Monday Memo

Department of Psychology University of Calgary May 2nd, 2023



Congrats Honours Class of 2023!



Honours students presented their work at the 25th Annual Student Research Conference.

Congratulations

Dr. Andrew Szeto, Associate Professor in the Department of Psychology and the Director of the UCalgary Campus Mental Health Strategy, received the 2023 GSA Excellence in Supervision Award for his outstanding graduate student supervision! Congrats Andrew!

Research Update

Bajaj, D., Markova, V., MacKinnon, A., Bell, R. C., von Ranson, K. M., Letourneau, N., Giesbrecht, G. F., & Tomfohr-Madsen, L. (2023). Binge-spectrum symptoms in their association with higher gestational weight gain. International Journal of Eating Disorders, 1–13. https://doi.org/10.1002/eat.23945

Lacroix, E., Smith, A. J., Husain, I. A., Orth, U., & von Ranson, K. M. (2023). Normative body image development: A longitudinal meta-analysis of mean-level change. Body Image: An International Journal

of Research, 45, 238-264. https://doi.org/10.1016/j.bodyim.2023.03.003

Tobin, L. N., Sears, C. R., & von Ranson, K. M. (2022). Two eating disorder preventive interventions reduce attentional biases in body-dissatisfied university women: A cluster randomized controlled trial. Journal of Consulting and Clinical Psychology, 90(12), 911–924. https://doi.org/10.1037/ccp0000768

Upcoming Events

LGBTQIA2+ Psychology Meet Up

Host: LGBTQIA2+ Psychology When: Wednesday, May 3rd, 2pm Where: Admin 248 Who: Faculty, Sessionals, Adjuncts, Admin & Research Staff, Postdocs, Graduate Students

For many queer, trans, ace, and non-binary department members, we remain and feel invisible in the Department. This meet up will be a chance to meet other department members in the community and to discuss three big topics:

1. Advocacy – are there needs of the community that could be addressed by the department?

2. Research – are there current research projects on gender and sexuality we can collaborate on?

3. Community – are there future desires for potlucks and social events for LGBTQIA2+ department members?

We accept that outness is complex and will respect the confidentiality of attendees and participants.

Emotions Under Duress: Responses to Disaster and How people feel (Graduate Student Conference)

Host: Classics and Religion Department When: May 5, 2023 10:30 AM-5:00 PM Where: Nickle Galleries, 435 Campus Lane NW Calgary AB Who: Students & Faculty, Department Members

Join us for a day to explore, through a constructive and interdisciplinary reflection, the theme of human emotion in crisis. Something which we are continually facing through new and different modes of being due to the global COVID-19 pandemic.

As such, it seems appropriate for us now to turn our eyes to our own respective fields of study and see what insights can be gleaned from investigating other crises—whether they are medical, political, cultural, etc.—of our species, and their resulting human emotional responses.

Lunch and refreshments will be served at our event!

RSVP link: https://emotionsunderduress.rsvpify.com

Questions? Contact us at classicsreligiondga@ucalgary.ca

Brain Resilience Workshop

Host: Simon Fraser University When: May 15-17 Where: SFU Vancouver campus and online Who: Faculty, staff, postdocs, students

This three-day workshop will cover several aspects of what determines brain resilience, from cells and circuits, to social and cultural factors. The three days will be thematically organized as follows:

Day 1: Resilience & Mental Health Keynote talk: Jane Foster, UT Southwestern Medical Center Ideas talks: Molly Cairncross, Simon Fraser University Kalina Christoff, University of British Columbia Prabhjot Dhami, Simon Fraser University Faranak Farzan, Simon Fraser University Özge Nilay Yalçın, Simon Fraser University

Day 2: Cell & Circuit Mechanisms in Resilience Keynote talk: Brian MacVicar, University of British Columbia Ideas talks: Gunnar Blohm, Queen's University Brian Christie, University of Victoria Ben Saunders, University of Minnesota Marie-Ève Tremblay, University of Victoria Nicholas Weilinger, University of British Columbia

Day 3: Resilience Across the Lifespan Keynote talk: Grace Iarocci, Simon Fraser University Ideas talks: Theodore Cosco, Simon Fraser University Jasmeer Chhatwal, MGH Harvard Medical School Brianne Kent, Simon Fraser University Josh Neudorf, Simon Fraser University Gagan Wig, University of Texas Dallas

More information about the program, registration information, and call for abstracts is available at https://www.sfu.ca/neuro-institute/events/brain-resilience-workshop.html

Psychology Department Spring Social Event

Host: Katheen Hughes When: Monday, May 22nd, 1pm-4pm Where: Kathleen's House Who: All department members

Congratulations to Drs. Kathleen Hughes, Brandy Callahan, and Adam Murry on receiving tenure and promotion to the Associate ranks in Teaching and Research! To celebrate, departmental colleagues, students, family, and friends are invited to an afternoon celebration on the May long weekend. Partners and children are invited. Refreshments will be served. **Please RSVP by Friday, May 19th** by emailing <u>psycsealab@gmail.com</u> to receive address information.

Volunteer & Job Opportunities

Little Red Reading House - House Host

Little Red Reading House – Job Posting

The Little Red Reading House is a place where children discover the magic of reading and families discover the joy of reading together. Families book a time to visit the house and be inspired by reading. Located in Inglewood, LRRH is open for family visits Thursdays through Saturdays. LRRH is owned by University of Calgary and operated by Owerko Centre and funded by Alberta Children's Hospital Foundation.

House Host

The role of our House Host is to welcome families, provide resources, promote literacy and offer a fabulous visit to Little Red Reading House.

Roles and Tasks

The primary responsibility of the House Host will be to:

- support family visits to Little Red Reading House three days a week,
- provide fantastic customer service,
- share reading and storytelling with children and families,
- educate parents and caregivers, distributing books and literacy resources,
- supervise volunteers assisting with family visits,
- manage LRRH bookings, payments, cancellations and waitlists,
- ensure accurate record keeping and receipting,
- communicate clearly within the team,
- handle inventory and manage small book donations,
- be a brand ambassador for LRRH,
- other projects as required.

Police clearance with vulnerable sector search required.

Reports to Carolyn Wendt, Coordinator, Little Red Reading House. Please contact Carolyn if interested carolynw@littleredreadinghouse.com

Submissions to the Monday Memo

Please submit your upcoming events, open positions, announcements, congratulations and more for the Monday Memo through this link: <u>https://survey.ucalgary.ca/jfe/form/SV_77Cs2PySTolknwW</u> Please submit Fridays by 12pm noon to be included the following Monday.