



UNIVERSITY OF
CALGARY

MONDAY MEMO

MARCH 1, 2021

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DEPARTMENT NEWS

HIGHLIGHTED PUBLICATION



Exner-Cortens, D., Wright, A., Claussen, C., & Truscott, E. (2021). A systematic review of adolescent masculinities and associations with internalizing behavior problems and social support. Advance online publication. *American Journal of Community Psychology*. <https://doi.org/10.1002/acjp.12492>



Interest in the connection between masculinities and mental health continues to grow. However, no previous systematic review has explored this association for adolescents. We present the systematic review of 29 articles that explore the connection between adherence to stereotypical male gender role norms (e.g., emotional restriction), attributes (e.g., “ambitious”), and identity (most commonly, gender “typicality”) and internalizing behavior problems and social support. A total of 24,795 adolescent boys (6th-12th grade) were included in the reviewed studies from 1997–2017. In the quantitative articles (n = 20), associations varied by aspect of masculinity assessed. Specifically, we found that greater endorsement of “masculine” traits (e.g., ambitious, assertive) was generally associated with fewer internalizing behavior problems and greater social support. However, lower gender “typicality” and higher adherence to stereotypical gender role norms were generally associated with more internalizing behavior problems and lower social support. In the qualitative articles (n = 9), the most predominant theme was emotional restriction (i.e., a gender role norm) and consequences for mental health. While research in this area is newer for community psychologists, the connection between masculinities and mental health is directly relevant to the field. Given the focus on individual-level conceptions of masculinity and mental health found in our review, we describe key future directions for masculinities research in community psychology.

RESEARCH NOTES AND ACTIVITIES

Carroll, J. E., **Ross, K. M.**, Horvath, S., Okun, M., Mancuso, R., Sadek, A., Hobel, C., Coussons-Read, M., & Dunkel Schetter, C. (Accepted). Postpartum sleep loss and accelerated epigenetic aging. *Sleep Health*.

MacKinnon, A. L., Madsen, J., Giesbrecht, G., **Campbell, T.**, Carlson, L., Dimidjian, S., Letourneau, N., Tough, S., & **Tomfohr-Madsen, L.** (2021). Effects of Mindfulness-Based Cognitive Therapy in Pregnancy on Psychological Distress and Gestational Age: Outcomes of a Randomized Controlled Trial. *Mindfulness*, 1-12. <https://doi.org/10.1007/s12671-020-01585-2>

Exner-Cortens, D., & Cummings, N. (2021). Bystander-based sexual violence prevention with college athletes: A pilot randomized controlled trial. *Journal of Interpersonal Violence*, 36(1-2), 188-211. <https://doi.org/10.1177/0886260517733279>

Exner-Cortens, D., Wells, L., Lee, L., & Spiric, V. (2021). Building a culture of intimate partner violence prevention in Alberta, Canada through the promotion of healthy youth relationships. *Prevention Science*, 22, 40-49. <https://doi.org/10.1007/s11121-019-01011-7>

Baraskewich, J., **von Ranson, K. M.**, McCrimmon, A., & **McMorris, C. A.** (2021) Feeding and eating issues in children and adolescents with autism: A scoping review. *Autism: International Journal of Research and Practice*. <https://doi.org/10.1177/1362361321995631>

Eggermont, J.J. 2021. Brain Oscillations, Synchrony and Plasticity. Basic Principles and Application to Auditory-Related Disorders. Academic Press, London, UK. ISBN 978-0-12-819818-6. Pp. 1–250.

Magel, C. A., & von Ranson, K. M. (2021). Negative urgency combined with negative emotionality is linked to eating disorder psychopathology in community women with and without binge eating. *International Journal of Eating Disorders*. DOI: 10.1002/eat.23491

McLeod, Carolyn and **Boyes, Mike** (Accepted) The Effectiveness of Social-Emotional Learning Strategies and Mindful Breathing with Biofeedback on the Reduction of Adolescent Test Anxiety *Canadian Journal of Education/Revue Canadienne de l'Éducation*.

EVENTS

Cognitive Science Seminars

The Cognitive Science Seminars (CSS) are back on Mondays from 13:00 to 14:00! CSS is a series of talks given by trainees and faculty in cognitive psychology where we share our current work, practice presentations, and discuss issues in the field.

Today's session (March 1) will be lead by Kelsey Cnudde on "Increased neural efficiency in visual word recognition: Evidence from alterations in event-related potentials and multiscale entropy."

Kelsey will be speaking about her Master's research where she looked neural processing after prolonged performance of a visual word recognition task using event-related potentials (ERPs) and brain signal complexity. She'll discuss in how neural processing changed and how these changes suggest the result of a more efficient brain.



Join Zoom Meeting

<https://ucalgary.zoom.us/j/99728665689>

Passcode: CSS2021

Next week (March 8th) Alison Wilson will be presenting on "Audiovisual integration in children: Conspecifics and synchrony ."

If you are interested in presenting at CSS or joining our mailing list, please email Chelsie at chelsie.hart@ucalgary.ca

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"Coping with Disordered Eating during COVID-19" webinar

Dr. Gina Dimitropoulos (Social Work) and Dr. Kristin von Ranson are co-presenting a webinar on **Tuesday, March 9** from **4:00-5:30 PM**, entitled, "**Coping with Disordered Eating during COVID-19**." All University of Calgary students and staff members are welcome. The session will include:

- An overview of the research literature on the impact of COVID on disordered eating and eating disorders
- Tips, strategies, and skills for coping with disordered eating and accompanying issues (such as depression and anxiety) during the pandemic
- An opportunity for participants to share strategies they have found helpful in their coping

We will avoid detailed discussions of individuals' specific symptoms, which can be unhelpful.

To register, visit https://events.ucalgary.ca/wellness-services/#!/view/event/event_id/273035

EVENTS Continued...

The **Industrial-Organizational (IO) Psychology** area is hosting brown bag talks through Zoom on select Mondays at 1PM. During these talks, researchers within the IO area discuss their research, and industry consultants have also come in to talk about their work experiences. Faculty, graduate and undergraduate students are welcome to attend.

The next brown bag talk will occur on **Monday, March 8th at 1:00PM**. In the brown bag talk, **Dr. Julie Choi** will discuss her experiences working as a consultant at Deloitte, and answer any questions about industry/consulting careers within IO Psychology.

Bio: Julie is a member of Deloitte's Human Capital practice. With over 7 years of consulting experience, she integrates her scientific knowledge with best practice to help organizations and leaders reach their full potential. Her consultative experience includes developing assessments, building competency frameworks, supporting executive teams in enhancing effectiveness and identifying high potential talent. Most recently, Julie developed and supported the execution of a team effectiveness and alignment lab for a Digital Transformation Team of a global mining company and provided individual coaching to these leaders to enhance their capability.

Zoom link: <https://ucalgary.zoom.us/j/91687704184>

Meeting ID: 916 8770 4184

Password: iobrownbag



WCHRI Learning Session

You got this! An introduction to writing research proposals

In this interactive session, you will learn how to write a research proposal through real-world examples. This workshop will be suitable for novice proposal writers as well as those looking to learn a few new tricks.

Presented by:

- Samina Ali, professor in the Departments of Pediatrics and Emergency Medicine at the University of Alberta

Wednesday, March 17
11:30 a.m. – noon | Zoom
 Register: wchri.org/events

This session meets requirements for both the CCHCSP training curriculum and FGSR professional development.

women & children's health research institute

Please see the attached poster about the upcoming March session. Please register through this link: [CCHCSP registration link](#).

**Please note that these sessions will be recorded for educational purposes. If you have any questions or concerns, please contact Tanya Graves-Smith (tanya.graves-smith@ahs.ca)*

To register, please contact Tanya Graves-Smith (tanya.graves-smith@ahs.ca)

The Social, Personality, and Social Development (SPSD) Psychology Research Group gathers via Zoom **every two weeks** on **Mondays** from **3:00 pm – 4:30 pm**. We discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

In our next meeting on **March 1st, 2021**, we have the pleasure of having **Olivia Gunther**, Dr. Andrew Szeto's honours student, present her research titled "**Much meat, much malady: Examining whether associating factory farming with zoonotic disease influences meat consumption intentions.**"

Also, we have the pleasure of having Ph.D. candidate **Elena Buliga** share her research on allyship. This research is conducted in collaboration with Dr. Adam Murry and Miranda Harbourne and is titled "**Non-Indigenous allyship: Findings from a Q-methodological study.**"

You can use the following Zoom link to join the SPSP meetings during the winter semester.

<https://ucalgary.zoom.us/j/98917604481>

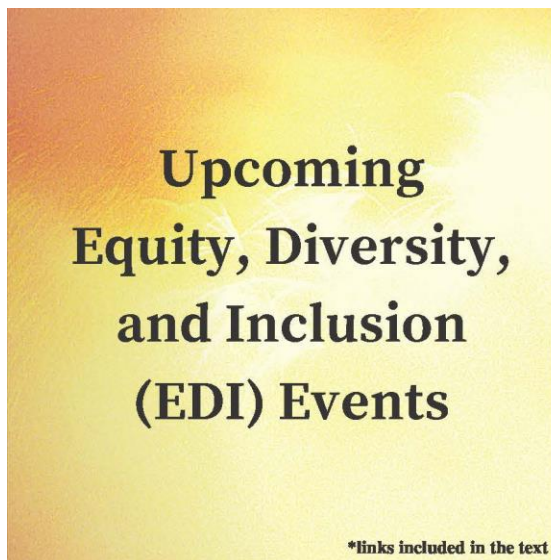
Meeting ID: 989 1760 4481

Password: SPSPD



EVENTS Continued...

Weekly EDI Events for March 1 - 5, 2021



Mar 1, 6:00-8:00 p.m. MST. UC - Indigenous, Local, and Global Health Office: [Equity Film Series: *The Road*](#)

Mar 3, 10:00 a.m. MST. Harvard Medical School: [Research with Indigenous People: Ethical Considerations and Community Engagement](#)

Mar 4, 5:00 p.m. MST. Purdue University - EDI Events: [Intersectionality Speaker Series: ROBIN DIANGELO, academic, consultant, author of *White Fragility: Why It's So Hard For White People To Talk About Racism*](#)

Mar 5, 1:00 p.m. MST. UC - Graduate College: [Wounded Healers: A Personal Journey into Reconciliation in Nunavut](#)

Mar 5, 2:00-4:00 p.m. MST. Blackfoot Digital Library, Lethbridge Public Library & U of L Library: [Indigenous Awareness Week: Film - Round Up](#)

Are You Interested in Open Science? So Are We!

Join the students in the Open Science Student Support Group (OSSSG) for biweekly sessions where we discuss and learn about different open science practices and support each other in implementing these practices in our own research. Everyone is welcome to attend any or all sessions and are encouraged to bring friends!



Since September, OSSSG has covered a range of topics: Project Workflows, the Ethics of Open Data, Pre-registration, Reproducible Science and Manuscripts, and Equity, Diversity, & Inclusion in Open Science. Are you looking to talk more about some of these topics? Are there Open Science-related topics or projects you are interested in that we haven't gotten around to discussing yet? Or are you at that point in the semester when it would be nice to just hang out? In our next session we'll open the floor to anything you have on your mind! We'll create an informal discussion space where you can bring your own topics and/or questions, or join others in talking about their ideas. There will be multiple breakout rooms that you can move between freely.

Topic: You and Open Science

When: Friday March 12th from 4:00 – 5:30pm

For more details and to register* for this session, go to: <https://ucalgary.zoom.us/meeting/register/tJItcuyqqjkuHtfYG8TP2KmRzYKE6ptUPRPf>

*After registering, you will receive a confirmation email containing individual information for joining the meeting.

For more general information on the sessions and our group, please join our Slack workspace!

For questions, contact Gwen van der Wijk @ gwen.vanderwijk@ucalgary.ca

[Image](#) by Gealen Pinnock (CC BY 4.0)

PSYCHOLOGY IN THE NEWS



Dr. Sheri Madigan in theAsianparent Singapore [“Is my toddler too young to be playing with tablets.”](#)

VOLUNTEER AND JOB POSTINGS

For Graduate Students, Faculty, & Staff

University of Northern British Columbia, Prince George, BC Tenure-Track Assistant Professor Position, Psychology

The University of Northern British Columbia, in conjunction with the Department of Psychology, invites applications for a tenure-track position in Psychology, at the rank of Assistant Professor. UNBC's Department of Psychology offers BSc, MSc, and PhD degree programs in Psychology, as well as an MEd in Counselling. The start date for this position is July 1, 2021. The ideal candidate will hold a PhD, have a demonstrated record of teaching and research excellence, current membership as a professional counsellor in BC (or ability to attain membership), counselling supervision experience, knowledge of community resources/practicum agencies, and demonstrated excellence in organizational and communication skills. Evidence of culturally and socially relevant knowledge and practice will be required, as will demonstrated conscientiousness and integrity in professional conduct. Research interests applicable to counselling or clinical psychology are preferred, and graduate and undergraduate supervision is expected. The successful candidate will work with faculty members in the Department of Psychology to ensure outstanding counselling education and practice. The candidate will have the opportunity to teach in multiple modalities. Teaching activities may occur in multiple sites, including student practicum locations

Applicants should forward their cover letter indicating potential contributions to the Program, curriculum vitae, a brief statement of teaching approaches and research program, and the names and addresses of three references (including telephone and email information) quoting posting #FAPSO1-21 to:

- Office of the Provost, University of Northern British Columbia 3333 University Way, Prince George, B.C., V2N 4Z9
- Email submissions: FacultyRecruitment@unbc.ca
- Inquiries: Dr. Paul Siakaluk, Chair of Psychology; Email: Paul.Siakaluk@unbc.ca Phone: 250-960-6120

Stride Psychology Social Media Content Creator & Blog Writer

We are a Psychology Practice located in Calgary and are looking for a Social Media Content Creator to create social media posts for our Instagram account and write blog posts about psychology-related topics. To learn more about us, check out our Instagram account: [stridepsychology](#) and our website www.stridepsychology.ca.

If you are interested, please contact Simren at simren@stridepsychology.ca

- Responsibilities
 - Design, generate, edit, publish psychology related content that builds meaningful connections, and encourages followers to take action on that account
 - Writing blog posts about psychology related topics
 - Developing engagement through Instagram stories, reels, and other features
- Skills
 - Knowledge of Instagram, Pinterest, and Facebook
 - Knowledge of Canva
 - Passionate, authentic, and connected individual that is willing to learn and grow within a fast-paced industry
 - Positive attitude, outgoing, extremely communicative, detailed, able to take criticism, and customer-oriented with great organizational skills

VOLUNTEER AND JOB POSTINGS Continued...

Provost's Postdoctoral Fellowships for Black and Indigenous Scholars at York University

York University in Toronto, Ontario is excited to launch a new **Postdoctoral Fellowship Program for Black and Indigenous Scholars**, as part of our commitment to promoting justice and embracing a variety of scholarly perspectives, backgrounds and lived experiences. The program will offer emerging scholars from a wide range of disciplines access to the financial support, mentorship and career development opportunities needed to build the foundation for a successful professional future.

We would appreciate if you could share this wonderful fellowship opportunity with your community and relevant networks:
<https://gradstudies.yorku.ca/postdoctoral-fellows/provosts-postdoctoral-fellowships/>

The *Provost's Postdoctoral Fellowships for Black and Indigenous Scholars* will support up to 4 successful applicants this year in any field of study. With a salary of \$70,000 provided each year for a two-year term, scholars will be able to dedicate their time to pursuing a proposed project, working alongside a supervisor and other mentors, while also gaining access to guidance from faculty, students and alumni.

- **Available Fellowships:** up to 4 in 2021-22
- **Amount:** min. \$70,000/year
- **Duration:** 24 months. (Normally July to June. Exceptional start dates may be negotiated)
- **Field:** Open
- **Eligibility:**
 - Recently completed PhD
 - PhD in hand by the start of the postdoctoral term
- **Deadline to Apply:** 01 April 2021
- **Decision:** 31 May 2021

Any questions can be directed to [Kim McIntyre](#), Postdoctoral Services Coordinator at York University.

Kathryn Huet Leadership Award at the Calgary Foundation

The Kathryn Huet Leadership Award was created to improve the role of leadership in business and specifically the advancement of women in leadership roles. Applicants must:

- Be a Canadian citizen or permanent resident or on a Canadian student visa.
- Be studying at the Master's or PhD level.
- Preferably be studying in the areas of organizational behaviour, business administration, business and commerce, sociology or psychology.
- Provide a brief summary (one-page) of their involvement in business and views of leadership.
- Provide two letters from business references.

There is one award valued at a minimum of \$1,000. The deadline to apply is June 30th at midnight. Eligible applicants are encouraged to access award information directly at: <https://calgaryfoundation.org/grantsawards-loans/student-awards/graduate-students/>

To access the Student Awards Online Portal, select 'Apply Now' under the award listing on the awards webpage. If there are any questions, please contact studentawards@calgaryfoundation.org.

St. Francis Xavier University, Antigonish, Nova Scotia 9 Month Limited-Term Appointment - Assistant Professor or Lecturer

The Department of Psychology at St. Francis Xavier University is seeking applications for a nine month limited term appointment at the rank of Assistant Professor or Lecturer commencing September 1, 2021. This position is subject to final budgetary approval.

We are looking for a Developmental Psychologist with an interest in Health who is able to teach courses in Developmental Psychology (PSYC 260), Health Across the Lifespan I & II (Health 201/ 202), Introductory Psychology for the Natural Sciences (PSYC 101), and Psychology as a Social Science and Profession (PSYC 102).

The Department is seeking candidates who are committed to contributing to StFX's priorities of equity, diversity, and inclusion. A demonstrated ability in fostering a climate of inclusion in the classroom is an asset.

Electronic submission of curriculum vitae, letter of application, teaching summary, and the names, addresses (including email) and telephone numbers of three (3) references should be sent to:

Dr. Peter McCormick Chair, Department of Psychology, pamccorm@stfx.ca
 Phone (902) 867-3926
 Fax (902) 867-5189

Consideration of applications will begin March 1, 2021. Applications will be reviewed until the position is filled.

VOLUNTEER AND JOB POSTINGS Continued...

St. Francis Xavier University, Antigonish, Nova Scotia 12 Month Limited- Term Appointment - Assistant Professor or Lecturer

The Department of Psychology at St. Francis Xavier University is seeking applications for a 12 month Limited-Term Appointment at the rank of Assistant Professor or Lecturer commencing September 1, 2021. Preference will be given to candidates with a completed Ph.D. We are looking to fill a position for our new Applied Forensic Psychology Program. This new 4-year Direct Entry program is designed to prepare students for further studies or employment in various fields – clinical, counselling, social work, law, policing, corrections - through classroom-based instruction and training, as well as experiential learning via field trips and practicum placements. Core courses include: PSYC 110 Forensic Psychology and PSYC 257 Professional Skills and Practicum Training. The successful candidate will be expected to contribute to the coordination and placement of practicum students. This position is subject to final budgetary approval.

The Department is seeking candidates who are committed to contributing to StFX's priorities of equity, diversity, and inclusion. A demonstrated ability in fostering a climate of inclusion in the classroom is an asset.

A summary of teaching experiences, interests and a CV should accompany the letter of application. Electronic submission of a letter of application, curriculum vitae, teaching and research summaries, and the names, addresses (including email) and telephone numbers of three (3) references should be sent via email to:

Dr. Peter McCormick Chair, Department of Psychology, pamccorm@stfx.ca
Phone (902) 867-3926
Fax (902) 867-5189

Consideration of applications will begin Feb. 15, 2021. Applications will be reviewed until the position is filled.

Stony Brook University Consortium Postdoctoral Fellowship Program (SBU-CPFP)

Brief Description of Duties: The Leonard Krasner Psychological Center (KPC) and the Mind Body Clinical Research Center (MB-CRC) in the Departments of Psychology and Psychiatry (respectively) at Stony Brook University seek **2 full-time Post-doctoral Fellows (with Adult or Child/Adolescent focus)**. Post-doctoral fellows provide both outpatient and inpatient clinical services. Outpatient psychotherapy services include: assessment, consultation, and provision of time-limited evidence-based interventions (e.g., Cognitive Behavioral Therapy, Dialectical Behavior Therapy). Inpatient clinical services will include working as part of an interdisciplinary team in either the psychiatric emergency department, consultation and liaison service, adult inpatient unit, or the child inpatient unit. Protected time for research may be available depending on experience and interests. Additional activities will include: providing support for ongoing research studies, assisting with training activities, and providing supervision to pre-doctoral psychology trainees. Fellows may also participate in our comprehensive Dialectical Behavior Therapy Program (i.e., skills training, consultation team, and skill coaching). Additional training opportunities are available in mindfulness-based and behavioral health interventions.

Required Qualifications:

Doctoral Degree in clinical psychology; Demonstrated experience in providing cognitive behavioral and/or third-wave treatments (e.g., mindfulness, dialectical behavior therapy (DBT), acceptance and commitment therapy); Publication(s).

Preferred Qualifications:

Experience with providing hospital-based psychological services.
Broad-based clinical research experience with adults and/or children/adolescents.
Experience with supervising support staff and/or trainees.
Experience leading/co-leading DBT skills groups
Experience with grant and manuscript writing.
Experience with trauma-related research and treatment.
Minimum 2 first authored publications.

Start date: September 1st, 2021. Accepting applications now until positions are filled.

Please email a cover letter, current CV and 2 letters of recommendation to Drs. Dina Vivian (dina.vivian@stonybrook.edu) and Adam Gonzalez (adam.gonzalez@stonybrook.edu).

Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



Georgia and Perry

Do you have something you would like to include in the Monday Memo newsletter? Please send it to sharon.schille@ucalgary.ca before Thursday at noon.

**Department of
Psychology**

**University of
Calgary**

**Administration
Building,
Room AD 255**

<https://arts.ucalgary.ca/psychology/news/monday-memo>

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