

Monday Memo

Department of Psychology
University of Calgary
October 31st 2022



Lab Profile: HOPELab



The HOPELab focuses on building healthy relationships as a foundation for well-being in childhood and adolescence. This lab is directed by Dr. Deiner Exner-Cortens. Our mission is to enhance child and youth well-being through prevention and implementation science. Almost all of our work is done in the community through community and/or school partnerships. Our research spans a number of areas, including teen dating violence prevention, bullying prevention, suicide prevention, and equitable classroom management strategies. All of our projects are mixed-methods: we use quantitative (e.g., surveys, social network analysis), qualitative (e.g., interviews, focus groups), and arts-based methods in order to find the best method to answer the research question and address community needs. We are lucky to have a number of trainees and staff who support and lead our team-based work! Right now, we have a project manager, 2 research scientists, 1 research coordinator, 1 postdoc, 4 master's students, 2 honours students, and 7 undergraduate & graduate research assistants. The picture is of some members of our lab doing our fall welcome back activity. To learn more about our work, visit www.hopelab.ca

Research Updates

Claussen, C., Matejko, E., & Exner-Cortens, D. (2022). Exploring risk and protective factors for adolescent dating violence across the social-ecological model: A systematic scoping review of reviews. *Frontiers in Psychiatry*, 13, 933433. <https://doi.org/10.3389/fpsy.2022.933433>

Upcoming Events

Graduate Student Panel

Host: PSYCHS & GPPP

When: Friday, November 18 @ 4PM-6PM

Where: Arts Lounge (or hybrid option via Zoom)

Who: All students

PSYCHS is hosting the Graduate Student Panel with the GPPP this year! Graduate students from various psychology programs will tell us about their experiences in grad school, what their typical day as a grad student looks like, and any advice they have! Come and join us to explore the different graduate school options. After the panel join us for snacks and networking!

If you're interested in attending this event, please register via this link:

https://docs.google.com/forms/d/e/1FAIpQLSct-z0bcCrosEanbwsicSGUxODWCfBdl_wXkkg3wp58Pt4RFA/viewform?usp=sf_link

The Social, Personality, and Social Development (SPSD) Psychology Research Group Weekly Meeting

When: Every Monday from 3-4:30 PM

Where: AD247

Who: Everyone is welcome!

The Social, Personality, and Social Development (SPSD) Psychology Research Group gathers every Monday from 3:00 pm – 4:30 pm in AD247. We discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

Today (October 31st, 2022) SPSD has the pleasure of welcoming honour's student Sujeev Chohan from Dr. Andrew Szeto's lab to present their research titled "The Effects of Mental Health Literacy on Stigma Towards Mental Illness" in a 3 minute thesis format. Additionally, Alison Grigg, working under the supervision of Dr. Susan Boon, will share their directed research project titled "Social Media as a Threat to Romantic Relationships".

Next week November 7th there is no meeting due to term break. SPSD will resume meeting the following week on November 14th.

Volunteer & Job Positions

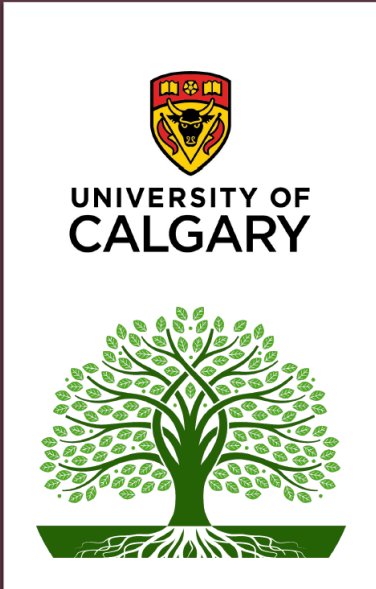
Paid and Volunteer Research Assistant Opportunities Available for a Project to Develop Mental Health Supports for Post-Secondary Students!

Drs. Gina Dimitropoulos and Andrew Szeto are looking for volunteer and paid research assistants to help with several research projects related to post-secondary student mental health, suicide prevention, and supports and resources.

If you are interested in qualitative methods and post-secondary student mental health, this may be a good opportunity for you. Successful candidates will help in areas such as recruitment, data coding, analysis, supporting focus groups, transcribing recordings, and literature reviews.

For volunteer positions, we expect a commitment of about 4 to 6 hours per week for the next several months. For the paid research assistant positions, we expect a commitment of about 10 to 12 hours per week for the next several months, with possibilities for longer.

If you are interested in these opportunities, please email a cover letter and your resume/CV to Dr. Gina Dimitropoulos (gdimit@ucalgary.ca) by November 11th, 2022



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STUDENTS' PERCEPTIONS OF RESILIENCE IN THE POST- SECONDARY CONTEXT


We are interested in gathering information regarding your perceptions of resilience in the post-secondary context. Your participation can help enhance student programming, resources, and mental health on campus. Participation in this study is completely voluntary.

The survey will take approximately 30 minutes to complete. **Participants will be entered into a draw for 1 of 5 \$100 Everything gift cards.**

This study has been reviewed by the University of Calgary's Conjoint Faculties Research Ethics Board. (REB21-1699) For further information or if you have questions, contact:

Dr. Jennifer Thannhauser, RPsych
Email: jthannha@ucalgary.ca

To participate, scan the QR code or follow the link:
https://survey.ucalgary.ca/jfe/form/SV_88p2fp1u1FMfop0



Submissions to the Monday Memo

Please submit your upcoming events, open positions, announcements, congratulations and more for the Monday Memo through this link: https://survey.ucalgary.ca/jfe/form/SV_77Cs2PySTolknwW
Please submit Fridays by 12pm noon to be included the following Monday.