Months After Bariatric Surgery. *Obesity Surgery*. DOI: <http://dx.doi.org/10.1007/s11695-020-05097-9>
- Ross, K. M.**, Oltman, S., Baer, R., Altman, M., Feuer, S., Flowers, E., Gomez, A., & Jelliffe-Pawlowski, L. (Accepted). Socioeconomic status, \*diabetes\* and gestational length in Native American and White women. *Health Psychology*.
- Letourneau, N., Ntanda, H., Jong, V., Mahinpey, N., Giesbrecht, G., & **Ross, K. M.** (Accepted). Prenatal maternal distress and immune cell epigenetic profiles at 3-months of age. *Developmental Psychobiology*.
- Carroll, J. E., **Ross, K. M.**, Horvath, S., Okun, M., Mancuso, R., Sadek, A., Hobel, C., Coussons-Read, M., & Dunkel Schetter, C. (Accepted). Postpartum sleep loss and accelerated epigenetic aging. *Sleep Health*.
- MacKinnon, A. L., Madsen, J.**, Giesbrecht, G., **Campbell, T.**, Carlson, L., Dimidjian, S., Letourneau, N., Tough, S., & **Tomfohr-Madsen, L.** (2021). Effects of Mindfulness-Based Cognitive Therapy in Pregnancy on Psychological Distress and Gestational Age: Outcomes of a Randomized Controlled Trial. *Mindfulness*, 1-12. <https://doi.org/10.1007/s12671-020-01585-2>

## EVENTS

### Workshop on Incorporating Equity, Diversity, and Inclusion (EDI) Mentality in our Research and Methodology

**When: Wednesday, February 10<sup>th</sup>, 12:00-1:15 p.m.**

**Zoom Link: <https://ucalgary.zoom.us/j/2557597264> Meeting ID: 255 759 7264 Passcode: 090604**

Have you ever wondered how EDI may impact your research? Are you thinking about incorporating EDI into your current research but not sure where to start? The EDI committee is collaborating with the PSYCH 600 course to leading a workshop on how to incorporate EDI into your current research and methodology process. EDI is embedded in all aspects of the research process, beginning with the researcher (e.g., considering how our world views and social position impact our research decisions) and ending with the ways that we communicate our findings (e.g., research implications). In this workshop we will discuss the importance of consciously making research decisions with EDI in mind. Specifically, we will discuss:

1. The importance of incorporating a clear definition of diversity into our research process.
2. Understanding methodological considerations and principles within a diverse context.
3. Understanding the implications of diversity for communicating research and findings.
4. Deeply thinking about how diversity has the potential to influence different psychological research areas.

Please RSVP for this event HERE: [https://survey.ucalgary.ca/jfe/form/SV\\_6PeBDbR3xKabFNY](https://survey.ucalgary.ca/jfe/form/SV_6PeBDbR3xKabFNY)

All are welcomed! Equity, Diversity, & Inclusion Committee | Department of Psychology

### Together Against Misinformation

#ScienceUpFirst is a social media movement developed by a team of independent scientists, health care providers and science communicators to stop the spread of misinformation around COVID-19. Our goal is to put science first and we need your help!

The initiative: [www.ScienceUpFirst.com](http://www.ScienceUpFirst.com)

Commentary in the Globe and Mail: [https://www.theglobeandmail.com/canada/article-scientists-health-experts-launch-social-media-campaign-to-counter/?utm\\_medium=Referrer:+Social+Network+Media&utm\\_campaign=Shared+Web+Article+Links](https://www.theglobeandmail.com/canada/article-scientists-health-experts-launch-social-media-campaign-to-counter/?utm_medium=Referrer:+Social+Network+Media&utm_campaign=Shared+Web+Article+Links)



## EVENTS Continued...



Partnered with ACHRI and WCHRI, CCHCSP is excited to offer fall CCHCSP Certificate eligible sessions virtually. All are welcome, trainees of any level or discipline and faculty

DATE	TIME	ROOM	SESSION	SPEAKER	3 Objectives
Wednesday, February 17, 2021	12:00-1:30pm	Zoom	Engaging patients as partners in research	Sumedh Bele	<ol style="list-style-type: none"> <li>1. Learn about the basics of patient-oriented research: what it is, why it is important and how you can start to engage patients as partners in your research projects</li> <li>2. Identify the kinds of roles patient partners are interested in</li> <li>3. Identify patient-reported outcome measures</li> </ol>
Wednesday, March 17, 2021	11:30am-1:30pm	Zoom	Introduction to writing research proposals	Samina Ali	<ol style="list-style-type: none"> <li>1. Learn to present and justify the need to study a research problem and to present the practical ways in which the proposed study should be conducted</li> <li>2. Work through real-life examples aimed at making you more comfortable with choosing a focus and writing a research proposal</li> </ol>
Friday, April 30, 2021	11:30am-1:30pm	Zoom	Equity and diversity in research	Helly Goez	<ol style="list-style-type: none"> <li>1. Learn how equity, diversity and inclusion (EDI) measures reduce biases in research</li> <li>2. Understand that by considering differing views, ideas and approaches, equitable and inclusive practices help promote research excellence that better addresses the needs of a diverse Canadian population</li> <li>3. Understand how to include EDI measures in your research</li> </ol>

*\*Please note that these sessions will be recorded for educational purposes. If you have any questions or concerns, please contact Tanya Graves-Smith ([tanya.graves-smith@ahs.ca](mailto:tanya.graves-smith@ahs.ca))*

To register, please contact Tanya Graves-Smith ([tanya.graves-smith@ahs.ca](mailto:tanya.graves-smith@ahs.ca))

### Research Study on Psychologists' Research and Clinical Interests



Researchers at Texas Tech University are recruiting faculty, graduate students, and postdoctoral trainees from APA- and CPA-accredited programs in clinical, counseling, and school psychology for a study on the development of research and clinical interests in these fields. The IRB-approved survey (TTU IRB2020-593) will take between 15 and 30 minutes of your time, and participation is entirely anonymous. Participants may enter a drawing for one of several \$50 (USD or CAD, as applicable) Amazon gift cards (odds of winning are 1/100 or better, dependent on the number of participants). The drawing will occur within one week after the close of data collection, in approximately one month. Please note that individuals must be able to complete measures in English to participate. Our study's results may have implications for improving the culture surrounding academic psychology.

Link: <https://tinyurl.com/PsychResearchInterestsStudy>

For Questions, contact: Dr. Sarah Victor (PI) at [Sarah.Victor@ttu.edu](mailto:Sarah.Victor@ttu.edu) or +1-806-834-0340.

*(Students, please note participating in this study will not count towards your research participation credits.)*

## Participate in the APPROACH Online Study

### Inclusion Criteria

- identify as a woman (cis- or trans) or as non-binary
- are 19 years or older
- have or do not have sexual desire difficulties
- able to read, write, and speak English
- have access to a computer and Internet

### Interested?

- E-mail: [faith.jabs@vch.ca](mailto:faith.jabs@vch.ca)
- [www.brottolab.com](http://www.brottolab.com)
- Principal Investigator: Dr. Lori Brotto

An honorarium will be provided.

\*Please note that optional COVID-19 stress questions are included in the study to better understand COVID-19's impact on study participation.



### APPROACH STUDY

**Do you experience sexual desires difficulties? Participate in the APPROACH Online Study**

Sexual Health Research at the University of British Columbia in Vancouver is currently running an online study examining the role of sexual motivation or sexual goals and their impact on sexual well-being. They have received full ethics approval from the University of British Columbia (Study Number: H19-04039).

Visit [www.brottolab.com](http://www.brottolab.com) for more information.

*(Students, please note participating in this study will not count towards your research participation credits.)*

## EVENTS Continued...



### Eating Disorder Awareness Week: Cupcake Decorating & Nutrition Workshop

February 4<sup>th</sup> 6:30-8:00PM MST

This year for Eating Disorder Awareness Week, the UCalgary Eating Disorder Awareness Group is hosting a virtual event which will include cupcake decorating hosted by Carlie Montpettie and a Q&A/presentation with registered dietician, Sarah Higgins! Both portions of the event are optional, so feel free to be involved in whatever you feel comfortable with. If you participate in the cupcake decorating and you live in Calgary, there is an additional fee of \$12 for the cupcake kit. If you live elsewhere or do not want to purchase a kit, you are welcome to arrange for your own supplies and ingredients.

Sign-up here: <https://www.eventbrite.ca/e/cupcake-decorating-nutrition-workshop-tickets-135533326829?aff=erelexpmlt>



The **Department of Psychology Strategic Planning Committee** is looking for staff, graduate students, and faculty to join. If you are interested in joining or need more information, please contact Leah Pezer ([leah.pezer@ucalgary.ca](mailto:leah.pezer@ucalgary.ca))

The **Social, Personality, and Social Development (SPSD) Psychology Research Group** gathers via Zoom every two weeks on Mondays from 3:00 pm – 4:30 pm. We discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

In our next meeting on February 1st, 2021, we have the pleasure of having Dr. Susan Boon present on her research talk titled “More Questions Than Answers: What We Don’t Know About Revenge in Interpersonal Relationships and Why It Matters.”

Also, on Monday, February 15, at 4 pm (during the winter break), we will have an online gathering. All SPSDers, their families, and pets are welcome!

You can use the following Zoom link to join the SPSD meetings during the winter semester.

<https://ucalgary.zoom.us/j/98917604481>; Meeting ID: 989 1760 4481 ;Password: SPSPD



## Are You Interested in Open Science? So Are We!

Join the students in the Open Science Student Support Group (OSSSG) for biweekly sessions where we discuss and learn about different open science practices and support each other in implementing these practices in our own research. Everyone is welcome to attend any or all sessions and are encouraged to bring friends



The first practice we will discuss this semester is **REPRODUCIBLE SCIENCE**

Our second session this term on Reproducible Science will be on February 12th

After that, our next topic of the term will be Equity, Diversity, and Inclusivity in Open Science!

The first session for this topic will be February 26th!

Stay tuned for more details on these upcoming sessions!

For more information on the sessions and our group, please join our [Slack](#) workspace. For questions, contact Gwen van der Wijk @ [gwen.vanderwijk@ucalgary.ca](mailto:gwen.vanderwijk@ucalgary.ca)

[Image](#) by Gealen Pinnock (CC BY 4.0)

## EVENTS Continued...

### Brenda Milner Neuropsychology Day and Lecture

Tuesday, May 25, 2021

The 22nd Annual Neuropsychology Day and Brenda Milner Lecture honours the career and achievements of Dr. Milner, an eminent cognitive neuroscientist and pioneer of the discipline of neuropsychology. We are pleased to welcome Dr. John D.E. Gabrieli, Grover Hermann Professor of Health Sciences and Technology and Cognitive Neuroscience at MIT, as the 22nd Annual Brenda Milner Lecturer in Cognitive Neuroscience. Dr. Gabrieli will present his lecture entitled "Learning and Memory in the Human Brain". The scientific portion of the day will provide young scientists following in the footsteps of Brenda Milner an opportunity to share and shine a light on their work in cognitive neuroscience. Undergraduate students, graduate students and post-doctoral fellows are invited to present their work as posters, flash talks or to be viewed in our Gallery space.

## NEURO CONFERENCE 2021 NEUROPSYCHOLOGY DAY

SAVE THE DATE | May 25, 2021



Featuring the  
**BRENDA MILNER LECTURE**

### LEARNING AND MEMORY IN THE HUMAN BRAIN



**John D.E. Gabrieli, PhD**  
Grover Hermann Professor, Health Sciences and Technology  
Massachusetts Institute of Technology (MIT), Cambridge, USA

Do you want to expand your research network? We want to hear from you about your current projects at any stage: literature reviews, research questions, preliminary data, projects 'in the making'! In this "pandemic edition" of the Brenda Milner Neuropsychology Day, our focus is to promote and enjoy interactions, to share information and to connect with the cognitive neuroscience community across Montreal and around the world. If you would like to present your research, please submit your abstract [here](#). **The deadline for submissions is February 28, 2021.** Several prizes will be awarded.

The prizes include:

- Top Abstracts - \$250 for first place, \$100 for up to 3 runners-up
- plus more prizes for best talks and posters, judged at the event!
- ...Prize-winners will also have the opportunity to participate in a virtual round-table discussion with invited speaker Dr. John Gabrieli and will be listed on the Brenda Milner Neuropsychology Day 'Honour Roll'

**Lecture registration:** [Eventbrite](#); **Registration:** [Scientific Sessions](#)  
Visit the website for more [information](#). **Contact :** [Debbie Rashcovsky](#)

## PSYCHOLOGY IN THE NEWS



Dr. Adam McCrimmon in Yahoo! Finance ["Can You Grow Out of Asthma?"](#)

## VOLUNTEER AND JOB POSTINGS

### For Graduate Students, Faculty, & Staff

#### Trailhead Integrated Health

Charlene Bradford, MEd. RPsych, RPT from Trailhead Integrated Health [www.trailheadhealth.ca](http://www.trailheadhealth.ca) is looking for a provisional psychologist (or a graduate who is ready to start the provisional process) to join her team in Whitehorse, Yukon. If you are interested in moving north to work at a small practice (3-5 people) with children and families, providing therapy and assessment services, please contact Charlene at [charlene@trailheadhealth.ca](mailto:charlene@trailheadhealth.ca) or (867) 668-2612. She is happy to provide more information about their clients, the services they offer, and the benefits of living in the Yukon.

#### University of Nevada, Reno (Department of Psychology)

The Department of Psychology at the University of Nevada Reno invites applications for the position of Professor and Director of Clinical Training (DCT) in our APA-accredited Clinical Psychology Graduate Program (<https://www.unr.edu/psychology>).

**Required Qualifications:** PhD in Clinical Psychology or Clinical Science; completion of an APA-accredited internship; 2 years of experience as DCT, Associate/Deputy DCT, or other substantive administrative/leadership role in an accredited Clinical Psychology PhD program; 4 years of experience supervising clinical doctoral students; licensed or license-eligible in Nevada; and record of excellence in research, teaching, and service that supports appointment and tenure at the rank of Professor at an R1 institution.

## Volunteer and Job Postings Continued...

**Department Information:** The Clinical Psychology Graduate Program at the University of Nevada, Reno, is a part of the Department of Psychology in the College of Science. The program has six full-time faculty and will hire two more, including this advertised position. Members of the faculty conduct research at UNR and with community partners such as Renown Regional Medical Center and the VA Sierra Nevada Healthcare System. The clinical program provides clinical training and conducts clinical research in an in-house Psychological Services Center (<https://www.unr.edu/psychology/psychological-services>). The Department has strong programs in Cognitive & Brain Science and Behavior Analysis, and collaboration across program areas is encouraged.

**Application Instructions:** Applications are (only) accepted online at <https://www.unr.edu/hr/jobs>. A complete application will include a curriculum vitae, cover letter, research and teaching statement, statement on diversity and inclusion, three representative publications, and contact information for five professional references. Review of applications will begin on February 15, 2021; applications will be accepted until the position is filled. Preferred starting date is July 1, 2021.

### Northwestern University (Department of Psychiatry)

Dr. Stewart Shankman is looking to hire two full-time Post-Doctoral Research Fellows for his lab (<https://sites.northwestern.edu/nearlab/>) at Northwestern University (Department of Psychiatry) who have expertise in human electrophysiology (and perhaps neuroimaging). The post-doctoral fellows will work on several current and pending NIH funded studies examining the mechanisms and risk factors for internalizing psychopathologies (e.g., depression and anxiety) as well as the relation between internalizing and externalizing disorders. Candidates who have advanced statistical analysis abilities (e.g., mixture models/latent profile analysis, etc.) or knowledge of sophisticated electrophysiological methodologies (e.g., time frequency decomposition, source localization, etc.) are especially encouraged to apply. These postdocs will have the unique opportunity to work on multi-method (e.g., psychophysiology, neuroimaging, behavior) research while gaining knowledge of psychopathology and mental health research. The post-docs will take the lead on writing up papers using new and existing data, and will be encouraged to pursue independent grants (e.g., K-awards), research, and collaborations within Northwestern University and across Dr. Shankman's network of collaborators.

Applicants should email [emailstew.shankman@northwestern.edu](mailto:emailstew.shankman@northwestern.edu): (a) a cover letter detailing your research experience and fit for Dr. Shankman's lab, (b) a CV, (c) 3 representative publications, and (d) email addresses of three references. Candidates should have a Ph.D. in Neuroscience, Cognitive Psychology, Clinical Psychology or related discipline. Review of applications will begin immediately (expected start date: Spring/Summer 2021).

Northwestern University is an Equal Opportunity, Affirmative Action Employer of all protected classes, including veterans and individuals with disabilities. Women, underrepresented racial and ethnic minorities, individuals with disabilities, and veterans are encouraged to apply. Hiring is contingent upon eligibility to work in the United States. (Dr. Shankman is now on faculty at Northwestern University and can be reached more directly at [stew.shankman@northwestern.edu](mailto:stew.shankman@northwestern.edu))

### Assistant Professor of Psychology, PhD Program in Clinical Psychology, Hofstra University

The Department of Psychology at Hofstra University invites applications for an anticipated full-time, tenure-track assistant professor position in Clinical Psychology beginning **September 2021**. Candidates with interests in any area of child, adolescent, or adult psychopathology and psychological treatment, are encouraged to apply. The position is primarily for the Ph.D. Program in Clinical Psychology, although some undergraduate teaching is possible as well. Our Ph.D. program follows the scientist-practitioner model and faculty members clinical orientation is primarily cognitive behavioral (e.g., cognitive therapy, behavioral analysis, exposure therapy, acceptance and commitment therapy, dialectical behavior therapy). The ideal applicant will complement the existing core faculty members' areas of expertise. We strongly encourage applicants from historically underrepresented identities that are eager to contribute to an inclusive learning environment. See the following link for more information about our doctoral program: <http://www.hofstra.edu/Clinicalpsy>

Applicants must be certain that their PhD in clinical psychology will be awarded by May 31, 2021. Candidates should show clear evidence of research productivity along with the potential to develop an independent program of research, and a significant commitment to teaching and supervision at the graduate level.

To apply, email (1) a letter that describes teaching, research, and applied experience and interests; (2) curriculum vita; (3) a statement addressing your past and future planned contributions to mentoring underrepresented students and fostering a diverse, inclusive community through research, teaching, and service, (4) graduate transcripts; (5) representative reprints/preprints; and (6) have three letters of recommendation sent to: Dr. Craig Johnson, Chair, Department of Psychology, Hofstra University (email: [Craig.A.Johnson@Hofstra.edu](mailto:Craig.A.Johnson@Hofstra.edu)). **Review of applications will begin immediately and will continue until the position is filled.** If possible, submit items 1 - 4 within one pdf file.

### Tenure Track Position: Social Psychology, Memorial University

The Department of Psychology at Memorial University of Newfoundland invites applications for a tenure-track Assistant Professor position in Social Psychology (Position Number FO1632-2020- 25). We are seeking a candidate who specializes in applied research and evaluation, with strong methodological and quantitative skills. The successful candidate will have a Ph.D. in Psychology; will show evidence of an active research programme; will be expected to obtain external funding; will contribute to teaching courses both within the candidate's area of specialty as well as lower level psychology courses; and will be expected to participate in the Department's highly successful Applied Psychological Science Graduate Program. Applicants should submit (1) a curriculum vitae; (2) a statement of research interests and three selected reprints; (3) a statement of teaching interests and evidence of effective teaching; and (4) the names, mailing addresses and email addresses of three referees to: Dr. Mary Courage, Head, Department

## **Volunteer and Job Postings Continued...**

of Psychology Memorial University of Newfoundland, St. John's, NL, A1B 3X9. Electronic submissions are strongly encouraged and may be sent via e-mail to Psychology.Head@mun.ca The deadline for receipt of a complete application is March 31, 2021. The appointment will begin on July 1, 2021.

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### **Teaching Term Appointment, Memorial University**

The Department of Psychology at Memorial University of Newfoundland invites applications for a three-year Teaching Term position in the Department of Psychology at the rank of Assistant Professor. The successful candidate will (1) have a doctorate degree in psychology, and (2) be able to teach courses in our undergraduate program in areas where we need coverage in human psychology, particularly in clinical and social psychology. Previous teaching in a university setting would be an asset. Applicants should submit (1) a cover letter summarizing their interest in the position; (2) a curriculum vitae; (3) a statement of their teaching philosophy and evidence of teaching effectiveness; and (4) names, email and mailing addresses of 3 referees to: Dr. Mary Courage, Head, Department of Psychology Memorial University of Newfoundland, St. John's, NL, A1B 3X9. Electronic submissions are strongly encouraged and maybe sent via e-mail to Psychology.Head@mun.ca. The deadline for receipt of all materials is March 31, 2021. The appointment will begin on July 1, 2021.

# Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



## **Huxley and Hunter**

Photo provided by Sharon Schille

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**Do you have something you would like to include in the Monday Memo newsletter? Please send it to [sharon.schille@ucalgary.ca](mailto:sharon.schille@ucalgary.ca) before Thursday at noon.**

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