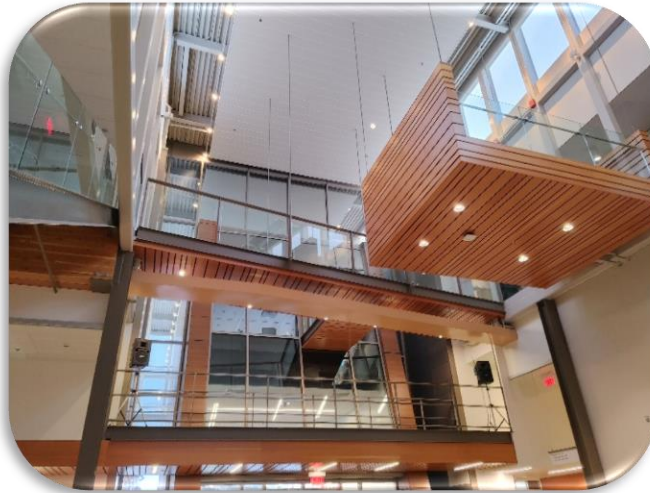


Monday Memo

Department of Psychology
University of Calgary
January 16th 2023



Welcome Back to Classes



Last week, Winter 2023 classes started.
Here is an internal photo of the Taylor Institute for Teaching & Learning.

Research Updates

Roach, P., Ody, M., Campbell, Bablitz, C., Toth, E., Murry, A., Henderson, R., Kennedy, A., Montesanti, S., Barnabe, C., & Crowshoe, L. (2022). Access, relationships, quality and safety (ARQS): A qualitative study to develop an Indigenous-centred understanding of virtual care quality. *BMJ Open Quality*, 11, 1-8.
<http://dx.doi.org/10.1136/bmjopen-2022-002028>

Upcoming Events

What is Open Science?

Host: Open Science Student Support Group (OSSSG)

When: Thursday January 19th 5-7pm

Where: ADMIN 247 (virtual attendance option)

Who: Graduate and Undergraduate students

Chances are, you've heard the term open science come up in your classes or research work. But you may not be sure what open science is all about or how the concepts of open science can be applied to your research. In this session we will unpack what open science means and provide an overview of why it is

important for advancing psychological science. This session will feature brief presentations on the basics of open science, with ample time for group discussions about different open science practices and how you can start implementing such practices into your research! Whether you are encountering open science for the first time, or have experience using open science practices, there will be something to gain for everyone!

There will also be snacks and drinks (accommodating gluten free, vegan, and most allergies)

Presenters: Emiko Muraki, Jenelle Morgan, and Kaitlyn Guenther

To register please visit: https://ucalgary.zoom.us/meeting/register/tJMpduutrjliHtRs1_xwPmslsolZYo-lm9kZ

Just Breathe, Okâwîmâskiy

Host: School of Creative and Performing Arts

When: January 20th and 21st, 2023 (two time slots each day - 7PM and 8:30PM)

Where: University Theatre, University Theatre

Who: Open to all

Co-created by Cree dance artist Sandra Lamouche and settler dance artist Melanie Kloetzel/kloetzel&co., Just Breathe, Okâwîmâskiy conveys audiences on an immersive journey into and out of climate anxiety. Questioning our cultural responses to such anxiety, the performance takes small groups of audience members on an excursion of hope, deceit, fear and serenity. Just Breathe, Okâwîmâskiy developed in part from a series of conversations about the paradoxes of eco-anxiety in contemporary capitalist cultures, A first collaboration between Lamouche and kloetzel&co., Just Breathe, Okâwîmâskiy also grew through collaborations with clinical psychology PhD student and dance artist, Camille Mori, as well as through the performance expertise of Jocelyn H. Lever.

Tickets can be found at: <https://events.ucalgary.ca/arts/creative-performing-arts/event/416137-pro-%20series-ii-just-breathe-okawimawaskiy>

Free Virtual Law School Symposium and Mock LSAT

Host: The Princeton Review Calgary

When: Tuesday Jan 31 8pm-11pm (Law Symposium) + Saturday February 4 10am-2pm (Mock LSAT)

Where: Virtually, on zoom

Who: All students

Are you thinking about applying to Law School? We've got some upcoming virtual events that we think would be perfect for you!

Join us for a free practice LSAT with The Princeton Review on Saturday, February 4th, from 10am-2pm MST. You will be virtually proctored by one of our awesome reps!

After the test, you will get free access to a detailed, interactive score report.

In addition, The Princeton Review will be hosting a virtual Law School Symposium on Tuesday, January 31st from 8:00pm-11:00pm MST.

This exciting event includes:

- Overview of the application process to law school
- Strategy Session for the LSAT
- Q&A panel of law students and law school graduates

To register for BOTH these events, please visit: www.princetonreview.com/laweventscanada

Find the 6-digit course ID for your campus and enter it here: <https://secure.princetonreview.com/free-event-enrollment>

Getting Real About Self Care

Host; Psychologists Association of Alberta (PAA)

When: Friday, January 13th 2023

Where; Zoom: <https://ucalgary.zoom.us/j/91833839269?pwd=ci85OEFWekJ6TGfJbJkvb2E5aGZyUT09>

Meeting ID: 918 3383 9269 Passcode: 053860

Who: Psychology students (undergraduate or graduate)

Have you ever felt burnout, isolation, or imposter syndrome? The Psychologists Association of Alberta (PAA) student representatives want to get REAL about self-care and burnout. Join us over zoom for a discussion as we share our experiences and chat with current and former psychology students.

Register and ask questions here:

<https://docs.google.com/forms/d/e/1FAIpQLSdIKExVX4TbW6tJqYlkgCKtJ5oSWZc9iuGG-U-fep0MdsMBkw/viewform>

The Social, Personality, and Social Development (SPSD) Psychology Research Group Weekly Meeting

Host: SPSPD

When: Every Monday from 3-4:30 PM

Where: AD247 (online option available see below for Zoom link)

Who: Everyone is welcome!

This Monday in our meeting we will discuss the documentary Disclosure on Netflix. We unfortunately don't have time to watch the documentary in the meeting, so we ask those planning on attending to watch the documentary beforehand.

We are very excited to be able to offer hybrid meetings this term, if you are planning on attending in person, we look forward to seeing you in AD247. If you would like to join on Zoom, please find the meeting information below.

Zoom link for the winter term: <https://ucalgary.zoom.us/j/97543550996>

pwd=YTIGYnpEVWFBVU9RWmJhUk56RUdtUT09

Meeting ID: 975 4355 0996

Passcode: 777809

Beware of Doctors Bearing Gifts (Especially for Children)

Host: University of Lethbridge. Department of Psychology

When: Thursday, January 26, 2023 6:00pm-7:00pm

Where: University of Lethbridge Science Commons Atrium

Who: All community

PSYENCE Publishing Society presents Dr. David Healy

University of Lethbridge Science Commons Atrium Thursday, January 26, 2023 6:00pm-7:00pm

Book signing to follow

DEPARTMENT OF PSYCHOLOGY COLLOQUIUM SPEAKER SERIES

Dr. Healy, a Professor in the Department of Family Medicine at McMaster University, is a Psychiatrist, Psychopharmacologist, scientist, and author. His main areas of research are: adverse effects of treatment; clinical trials in psychopharmacology; and, the impact of psychotropic drugs in our culture.

Beware of Doctors Bearing Gifts
(Especially for Children)"

Dr. Healy's talk will focus on the scientific problems with the clinical literature on psychotherapeutic drugs and the deeper problems with clinical trials by taking a critical look at how data are selectively used by Big Pharma. The aim is to provide people with a framework for understanding the apparent evidence from company clinical trials so they have a better basis for navigating the perils of contemporary medicine.

Volunteer & Job Opportunities

Volunteers For FASD Mental Health Epidemiology Meta-Analysis Study

The ENHANCE lab (<https://www.enhancekidshealth.com>) is looking for multiple volunteers to work on a project examining mental health prevalence rates in individuals with FASD over the winter semester. The project will involve a literature search of published and unpublished papers on the topic and the coding of information from selected papers as part of a meta-analysis. Volunteers would work under the supervision of one or more lab members.

Volunteers will need to commit 5-10 hours per week as part of the study. Preference will be given to interested volunteers with experience in literature searching, systematic reviews, and meta-analysis although all volunteers will receive training on the topics. Depending on the amount of time committed to the project over the semester, there will also be an opportunity for volunteers to earn authorship on the final paper.

If you are interested or would like to know more information please email us at enhancelab@ucalgary.ca. If you have already volunteered with the ENHANCE lab or applied to volunteer, and are interested in this specific project please also email us at the above email address.

Research Assistants Needed for Cognitive Intervention Study

The University of Victoria Child Neuropsychology Lab (Dr. Sarah Macoun) is looking for individuals with prior research and/or psychometry experience to join our Calgary research team for clinical trials of a novel parent-child cognitive intervention program. Successful applicants would perform cognitive testing (pre-, mid-, and post-intervention) as well as be trained to administer a brief commercial EEG device (NeuroCatch®) to child participants throughout the study. Once training is complete, research assistants will be paid \$29.73/hr for their work. This study is expected to run approximately 4-5 months and begins in February 2023. Those interested should send their CV/resume to Macounlab@uvic.ca

Wellness Classroom Visits Volunteer Opportunity

Are you passionate about promoting mental health and wellness on campus?

Student Wellness Services is continuing to seek Wellness Classroom Visits volunteers. In this role, students are trained to provide 5-minute presentations that instructors can request to have at the start of their classes. Presentations are designed to provide strategies for improving mental health, health, and academics, and share information about campus resources. Interested, but feeling a bit nervous about public speaking? We provide full training and presentations are facilitated in pairs, so it is a great

way to strengthen public speaking skills in a very supportive environment! The deadline to apply is Wednesday January 18th at 3:00pm. To see the full position description and to apply visit the link below- <https://www.ucalgary.ca/wellness-services/staying-healthy/health-promotion-and-outreach-team>

Note: Ignore the deadline of January 11th on the website, it has been extended by 1 week and applications will be open until January 18th.

If you have any questions, contact Student Wellness Services Health Promotion Team at communityhub@ucalgary.ca

Children's Aide

Looking to hire an aide for our 4 year old son with Spina bifida while he is at daycare.

Location: NW Calgary

Schedule: Monday to Friday, 12 pm to 4.30 pm

Payment: \$23-24/hour

Duration: Jan 2023 to Aug 2024 (may be extended as per requirement)

Required: Ability to lift child weighing 15-20 kgs; willing to learn about wheelchair, standing frame, walkers, and ankle foot orthotics (AFOs)

Desirable: Experience working with special needs children and/or in ECE environment

Responsibilities:

- Able to lift child for washing hands or transfer from wheelchair to standing frame, high chair or walker
- Ensure child's safety while he is using the wheelchair
- Change diapers when needed
- Follow practicing physical therapy and occupational therapy activities such as independent grooming, using standing frame, etc. (more information will be provided later)
- Perform leg and knee stretches every day; record if any bruises or sores appear on legs
- Assist the child with serving food and staying focused on his meals
- Ensure that the child is involved in all daycare activities as much as possible by making adaptations where necessary

If interested, please contact Divya at divya.samuel118@gmail.com

Submissions to the Monday Memo

Please submit your upcoming events, open positions, announcements, congratulations and more for the Monday Memo through this link: https://survey.ucalgary.ca/jfe/form/SV_77Cs2PySTolknwW

Please submit Fridays by 12pm noon to be included the following Monday.