



UNIVERSITY OF CALGARY

MONDAY MEMO

March 7, 2022

INSIDE THIS ISSUE:

Research Notes and Activities.....2

Events.....2-4

Psychology in the News.....5

Volunteer and Job Postings.....5-6

DEPARTMENT NEWS

HIGHLIGHTED PUBLICATION



Exner-Cortens, D., Gaias, L., Splett, J., Jones, J., & Walker W. (2022). Embedding equity into school mental health theory, research and practice: An introduction to the special issue series. *Psychology in the Schools*. Advance online publication. <https://doi.org/10.1002/pits.22679>

In this article, we present an introduction and overview for a two-part special issue series focused on embedding equity into school mental health through theory, research, and practice. The papers in Part 1 of the special issue series cover critical topics for advancing equitable school mental health, including the centering of community and youth perspectives; a focus on reducing disproportionality in discipline practices; and details on equity-focused interventions. In Part 2, papers focus on integrating race and racial equity into school mental health frameworks; integrating a racial equity lens into trauma-informed school practices; addressing outcomes that have disproportionate impacts on youth of color; and exploring domains of injustice and oppression beyond racial inequity. We hope that the topics discussed in this special issue series move us towards providing equitable and just school mental health services for all children and youth.



RESEARCH NOTES AND ACTIVITIES

- Exner-Cortens, D.,** Gaias, L., Splett, J., Jones, J., & Walker W. (2022). Embedding equity into school mental health theory, research and practice: An introduction to the special issue series. *Psychology in the Schools*. Advance online publication. <https://doi.org/10.1002/pits.22679>
- Exner-Cortens, D., Schwartz, K. D., McMorris, C., & Makarenko, E.** (2022). Stress among Asian youth during COVID-19: Moderation by educational, spiritual and cultural sources of belonging. *Journal of Adolescent Health, 70*(3), 500-503. <https://doi.org/10.1016/j.jadohealth.2021.10.007>
- Li, Q., MacKinnon, A. L., Graham, S., Tough, S., & Tomfohr-Madsen, L.** (2022). Does Where You Live Predict What You Say? Elucidating Associations between Socioeconomic Status and Child Language Acquisition. *Brain Sciences, 12*, 223. <https://doi.org/10.3390/brainsci12020223>
- MacKinnon, A. L., Silang, K., Penner, K., Zalewski Regnier, M., Tomfohr-Madsen, L., & Roos, L. E.** (2022). Promoting Mental Health in Parents of Young Children using eHealth Interventions: A Systematic Review and Meta-Analysis. Manuscript accepted for publication in *Clinical Child and Family Psychology Review*. <https://doi.org/10.1007/s10567-022-00385-5>
- McArthur, B., Volkova, V., Tomopoulos, S., & Madigan, S.** (2022). Global Prevalence of Meeting Screen Time Guidelines Among Children 5 Years and Younger: A Systematic Review and Meta-analysis. *JAMA Pediatr.* <https://doi.org/10.1001/jamapediatrics.2021.6386>

EVENTS

Cognitive Science Seminars (CSS)

The Cognitive Science Seminars (CSS) are back on Fridays from 9:00 to 10:00 am. CSS is a series of talks given by trainees and faculty in cognitive psychology where we share our current work, practice presentations, and discuss issues in the field.

The next session is **Friday March 18th**

Unresolved methodological challenges in detecting neuroplastic changes in astronauts.

Presented by Dr. Ford Burles: Dr. Burles will be discussing some of the previous literature on the effects of spaceflight on the brain, and differentiate between some of the causes of these effects. The main dichotomy he will speak to will be the 'direct' effects of the spaceflight environment on the brain, and the 'indirect' effects we expect to see as astronauts adapt, both behaviorally and neurologically, to this new environment. Then, he will introduce and discuss an issue he and his team have recently uncovered that makes it very difficult to detect real neuroplastic brain changes in astronauts. Finally, he will talk about some prospective solutions to this issue, as well as the particular prospective solution they are presently working on.

Join us on Zoom: <https://ucalgary.zoom.us/j/93826742037?pwd=MThadnp4LosrbHZoQWR5QmtKME5hQT09>

Meeting ID: 938 2674 2037

Passcode: CSS2022

If you are interested in presenting at CSS or joining our mailing list, please email Chelsie at chelsie.hart@ucalgary.ca



Adverse Childhood Experiences (ACE's)

Topic: Mitigating the Effects of Adverse Childhood Experiences to Reduce Early Childhood Trauma, featuring Dr. Lubna Anis. The event will be taking place March 25, 2022, at 12:00-1:00PM MST.

To register, click here: <https://bit.ly/3ckrVlh>

The Réseau santé Albertain has an event on March 17th that we would love to share with you! Please pass this message on to anyone who might be interested in the event. We have organized a panel discussion in French on the topic of language security in the healthcare setting entitled "Sécurité ou insécurité? Les défis linguistiques dans la secteur de santé". The panel discussion will take place on Zoom at 6pm. We have some very interesting panelists involved! The panelists will be: - Émanuel Dumbledam: Host of the youth program ONIVA! On ICI TV - Claire Tellier: Program coordinator of bilingual nursing sciences at the University of Alberta - Andrea Macleod: Professor at the Faculty of Rehabilitation Medicine - Katherine Perich: Dentistry student. Our moderator for the event will be plurilingual artist, Joëlle Préfontaine!

[Formulaire inscription- Panel sécurité linguistique \(google.com\)](#)

EDI Events:

UC Womens Resource Center
 Social Identities and the Role of Women
 Mar 7, 2022
 12:00-1:00pm MST
https://events.ucalgary.ca/#!/view/event/event_id/403402

UC Language Research Centre
 Universal Dante - A Dialogue between Eastern and Western Literary and Musical Tradition
 Mar 7, 2022
 7:30pm MST
https://events.ucalgary.ca/#!/view/event/event_id/404043

UC Writing Symbols Lodge
 Cree Grandmothers' Tea Ceremony
 Mar 8, 2022
 12:00-2:00pm MST
https://events.ucalgary.ca/#!/view/event/event_id/404183

UC Office of Equity, Diversity and Inclusion
 International Women's Day #BreakTheBias: Gender Justice at the Intersections
 Mar 8, 2022
 12:00-1:30pm MST
https://events.ucalgary.ca/#!/view/event/event_id/404778

UC Womens Resource Center
 International Women's Day Trivia and Storytelling Night
 Mar 8, 2022
 8:00-9:00pm MST
https://events.ucalgary.ca/#!/view/event/event_id/404343

UC Faculty of Social Work
 Research Symposium: Issues of Equity, Diversity, Inclusion, and Decolonization in Research and Practice
 Mar 9, 2022
 10:00am-4:15pm MST
https://events.ucalgary.ca/#!/view/event/event_id/403900

UC Writing Symbols Lodge
 Indigenous Wellness Circle *Indigenous students only*
 Mar 9, 2022
 12:00-2:00pm MST
https://events.ucalgary.ca/#!/view/event/event_id/397187

UC Career Services
 Panel: Women in Tech
 Mar 9, 2022
 4:00-5:00pm MST
https://events.ucalgary.ca/#!/view/event/event_id/404683

UC Department of Philosophy
 First Annual Gender and Sexuality Studies Lecture - "Transnational Feminist Solidarities: How Story and Theory Can Save Lives"
 Mar 9, 2022
 5:30pm-7:00pm MST
https://events.ucalgary.ca/#!/view/event/event_id/404498



Calgary Institute for the Humanities
 Noopiming: The Cure for White Ladies
 Mar 10, 2022
 12:00pm MST
https://events.ucalgary.ca/#!/view/event/event_id/403966

UC Alumni
 Elevate Your Career: Navigating Work as a BIPOC Professional
 Mar 10, 2022
 5:00pm-6:15pm MST
https://events.ucalgary.ca/#!/view/event/event_id/397834

UC Libraries and Cultural Resources
 Joshua Whitehead Reading - Honoring Indigenous Writers
 Mar 10, 2022
 7:00-8:30pm MST
<https://workrooms.ucalgary.ca/event/3662977>

Centre for Innovation in Campus Mental Health
 Anti-Oppressive Practice in Action
 Mar 10, 2022
 1:00-2:00pm MST
<https://campusmentalhealth.ca/event/webinar-anti-oppressive-practice-in-action/>

UC Womens Resource Centre & Gender and Sexuality Studies Program
 Little Wiki-Edit-a-thon on the Prairies
 Mar 11, 2022
 2:00-4:00pm MST
https://events.ucalgary.ca/#!/view/event/event_id/404015

UC Werklund School of Education
 Mobilizing Land-based Literacies: Connecting with the Land
 Mar 12, 2022
 1:00-3:30pm MST
https://events.ucalgary.ca/#!/view/event/event_id/402721

Clinical Pathways: Exploring your Career Options in the Mental Health Professions – CPA Workshop Presented by Dr. Saeid Chavoshi, PhD

Join us on **March 11th at 1 pm EST** to learn about your different career options in the mental health fields after your undergraduate degree. You will see the education and licensing pathways towards various healthcare professions across Canada, hear the journeys of practicing mental health professionals and learn from their experience to become an outstanding applicant. Clinical Psychologist panel members will be accompanied by colleagues from other health fields (e.g., Registered Psychotherapy, Social Worker, Occupational Therapy). Registrants will have a chance to ask question to the panel and receive workshop resources including example application elements and information slides.

Register for this [Canadian Psychological Association Clinical Pathways webinar](https://events.clinicalpathways.ca/march112022) by Thursday March 10:
<https://events.clinicalpathways.ca/march112022>

Survey for Future Conference

The Snyder Institute Trainee Committee is interested in hosting a conference entitled "Impressions of the Medical Sciences". The goal of this event is to provide an outlet for artistic expression to undergraduate, graduate, and medical students pursuing research and/or training in human health and medical science.

Artwork of various formats will be accepted in this conference. The institute is currently gauging student interest in participating in and/or attending this event using the following survey:
https://survey.ucalgary.ca/jfe/form/SV_4HrTBCJivhg3V3o

PSYCHOLOGY IN THE NEWS



A New study helps Define Leadership in Medicine

For more information please visit: [A new study helps define leadership in medicine | News | University of Calgary \(ucalgary.ca\)](#)

Do You Know Who That worker you just hired really is?

For more information: [Do You Know Who That Worker You Just Hired Really Is? - The New York Times \(nytimes.com\)](#)

VOLUNTEER AND JOB POSTINGS

For Undergraduate Students

Spring/Summer Volunteer Research Assistant/PSYC 499 Opportunity

The Eating Behaviors Lab, directed by Dr. Kristin von Ranson, is recruiting two students interested in gaining research experience through a Volunteer Research Assistant opportunity or course credit (PSYC 499). Students will assist with a thesis project examining the use of evidence-based practices to treat eating disorders in British Columbia. Students will gain experience with participant recruitment, data collection, data entry, data organization, and data management. A time commitment of 6-12 hours per week is required starting May 2, 2022 until August 26, 2022 with possibility of extension into the fall. To apply, please send a cover letter explaining why you are applying and what you hope to gain from the experience, your CV or resume, and a copy of your unofficial transcript to deepika.bajaj@ucalgary.ca by March 16, 2022.

Volunteer Opportunity

The *Pregnancy During the Covid-19 Pandemic* (PdP) Study is looking for a fluent **French-speaking** research volunteer. This role would entail a time commitment of at least 5 hours per week. Everything is done remotely, so you can volunteer at a time that best suits you.

Our study objective is to understand how the mental and physical well-being of pregnant people and their children is affected by the COVID-19 pandemic. As of March 2022, we have recruited over 11,000 pregnant people from across Canada and are now following-up with them and their children.

You would help:

- Verify and check data for the French study participants
- Send French clarification emails to confirm and correct anomalies in the participants' data
- Aid in the research and creation of French social media content
- Proofread and translate various blogs, infographics, documents, and questionnaires from French-to-English and English-to-French

If you are interested in volunteering with the PdP study, please contact Melinda van Sloten at mmzwart@ucalgary.ca.

For Graduate Students, Faculty, & Staff

Post-Doctoral Fellowship

Dr. Miriam Beauchamp, Professor at the Department of Psychology, Université de Montréal and Ste-Justine Hospital Research Center in Montreal, Quebec Canada is seeking a motivated and enthusiastic post-doctoral fellow to join the ABCs Developmental Neuropsychology lab. The successful candidate will be invited to contribute to projects documenting the impact of a large-scale, multicenter longitudinal cohort (KOALA Project, see Beauchamp et al., 2020, BMJ - Open for details). The project focuses on neuropsychological and developmental outcomes of concussion/mild TBI sustained during early childhood (6 months to 6 years) and also includes biomarkers of sleep (actigraphy), stress (cortisol), brain imaging (MRI), and genetics (saliva). Candidates must send the required documents to Miriam Beauchamp at miriam.beauchamp@umontreal.ca including your CV, recent transcripts, cover letter and references.

Consultant- Leadership and Team Development: Humance

Position Summary: we are looking to grow our Calgary team! We are currently looking to hire an Organizational Psychology Consultant on a full-time basis. The primary focus will be leadership and team development, with a specific focus on assessment for development and training/facilitation.

For additional information, and to apply, visit <https://humance.ca/career-opportunity-consultant-leadership-team-development-calgary/>

Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



Nimbus (courtesy of Himanthri)

Do you have something you would like to include in the Monday Memo newsletter? Please send it to samina.javeed@ucalgary.ca before Thursday at noon.

Department of
Psychology

University of
Calgary

Pod Office:
ES 356

<https://arts.ucalgary.ca/psychology/news/monday-memo>

For your pet to be featured in the Monday Memo, please email: dana.watts@ucalgary.ca
