



UNIVERSITY OF  
CALGARY

# MONDAY MEMO

MARCH 29, 2021

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- **DEPARTMENT NEWS**
- **HIGHLIGHTED PUBLICATION**



**Racine, N.,** Hetherington, E., McArthur, BA., McDonald, S., Edwards, S., Tough, S., Madigan, S. (2021) Maternal depressive and anxiety symptoms before and during the COVID-19 pandemic in Canada: a longitudinal analysis. *The Lancet* [https://doi.org/10.1016/S2215-0366\(21\)00074-2](https://doi.org/10.1016/S2215-0366(21)00074-2)



Parents have faced substantial social and economic challenges during the COVID-19 pandemic. Preliminary cross-sectional research has demonstrated increases in mental health problems in mothers during the COVID-19 pandemic compared with pre-pandemic estimates. We aimed to study an existing longitudinal cohort of mothers to assess changes in the prevalence of maternal depression and anxiety symptoms as a result of the COVID-19 pandemic over time and at the individual level. In this longitudinal observational study, women who took part in the All Our Families pregnancy cohort in Canada were invited to complete a COVID-19 impact survey between May 20 and July 15, 2020. Women who had not agreed to additional research, had discontinued, were lost to follow-up, or who were not contactable via email were excluded. Maternal depression and anxiety symptoms during the COVID-19 pandemic were compared with three previous estimates collected at 3, 5, and 8-year timepoints (between April, 2012, and October, 2019). Depression symptoms were assessed using the 10-item Center for Epidemiological Studies Depression scale and anxiety symptoms were assessed using the short form of the Spielberger State-Trait Anxiety Inventory. Repeated cross-sectional analyses were done to assess temporal trends and fixed-effects regression models were fitted to assess within-person change over time.

## RESEARCH NOTES AND ACTIVITIES

Exner-Cortens, D., Wells, L., Lee, L., & Spiric, V. (2021). Building a culture of intimate partner violence prevention in Alberta, Canada through the promotion of healthy youth relationships. *Prevention Science*, 22, 40-49. <https://doi.org/10.1007/s11121-019-01011-7>

Baraskewich, J., **von Ranson, K. M.**, McCrimmon, A., & **McMorris, C. A.** (2021) Feeding and eating issues in children and adolescents with autism: A scoping review. *Autism: International Journal of Research and Practice*. <https://doi.org/10.1177/1362361321995631>

Eggermont, J.J. 2021. Brain Oscillations, Synchrony and Plasticity. Basic Principles and Application to Auditory-Related Disorders. Academic Press, London, UK. ISBN 978-0-12-819818-6. Pp. 1–250.

**Magel, C. A.**, & **von Ranson, K. M.** (2021). Negative urgency combined with negative emotionality is linked to eating disorder psychopathology in community women with and without binge eating. *International Journal of Eating Disorders*. DOI: 10.1002/eat.23491

McLeod, Carolyn and **Boyes, Mike** (Accepted) The Effectiveness of Social-Emotional Learning Strategies and Mindful Breathing with Biofeedback on the Reduction of Adolescent Test Anxiety *Canadian Journal of Education/Revue Canadienne de l'Éducation*.

Cunningham, S., **Patton, M.**, **Schulte, F.**, Richardson, P., Heathcote, L. (2021). Worry about somatic symptoms as a sign of cancer recurrence: Prevalence and associations with fear of cancer recurrence and quality of life in survivors of childhood cancer. *Psycho-Oncology*. <http://doi.org/10.1002/pon.5647>

## EVENTS

### Cognitive Science Seminars

The Cognitive Science Seminars (CSS) are back on Mondays from 13:00 to 14:00!

CSS is a series of talks given by trainees and faculty in cognitive psychology where we share our current work, practice presentations, and discuss issues in the field.

In today's session (**March 29th**) Sarah Simmons will be presenting on her Doctoral Dissertation: "The Effects of Cannabis and Alcohol on Driving Performance and Driver Behaviour: A Systematic Review and Meta-Analysis." Sarah's work is very relevant, given how much more research is needed and being done on cannabis today!



### Join Zoom Meeting

<https://ucalgary.zoom.us/j/99728665689>

**Passcode: CSS2021**

The next CSS will be in two weeks on April 12th. Dr. Penny Pexman will be giving her presentation: "Grasping word Meaning: Sensorimotor and Emotion Effects in Lexical Development."

If you are interested in presenting at CSS or joining our mailing list, please email Chelsie at [chelsie.hart@ucalgary.ca](mailto:chelsie.hart@ucalgary.ca)

The Social, Personality, and Social Development (SPSD) Psychology Research Group gathers via Zoom **every two weeks** on **Mondays** from **3:00 pm – 4:30 pm**. We discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

The next meeting will be held on **March 29, 2021**, and Dr. Andrew Szeto's students will present their research. **Gemma Reynolds** will share her research titled "**Opioid Use Stigma: An Examination of Student Attitudes on Harm Reduction Strategies.**"

Also, **Kyle Tuico** will present his research on "**Perceptions of Mask Usage and Physical Distancing.**"

You can use the following Zoom link to join the SPSPD meetings during the winter semester:

<https://ucalgary.zoom.us/j/98917604481>

**Meeting ID: 989 1760 4481**

**Password: SPSPD**



## EVENTS Continued...

### Weekly EDI Events for March 29 -April 2, 2021

- **Mar 31, 4:00-5:00 p.m.** Indigenous Mentorship Network of the Pacific Northwest (IMN-PN): [A Conversation on Disseminating Research for Social Change with La'Goot/Spencer Greening](#)
- **Mar 31, 6:00-7:30 p.m.** UC – Department of History: [Reclaiming Power & Place: A Conversation about MMIWG2S](#)
- **Mar 31, 7:00-8:30 p.m.** UC – Faculty of Arts: [The Promise and Peril of Islam in North America with Professor Anne Norton](#)

Upcoming  
Equity, Diversity,  
and Inclusion  
(EDI) Events

## Are You Interested in Open Science? So Are We!

Join the students in the Open Science Student Support Group (OSSSG) for biweekly sessions where we discuss and learn about different open science practices and support each other in implementing these practices in our own research. Everyone is welcome to attend any or all sessions and are encouraged to bring friends!

Our next session will be more informal, and we hope to discuss hot topics currently happening in non-journal spaces (e.g., Twitter) about open science. Participants are welcome to bring a topic that they wish to discuss. For example, controversy has been brewing on Academic Twitter lately regarding the newly-launched Curate Science initiative (<https://twitter.com/curatescience/status/1371927234899017731>). Curate Science aims to enforce the use of transparent/open science methods in research by performing “transparency audits” of individual researchers’ bodies of work. This has highlighted several ongoing questions in the open science community, including whether open science should be policed (and if so by whom) and whether the use of open science practices can be encouraged without resorting to punitive methods.

Topic: Hot Topics in Open Science

**When: Friday April 9th from 4:00 – 5:30pm**

For more details and to register\* for this session, go to: [https://ucalgary.zoom.us/meeting/register/tJouc-2qQTTiGdNtjO2vfsjaqos\\_rUoOrFMM](https://ucalgary.zoom.us/meeting/register/tJouc-2qQTTiGdNtjO2vfsjaqos_rUoOrFMM)

\*After registering, you will receive a confirmation email containing individual information for joining the meeting.

For more general information on the sessions and our group, please join our [Slack](#) workspace!

For questions, contact Gwen van der Wijk @ [gwen.vanderwijk@ucalgary.ca](mailto:gwen.vanderwijk@ucalgary.ca)

Image by Gealen Pinnock (CC BY 4.0)



## EVENTS Continued...

**Centre for Mind Body Health** is hosting a two-day online training with Drs. Leslie Greenberg and Rhonda Goldman, both internationally-renowned clinical psychologists and researchers in the field of Emotion-Focused Therapy (EFT), called "**Working with Emotions and the Therapeutic Relationship in Teletherapy**".

**Leslie Greenberg, Ph.D., C.Psych.** is a Distinguished Research Professor Emeritus of Psychology at York University in Toronto, Ontario. He was the Director of the York University Psychotherapy Research Clinic and is the originator and developer of Emotion-Focused Therapy (EFT) for individuals and couples.

**Rhonda Goldman, Ph.D.** is a Full Professor in the Clinical Psychology Department at the Chicago School of Professional Psychology. She has co-authored six texts on Emotion-Focused Therapy (EFT). Dr. Goldman has two professional videos published by the American Psychological Association on Emotion-Focused Therapy. She is a founding Board Member of the International Society of Emotion-Focused Therapy and is the Founder of Emotion-Focused Therapy in Chicago.

Click [here](#) to learn more and register.

## PSYCHOLOGY IN THE NEWS



**Dr. Deinera Exner-Cortens in CTV News** "[Study examines prevalence of dating violence in Canadian youth](#)"

**Sheri Madigan and Nicole Racine in The Globe and Mail** "[Pandemic's toll on mental health of mothers exceeds fears of researchers, Lancet study finds](#)"

**Sheri Madigan and Nicole Racine in The Conversation** "[COVID-19 stress toll is a family affair: 4 ways to support mothers' mental health](#)"

**Sheri Madigan and Nicole Racine in CTV News** "[Mothers' anxiety and depression nearly doubled due to pandemic: Canadian study](#)"

## VOLUNTEER AND JOB POSTINGS

### For Graduate Students, Faculty, & Staff

#### **Concordia University of Edmonton (CUE), Assistant or Associate Professor of Clinical Psychology Faculty Position**

Concordia University of Edmonton (CUE)'s Faculty of Arts invites applications for a full-time continuing-appointment Assistant or Associate Professor in clinical psychology. Please see link below for information regarding application requirements.

<https://concordia.ab.ca/careers/assistant-or-associate-professor-clinical-psychology/>

## VOLUNTEER AND JOB POSTINGS Continued...

### Clinical Psychologist (full time permanent), Eating Disorders Continuum, Douglas University Institute in Mental Health, Montreal West Island Integrated University Health & Social Service Centre (IUHSSC)

The Eating Disorders Continuum (EDC) at the Douglas Institute offers comprehensive, ultraspecialized treatments for adolescents and adults with eating disorders in the Anorexia or Bulimia Nervosa spectrum. The EDC is nationally and internationally recognized for its clinical services, research and teaching. The program also serves as a regional Eating Disorders Information Centre.

The EDC is presently seeking to fill a position for a Clinical Psychologist to contribute to:

**Clinical Care:** The Psychologist contributes to specialized psychotherapeutic activities in several spheres of program activity (including outpatient, day program and day hospital services) offered to adolescents and adults. He/she performs clinical evaluations, offers psychotherapy, and also assumes responsibility for aspects of clinical programming.

**Clinical Teaching:** The Psychologist supervises psychology interns, and also contributes to a knowledge-transfer training program aimed at supporting the work of community clinicians working in non-specialized settings.

**Clinical Research:** As a collaborator, the Psychologist contributes to an ongoing program of clinical research and program evaluation.

Given the clinical and teaching involvements associated with this position, ability to function effectively in French and English is necessary. A PhD in Psychology is required and the applicant must be licensed in the Province of Quebec.

For further information, contact:

Howard Steiger, PhD, Head, Eating Disorders Continuum

Tel: 514-761-6131 loc. 2897

Email: [howard.steiger@douglas.mcgill.ca](mailto:howard.steiger@douglas.mcgill.ca)



### Virginia Tech, Department of Psychology, Assistant or Associate Professor of Clinical Science



Virginia Tech's Clinical Science program is seeking to hire an Assistant or Associate tenured/tenure-track faculty position to begin August 2021. Our doctoral program is nationally recognized (2017 ABCT Outstanding Training Program) and dually accredited (APA and PCSAS).

Please see this job posting or the attached position description for more information: <https://careers.pageuppeople.com/968/cw/en-us/job/515515/assistant-or-associate-professor-of-clinical-science>

PUT YOUR IDEALS INTO PRACTICE



**Clinical Psychologists**

- 9 to 12 months availability
- Certified clinical psychologist with active license
- 2+ years relevant clinical experience (post residency)
- Experience managing or training staff
- Ability to work with and live in with a diverse team
- Additional assets: Arabic or French language skills

**Doctors Without Borders** is **URGENTLY** recruiting **Clinical Psychologists** for their projects in 70+ countries around the world. This could be a great opportunity for anyone who has professional experience in mental health issues associated with HIV/AIDS, post-traumatic stress disorder (PTSD), sexual violence, trauma or tuberculosis (TB), and an interest in giving back to the global community.

Any applicants interested in applying should send their CV or resume to [Melissa.bieri@newyork.msf.org](mailto:Melissa.bieri@newyork.msf.org) with the subject line "Clinical Psychologists".

MSF-USA is committed to the principles of equity, inclusion, and respect of diversity. As core principles inextricably linked to our success, equity, inclusion, and respect of diversity allow us to carry out our social mission and serve our patients.

MSF Field HR fosters diversity by embracing people of all races, ethnicities, national origins, genders, ages, religions, abilities, sexual orientations, and socioeconomic status.

For more information and to apply:  
Visit [doctorswithoutborders.org/careers/work-field](https://doctorswithoutborders.org/careers/work-field)



## VOLUNTEER AND JOB POSTINGS Continued...

### Global Healthcare Innovation Academy - COVID Wildcard Competition: Call for Applications

This June, the finest innovations in health and healthcare from Switzerland, Hong Kong, Qatar, and Canada will come together to compete in a virtual scientific and business pitch competition at the Global Healthcare Innovation Academy (GHIA) for funding (\$10,000 top prize), international recognition, and networking opportunities.

**Event Background:** GHIA is a global partnership event that provides a platform for academics, entrepreneurs, and healthcare professionals at any level with support and incentive to identify, nurture, and pioneer innovations in the health system. This event will be hosted live by our Eastern Canadian partner, St. Michael's Unity Health Toronto, **June 7-9, 2021 from 9:00 a.m. - 11:00 a.m. (Eastern Daylight Time).**

We are excited to announce three innovation competition streams for GHIA this year:

• Biomedical (applications closed) • Social (applications closed) • COVID-19 (accepting submissions)

In addition to learning more about the exciting innovations competing in these streams, attendees will also have access to keynote lectures, interactive workshops, and networking events, with participants from across the globe in academia, industry, philanthropy, and investing. Call for Innovations In light of the COVID-19 pandemic that has affected our global community, GHIA will be spotlighting the transformative work that has been rapidly undertaken to address this worldwide phenomenon. Innovators are invited to submit an abstract to apply to compete in the COVID Innovation stream of GHIA. Eligibility and Submission Requirements Submissions must pertain to a healthcare or health systems innovation that addresses some aspect of the COVID-19 pandemic. Please note, that submissions for the biomedical and social innovation competition streams have already been selected through previous competitions.

#### Applicants will need to submit an abstract (maximum 500 words) detailing:

• A description of your innovative science, technology, or service solution for COVID-19. • Research you have conducted, or evidence you have collected, to support the need for your innovation (Please provide links or reference evidence or scientific relevance to support your claims.). • What makes your innovation unique. • Your strategy for further development and sustainability.

Please submit your abstract [here](#). Abstracts must be submitted by April 7, 2021, 2:00 p.m. EDT. Abstracts will be reviewed by a panel of experts, and up to 10 innovations will be invited to participate in the COVID innovation stream of GHIA by April 15, 2021. If your innovation is chosen to participate in the COVID innovation stream at GHIA, you will be required to prepare a four-minute pitch video as part of the competition. Instructions will be sent to successful applicants.

#### Considerations for Applicants

• Please ensure that if you are successful, that at least one member of your team can virtually attend the Global Healthcare Innovation Academy on all three event dates (June 7-9, 2021). • If you have concerns around the intellectual property (IP) of your innovation, GHIA offers no protection, so please apply at your own discretion. Deadlines • COVID Innovation abstract submission deadline – April 7, 2021 • Notification of selection - April 15, 2021 • (For successful applicants only) GHIA Video submission deadline - May 17, 2021

### Behavioural Science Fellows, Government of Canada's Privy Council Office

The [Impact and Innovation Unit](#) (IIU) within the Government of Canada's Privy Council Office has launched a call looking to recruit new Behavioural Science Fellows.

Behavioural Science Fellows will have a unique opportunity to apply insights and methods from behavioural science to improve the design and implementation of priority programs and initiatives across the Government of Canada, including the response to COVID-19.

Fellows will be employed by the Privy Council Office and will embed within host departments to support on a variety of priority issues, from health, to environmental sustainability, to financial capability. Fellows will also have the ability to influence change in the public sector and build knowledge and skills in applied research, experimentation, and innovation amongst their colleagues.

To learn more about the opportunity, please follow the link below. **The current deadline for applications is March 31, 2021, 11:59 PM Pacific.**

- English: [https://impact.canada.ca/en/fellowship/apply-now-besci?utm\\_source=direct\\_besci&utm\\_medium=email&utm\\_campaign=fellowship](https://impact.canada.ca/en/fellowship/apply-now-besci?utm_source=direct_besci&utm_medium=email&utm_campaign=fellowship)
- 
- French: [https://impact.canada.ca/fr/fellowship/postulez-maintenant-sci-comp?utm\\_source=direct\\_besci&utm\\_medium=email&utm\\_campaign=fellowship](https://impact.canada.ca/fr/fellowship/postulez-maintenant-sci-comp?utm_source=direct_besci&utm_medium=email&utm_campaign=fellowship)

If you would like to learn more about the Fellowship program, please consult our [website](#) or contact us at: [fellowship@pco-bcp.gc.ca](mailto:fellowship@pco-bcp.gc.ca).

## **VOLUNTEER AND JOB POSTINGS Continued...**

### **Kinark Child and Family Services, Clinical Team Lead (Oshawa, Ontario) and Clinical Child Psychologist (Barrie, Ontario)**

#### **Clinical Team Lead (Oshawa, Ontario)**

Reporting to the Clinical Director Community Mental Health and Chief of Psychology, the Clinical Lead provides expert clinical leadership to psychologists, clinical management, staff, and programs, ensuring the highest level of clinical service to clients and their families. This role also contributes to the development, planning, and implementation of a responsive, coordinated, and efficient clinical service delivery model within Kinark's Community Mental Health program. This role is a blend of direct service clinician, leader, educator, consultant, facilitator, change agent, and researcher.

Key qualifications:

- A Ph.D. in Clinical Psychology is required.
- Registered and a member in good standing with the College of Psychologists of Ontario.
- Experience working with children under the age of 12.
- Leadership.

#### **Clinical Child Psychologist (Barrie, Ontario)**

Reporting to the Clinical Lead Community Mental Health, the Psychologist will be responsible for providing both Remote and In-Person services. These services will include periodic in-person psychological assessments, virtual/in-person evidence-based treatment delivery, virtual/in-person consultation, and virtual/in-person training as part of a multidisciplinary clinical team.

Key qualifications:

- A Ph.D. in Clinical Psychology is required.
- Registered and a member in good standing with the College of Psychologists of Ontario.

To express interest, please forward your cover letter and resume (confidentially) to:

Marty Greenaway, Consultant, Feldman Daxon Partners

Email: [mgreenaway@feldmandaxon.com](mailto:mgreenaway@feldmandaxon.com)

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A middle-aged man who recently participated in an Eating Behaviours Lab research study has asked me to let other researchers know of his interest in participating virtually in other research studies being conducted in our department/at UofC. If you might need a virtual participant, let me know ([kvonrans@ucalgary.ca](mailto:kvonrans@ucalgary.ca)) and I will provide you his contact information.

Best,  
Kristin von Ranson

# Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



**Thomas**

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**Do you have something you would like to include in the Monday Memo newsletter? Please send it to [sharon.schille@ucalgary.ca](mailto:sharon.schille@ucalgary.ca) before Thursday at noon.**

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