Adjuvant endocrine therapy (AET) reduces risk of breast cancer recurrence. However, suboptimal adherence and persistence to AET remain important clinical issues. Understanding factors associated with adherence may help inform efforts to improve use of AET as prescribed. The present systematic review examined potentially modifiable factors associated with adherence to AET in accordance with PRISMA guidelines. This review also accounted for the frequency with which a potentially modifiable factor was examined and whether univariate or multivariate models were used. This review also examined whether methodological or sample characteristics were associated with the likelihood of a factor being associated with AET adherence. A total of 68 articles were included. Potentially modifiable factors were grouped into six categories: side effects, attitudes toward AET, psychological factors, healthcare provider-related factors, sociocultural factors, and general/quality of life factors. Side effects were less likely to be associated with adherence in studies with retrospective or cross-sectional than prospective designs. Self-efficacy (psychological factor) and positive decisional balance (attitude toward AET) were the only potentially modifiable factors examined ≥10 times and associated with adherence or persistence ≥75% of the time in both univariate and multivariate models. Self-efficacy and decisional balance (i.e., weight of pros vs. cons) were the potentially modifiable factors most consistently associated with adherence, and hence may be worth focusing on as targets for interventions to improve AET adherence among breast cancer survivors.

RESEARCH NOTES AND ACTIVITIES


EVENTS

Workshop on Incorporating Equity, Diversity, and Inclusion (EDI) Mentality in our Research and Methodology
When: Wednesday, February 10th, 12:00-1:15 p.m.
Zoom Link: https://ucalgary.zoom.us/j/2557597264 Meeting ID: 255 759 7264 Passcode: 090604

Have you ever wondered how EDI may impact your research? Are you thinking about incorporating EDI into your current research but not sure where to start? The EDI committee is collaborating with the PSYCH 600 course to leading a workshop on how to incorporate EDI into your current research and methodology process. EDI is embedded in all aspects of the research process, beginning with the researcher (e.g., considering how our world views and social position impact our research decisions) and ending with the ways that we communicate our findings (e.g., research implications). In this workshop we will discuss the importance of consciously making research decisions with EDI in mind. Specifically, we will discuss:
1. The importance of incorporating a clear definition of diversity into our research process.
2. Understanding methodological considerations and principles within a diverse context.
3. Understanding the implications of diversity for communicating research and findings.
4. Deeply thinking about how diversity has the potential to influence different psychological research areas.

All are welcomed!
Equity, Diversity, & Inclusion Committee | Department of Psychology

Together Against Misinformation

#ScienceUpFirst is a social media movement developed by a team of independent scientists, health care providers and science communicators to stop the spread of misinformation around COVID-19. Our goal is to put science first and we need your help!

The initiative: www.ScienceUpFirst.com

EVENTS Continued...

Partnered with ACHRI and WCHRI, CCHCSP is excited to offer fall CCHCSP Certificate eligible sessions virtually. All are welcome, trainees of any level or discipline and faculty

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<th>DATE</th>
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| Wed  | 12:00-1:30pm | Zoom | Engaging patients as partners in research | Sumedh Bele | 1. Learn about the basics of patient-oriented research: what it is, why it is important and how you can start to engage patients as partners in your research projects  
2. Identify the kinds of roles patient partners are interested in  
3. Identify patient-reported outcome measures |

*Please note that these sessions will be recorded for educational purposes. If you have any questions or concerns, please contact Tanya Graves-Smith (tanya.graves-smith@ahs.ca)

To register, please contact Tanya Graves-Smith (tanya.graves-smith@ahs.ca)

Brenda Milner Neuropsychology Day and Lecture
Tuesday, May 25, 2021

The 22nd Annual Neuropsychology Day and Brenda Milner Lecture honours the career and achievements of Dr. Milner, an eminent cognitive neuroscientist and pioneer of the discipline of neuropsychology. We are pleased to welcome Dr. John D.E. Gabrieli, Grover Hermann Professor of Health Sciences and Technology and Cognitive Neuroscience at MIT, as the 22nd Annual Brenda Milner Lecturer in Cognitive Neuroscience. Dr. Gabrieli will present his lecture entitled “Learning and Memory in the Human Brain”. The scientific portion of the day will provide young scientists following in the footsteps of Brenda Milner an opportunity to share and shine a light on their work in cognitive neuroscience. Undergraduate students, graduate students and post-doctoral fellows are invited to present their work as posters, flash talks or to be viewed in our Gallery space.

Do you want to expand your research network? We want to hear from you about your current projects at any stage: literature reviews, research questions, preliminary data, projects ‘in the making’! In this ‘pandemic edition’ of the Brenda Milner Neuropsychology Day, our focus is to promote and enjoy interactions, to share information and to connect with the cognitive neuroscience community across Montreal and around the world. If you would like to present your research, please submit your abstract here. The deadline for submissions is February 28, 2021. Several prizes will be awarded.

The prizes include:
- Top Abstracts - $250 for first place, $100 for up to 3 runners-up
- ...Prize-winners will also have the opportunity to participate in a virtual round-table discussion with invited speaker Dr. John Gabrieli and will be listed on the Brenda Milner Neuropsychology Day ‘Honour Roll’

Lecture registration: Eventbrite  
Registration: Scientific Sessions  
Visit the website for more information. Contact: Debbie Rashkovsky

WCHRI Learning Session
Engaging patients as partners in research

Wednesday, February 17 Noon – 1:30 p.m. | Zoom

Presented By: Sumedh Bele, Assistant Director for the Patient Engagement Platform  
in Alberta Strategy of Patient-oriented Research (SPOR) Support Unit

Register Here: wchri.org/events

(This session meets requirements for both the CCHCSP training curriculum and FGSR professional development)
EVENTS Continued...

Research Study on Psychologists’ Research and Clinical Interests

Researchers at Texas Tech University are recruiting faculty, graduate students, and postdoctoral trainees from APA- and CPA-accredited programs in clinical, counseling, and school psychology for a study on the development of research and clinical interests in these fields. The IRB-approved survey (TTU IRB2020-593) will take between 15 and 30 minutes of your time, and participation is entirely anonymous. Participants may enter a drawing for one of several $50 (USD or CAD, as applicable) Amazon gift cards (odds of winning are 1/100 or better, dependent on the number of participants). The drawing will occur within one week after the close of data collection, in approximately one month. Please note that individuals must be able to complete measures in English to participate. Our study’s results may have implications for improving the culture surrounding academic psychology. Survey Link: https://tinyurl.com/PsychResearchInterestsStudy

For Questions, contact: Dr. Sarah Victor (PI) at Sarah.Victor@ttu.edu or +1-806-834-0340. (Students, please note participating in this study will not count towards your research participation credits.)

Student Wellness Services Needs Assessment Research Study

We are recruiting undergraduate and graduate students at the University of Calgary for a research study to better understand student’s knowledge and use of student wellness services (SWS) at the University of Calgary. Specifically, we are interested in understanding student’s knowledge of services, student’s usage of SWS, student’s perceived need for mental health services, and student barriers to accessing mental health services at SWS.

You will be asked to complete an online survey through Qualtrics. The survey should take approximately 10 minutes to complete. At the end of the survey, students may (not required) provide their email to be entered into a draw to win a $10 Starbucks gift card. Participation in this research study is completely voluntary. To complete the survey please click the link here: https://survey.ucalgary.ca/jfe/form/SV_e99m26gI8NEpvNk

If you have any further questions or want clarification regarding this research and/or your participation, please contact the research team through email at: kristen.neprily1@ucalgary.ca or maryam.qureshi@ucalgary.ca. (Students, please note participating in this study will not count towards your research participation credits.)

Cognitive Science Seminars

The Cognitive Science Seminars (CSS) are back on Mondays from 13:00 to 14:00!

CSS is a series of talks given by trainees and faculty in cognitive psychology where we share our current work, practice presentations, and discuss issues in the field.

The very first session is TODAY (February 8th), led by Gwen van der Wijk who will be talking about Open Science!

This summer, Gwen decided to learn more about Open Science practices and how to start using them in her own research. Finding many other students who were interested in doing the same, she started the Open Science Student Support Group (OSSSG) so that they could support each other on this journey, discussing and sharing experiences around Open Science. At CSS she will give a brief introduction to Open Science, guide discussion on current views of Open Science, and provide useful resources for applying Open Science to your research.

Join us on Zoom: https://ucalgary.zoom.us/s/99665683161 Passcode: 907118

If you are interested in presenting at CSS or joining our mailing list, please email Chelsie at chelsie.hart@ucalgary.ca
The Social, Personality, and Social Development (SPSD) Psychology Research Group gathers via Zoom every two weeks on Mondays from 3:00 pm – 4:30 pm. We discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

On Monday, February 15, at 4 pm (during the winter break), we will host an online social gathering. All SPSDers, their families, and pets are welcome!

You can use the following Zoom link to join the SPSD meetings during the winter semester:

https://ucalgary.zoom.us/j/98917604481
Meeting ID: 989 1760 4481
Password: SPSD

Are You Interested in Open Science? So Are We!

Join the students in the Open Science Student Support Group (OSSSG) for biweekly sessions where we discuss and learn about different open science practices and support each other in implementing these practices in our own research. Everyone is welcome to attend any or all sessions and are encouraged to bring friends.

The first practice we will discuss this semester is REPRODUCIBLE SCIENCE

In our second session on Reproducible Science, we will be hosting a hands-on workshop for writing reproducible manuscripts using GitHub, R, and R Markdown. You won’t want to miss it! No previous experience required – exercises will be designed to account for all skill levels!

When: Friday February 12th from 4:00 – 5:30pm
Topic: Writing Reproducible Manuscripts Workshop

For more details and registration: https://ucalgary.zoom.us/meeting/register/tJYlceisrjouGdMk1ybZxOE_9MkjyloDZhvn

After that, our next topic of the term will be Equity, Diversity, and Inclusivity in Open Science!

The first session for this topic will be February 26th so stay tuned for more details!

For more information on the sessions and our group, please join our Slack workspace. For questions, contact Gwen van der Wijk @ gwen.vanderwijk@ucalgary.ca

PSYCHOLOGY IN THE NEWS

Dr. Kelly Dean Schwartz in Global “News ‘Student study tracks COVID-19 stress levels in classrooms”

Dr. Deinera Exner-Cortens in MacLean’s “How Emancipatory-Sex Ed Can Help Prevent Rape “

Dr. Deinera Exner-Cortens in CTV News “Calgary police say man who died may have been serial rapist, cases go back to 1990s”
SCHOLARSHIPS

New Mental Health Research Funding Opportunity ($1,000)

The Stratas Foundation
*For Mental Health Research in Canada*

Stratas Foundation, a recently-launched not-for-profit organization sponsoring mental health research in Canada. Between now and February 28, applicants can submit research proposals to receive an award valued at $1,000. We require all research applications to pertain to mental health or mental illness, but there are no hard limits on the discipline of study.

To apply, please visit our website or use our application portal: [https://forms.gle/e5vuQK7zWA7R3wZfr](https://forms.gle/e5vuQK7zWA7R3wZfr)
Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!

Do you have something you would like to include in the Monday Memo newsletter? Please send it to sharon.schille@ucalgary.ca before Thursday at noon.

Department of Psychology
University of Calgary
Administration Building, Room AD 255

https://arts.ucalgary.ca/psychology/news/monday-memo

Phone: (403) 220-3600
Fax: (403) 282-8249